

Welcome





Climate

Facts

Location: Republic of Srpska

Population: around 1.350.000

The highest peak: Maglić, 2386 m

Currency: Convertible Mark - 1 EUR=1.95KM

National parks: two

Time zone: GMT+1hour

Mediterranean and alpine influences meet and create different types of climate in a relatively small area. In the south weather is warm, sunny and dry, with very mild winters. In the more continental areas summers are generally warm, occasionally hot, cool springs and autumns, and cold winters with considerable snowfall. The alpine climate rules the mountain terrains of the high Dinaric Alps above 1700meters.

The average temperature in January is -1°C and in July is 20°C

Path sign

Most mountain and other paths in Republic of Srpska are marked with a round sign, which consist of white cicrle and red lining. It has been used from 1922, when it was intodused by the mountaineer Alojz Knafelc to uniform the paths signs. The sign is called Knafelc's sign after its creator.

Mountaineers' Contact

Mountaineering Association of the RS Telephone: +387 (0)52 232-863 www.planinarskisavezrs.org

Traveling in BiH

More information on: www.mfa.ba

Public transport

http://www.zrs-rs.com Trains:

http://www.zfbh.ba http://autoprevoz.org

Buses: http://www.autobusni-kolodvor.com

http://www.banjaluka-airport.com By air: http://www.sarajevo-airport.ba

* Notice Discount on ISIC card





DESTINATIONS



KOZARA Mountain and National Park









SUTJESKA National Park













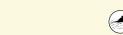








TARA River







JAHORINA Mountain & Surrounding Area







ŠIPOVO Surroundings









PECKA Region & SANA River

TREBINJE & Surrounding Area









OZREN Mountain









JAVOR Mountain















ADVENTURES



HIKING



FREE CLIMBING



MOUNT-BIKING



SKIING



PHOTO SAFARI



RAFTING



CANYONING



CANOEING



KAYAKING



PARAGLIDING



JEEPSAFARI



HORSERIDING



MOTORBIKE ROUTES



BIRD WATCHING



HYDRO SPEED

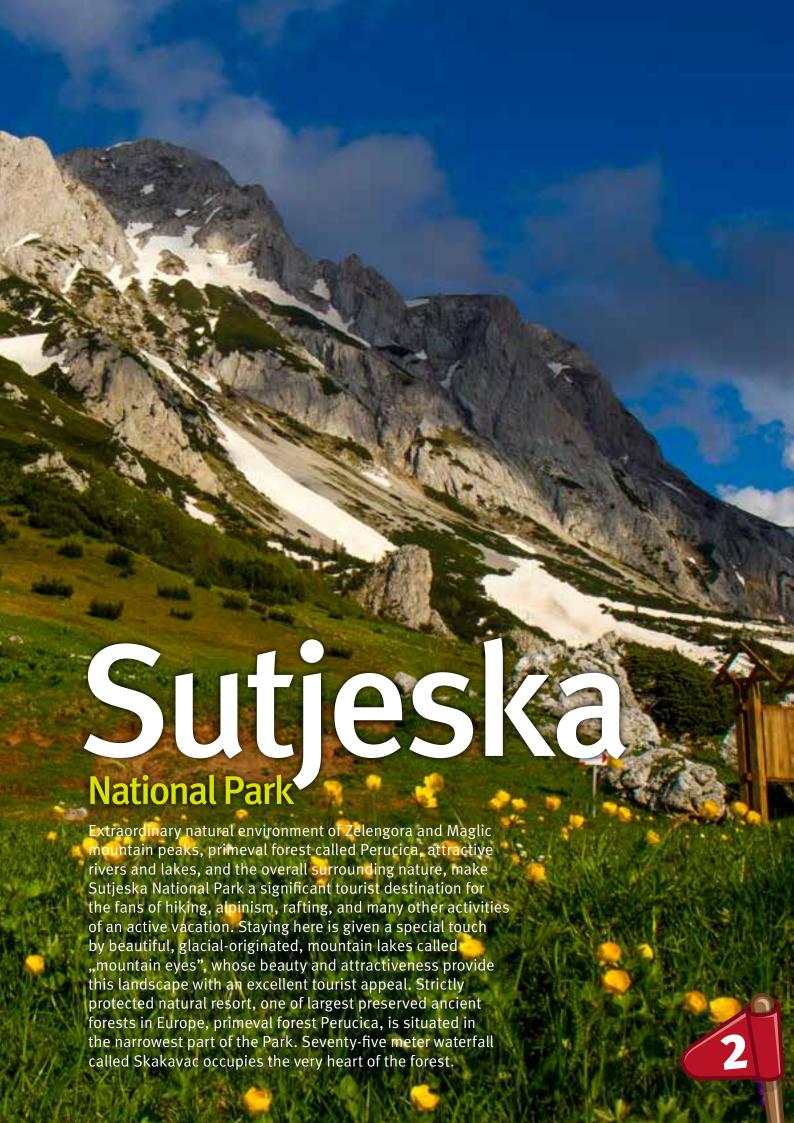


DAYAK

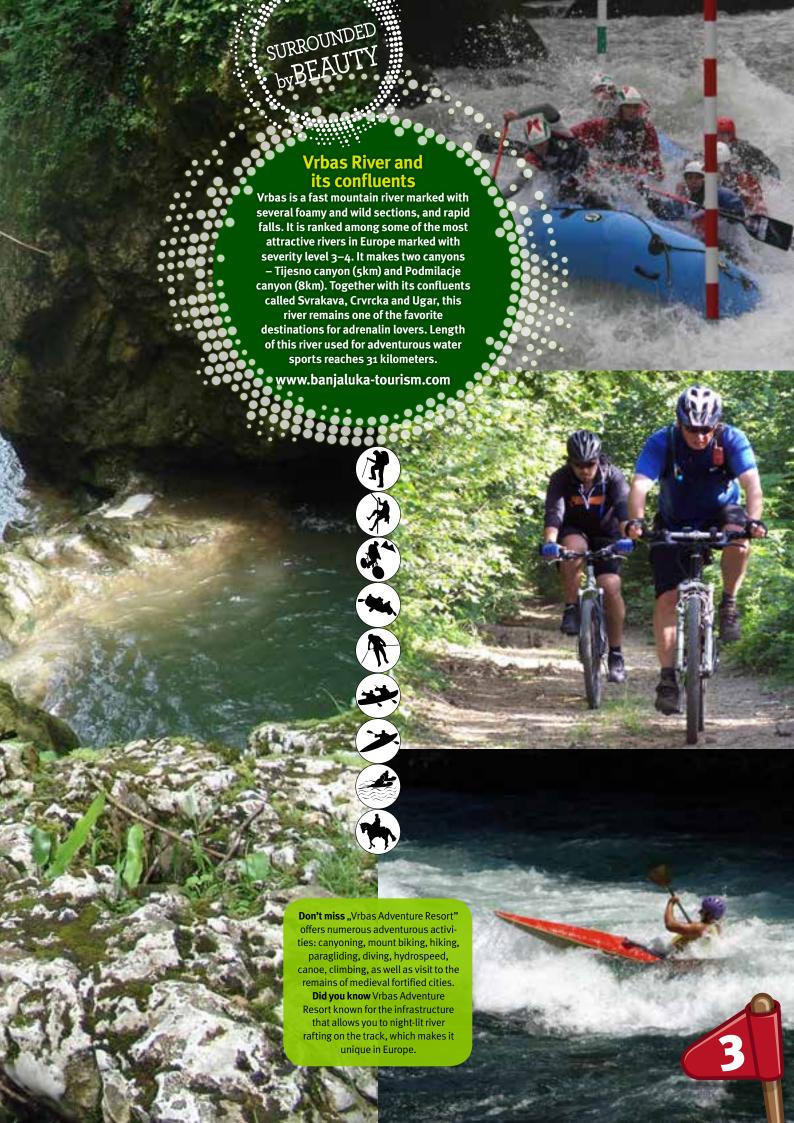




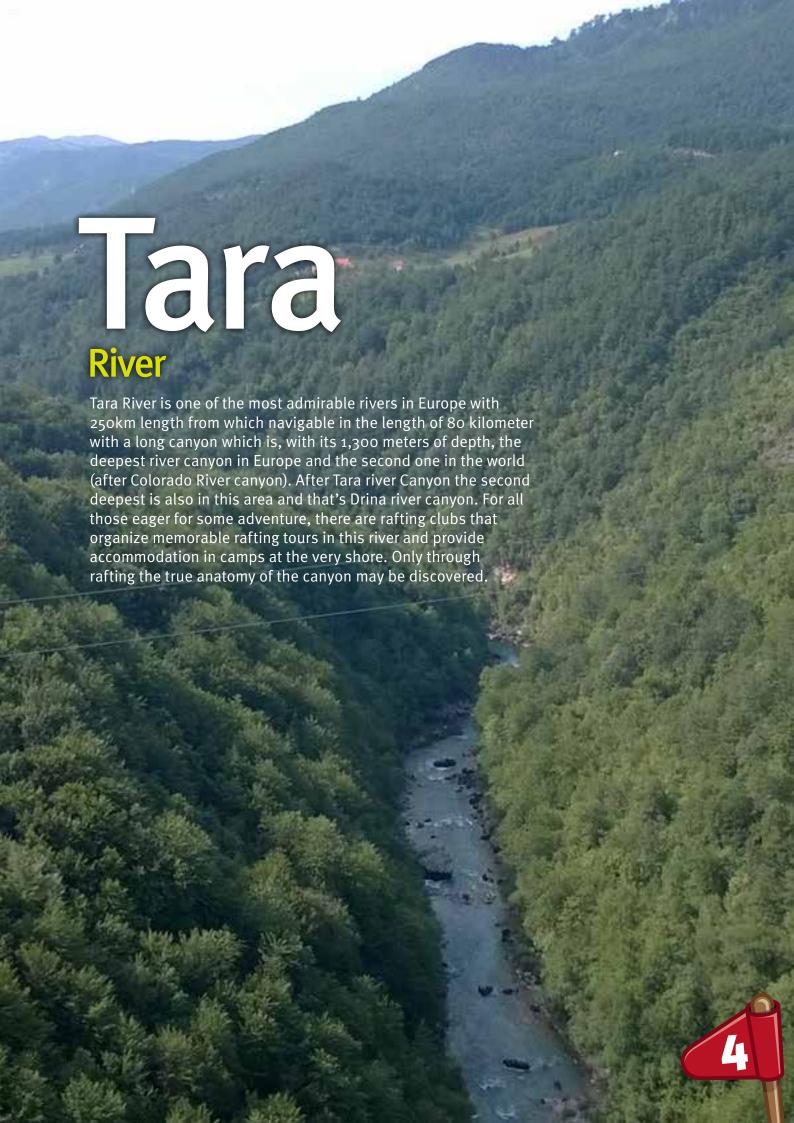






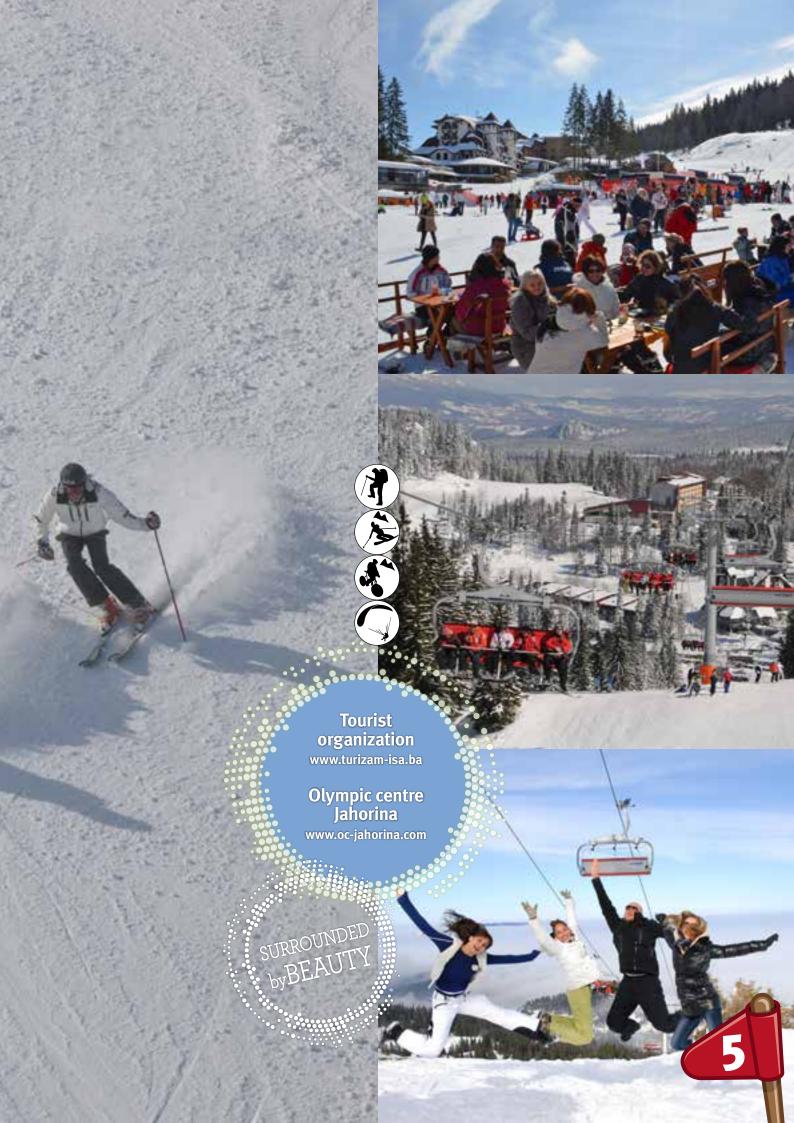


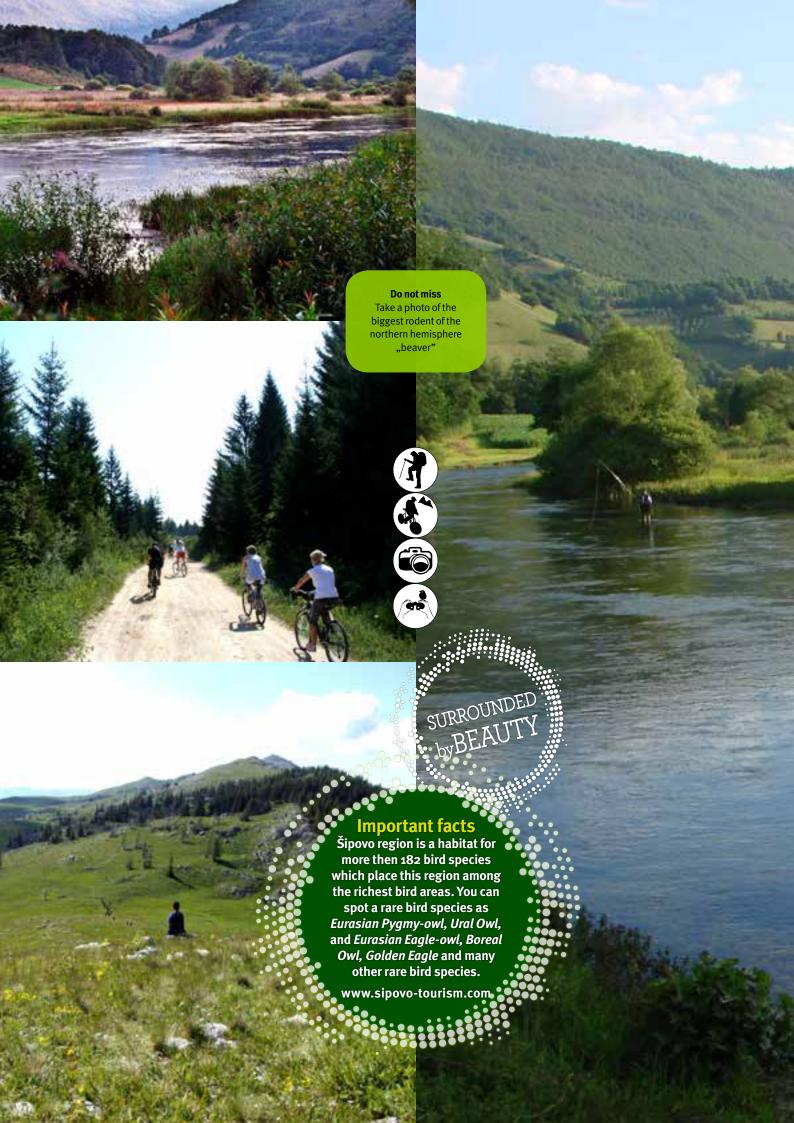


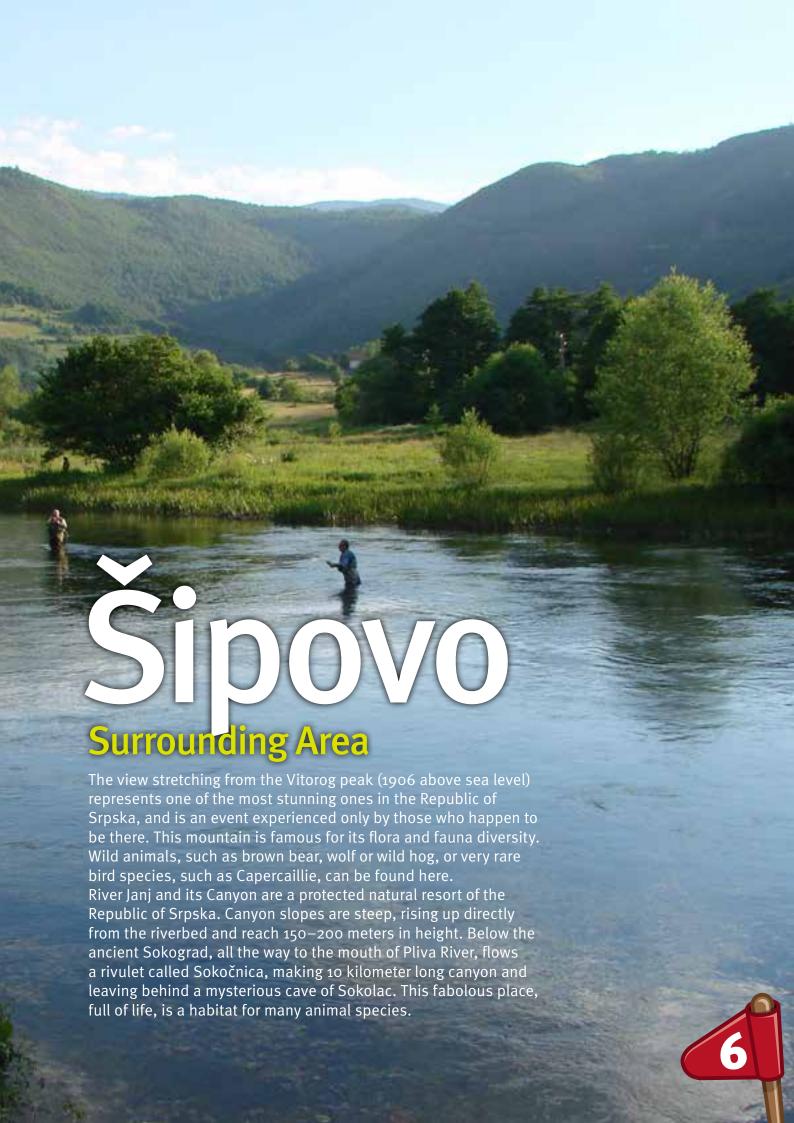












Pecka & Surrounding Area

Pecka and Sana River spring

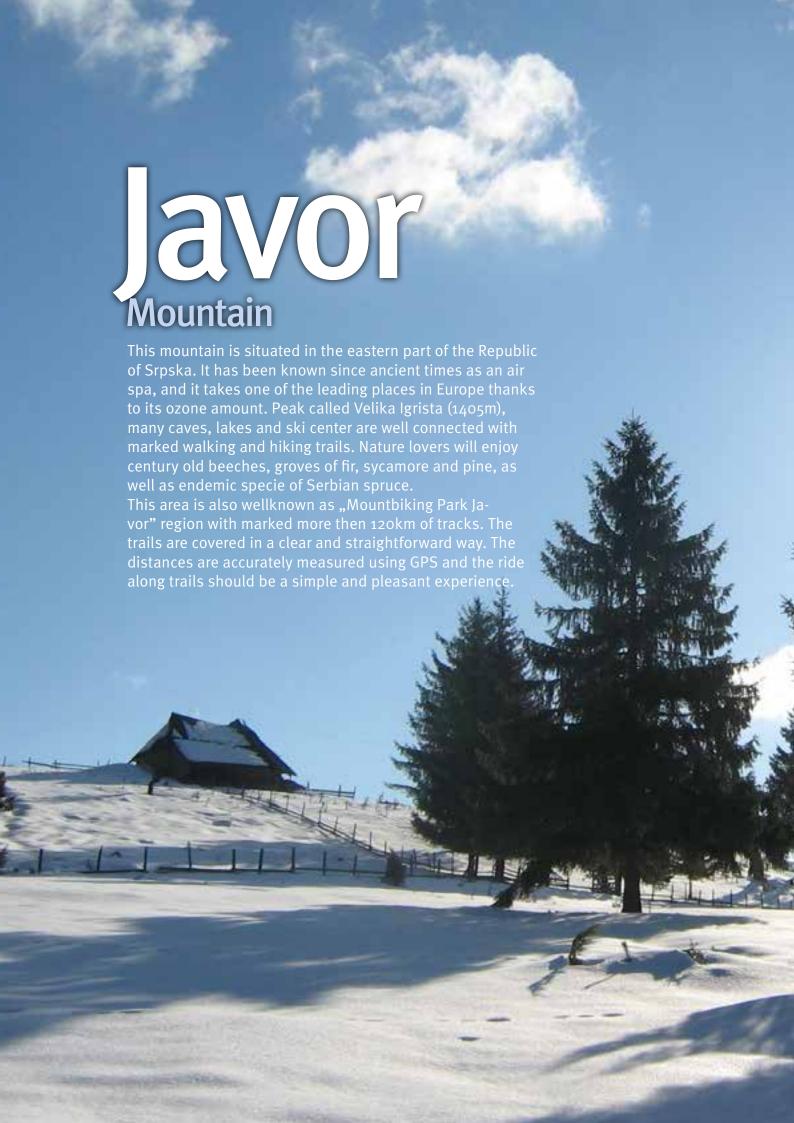
The area of Pecka is located on the border of the municipality of Mrkonjic Grad, Šipovo and Ribnik. In Roman times it was an important station on the "Via Solina" - The Way of Salt from Split to Sremska Mitrovica, and his name was Sarnade. Peck was named after the porous rocks "Kingdom of holes" that rise above the whole village, among climbers is known as the largest natural climbing area in the region, equipped with over 100 climbing routes. In Pecka surroundings there is the Sana River spring, a tributary of the Una, 146km long. Hiking and biking trails are well marked with a distance of 50km. The most significant natural attractions near Pecka are: Canyon and sources of the river Sana, Pliva river sources, rainforest Janj and mountains: Dimitor, Vitorog, Klekovača and Šator, all about 2000 meters above sea level.

The Visitor Center is located underneath the rock climbing base. This Center is the starting and ending point for picnics, climbing, bicycle riding, hiking in the highlands of Krajina and meeting with the guides. The main aim of this Center is to provide information to visitors about the routes, tourist attractions, local food producers, accommodation, etc. The Center owns adequate infrastructure, parking places for visitors as well as catering facilities.

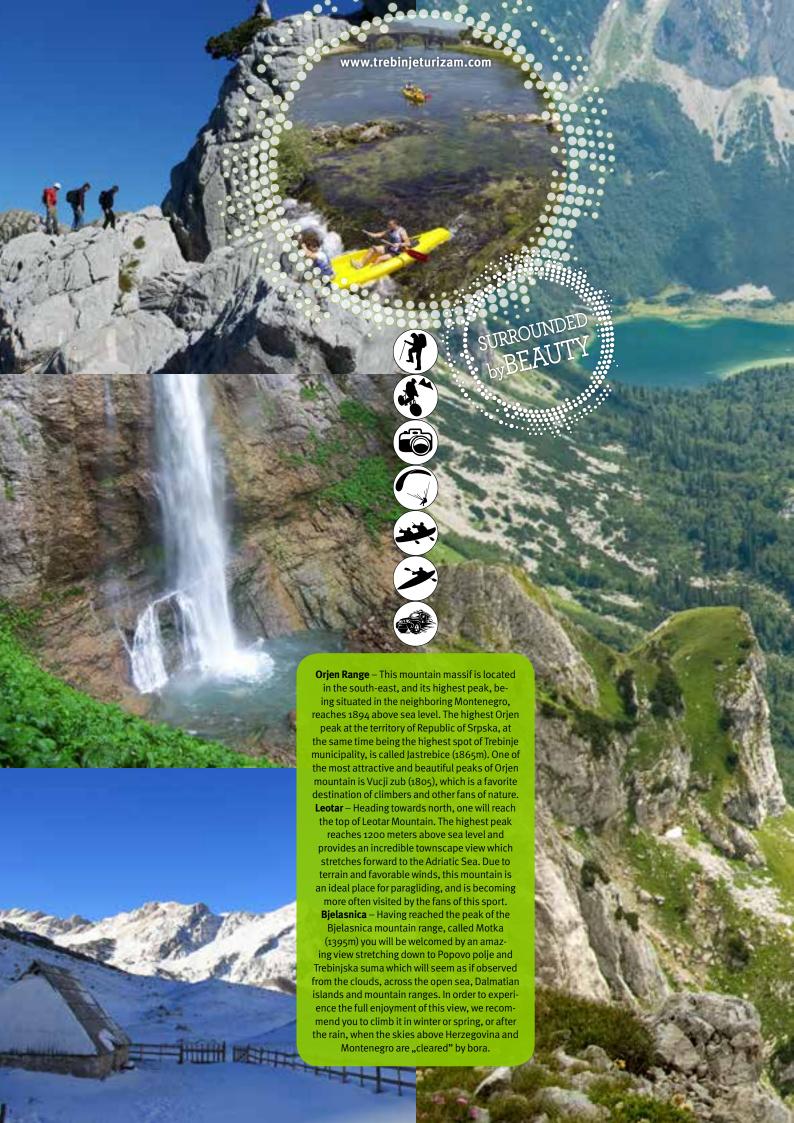
















Mountain Safety

General mountain safety should include a first kit, maps and extra warm gear. The higher altitude mountain ranges can experience drastic temperature changes. Most water sources are perfectly safe for drinking. A guide is highly recommended.





The overall length of marked mountain and biking trails in Kozara reaches 300 kilometers. Due to road network, land structure and attractive terrain, Kozara can be climbed up from all directions, which will take you through the most beautiful landscapes of Kozara Mountain.

ROUTE Transversal named "Through Kozara Peaks"

ASCENT: **DURATION:** 2 days or 14 hours LENGHT: 44km SEVERITY: Medium

Mountaineering Club PAOK, Banja Luka INFO:

E-MAIL paokbanjaluka@yahoo.com

Start: Mostanica Monastery situated 12 kilometers from town Kozarska Dubica*

Description: Manastir Moštanica (190) - Pašini konaci (650m) -Mrakovica (806m) – Šupljikovac (652m) – Gola planina (876m) – Planinarski dom Previja (760m) – Lisina (the highest peak of Kozara mountain - 978m) - Gugunova glavica (841m) - Potkozarje (Ivanjska), on the road Banja Luka - Prijedor



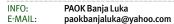
The trail runs next to Gumlin, one of the most wonderful sites of Kozara NP, where one can find a rocky lookout, a cave, and a 200m long and 50m high canyon made by Bijela Voda rivulet. The whole landscape makes a special impression to visitors. Dense forest, sporadic meadows, pastures and numerous cold, drinkable water springs make an integral part of the transversal. The view from the peak of Gola Mountain stretches all the way to Republic of Croatia, towards towns of Prijedor and Banja Luka, fish pond Saničani (the largest one in BiH), and onward to nearby mountains Grmec, Klekovaca, Ozren, Vlasic, Vitorog and Velebit in neighboring Croatia (160km of air distance).

*Hiking route can be done in a reversed direction as well, from Potkozarje (Ivanjska) to Moštanica Monastery.

This transversal is equipped with 7 seals placed at control points, transversal diary, and Kozara map with marked itinerary. All who successfully complete the route are awarded with a gold-plated badge.

Bike riders are recommended to take the same route, with a note that Mrakovica - Gola Mountain part of the route should go over Razboj.





*There is a possibility of hiring professional quide service or organized transportation from/to start/end point.

ROUTE Mrakovica Green path

ASCENT: 850m DURATION: 5 hours I FNGHT: 16.5km SEVERITY: Medium

INFO: National Park Kozara

E-MAIL: info@npkozara.com

Mrakovica (806m) - Benkovac (700m) - Zečiji Kamen (667m) -Kotlovača (490m) – Kozarački kamen (668m) – Bešića poljana (784m) – Glavuša (793m) – Gavrin kalem (750m) – Mrakovica (806m).



The trail goes through Sports and Recreation Center Benkovac, over the Zeciji kamen where there is an adapted climbing area. The part of the trail alongside the Zeciji kamen is encompassed by Kozara single waterfall that reaches 15 meters in height. Here one can find numerous caves which are not recommended for visitors due to difficult approach. Further ahead, the trail passes through a deciduous and evergreen forest going up to Kozaracki kamen, and a picturesque landscape, continuing to Besica poljana where there is an observation point providing a full enjoyment of the environ-

Event: On the occasion of marking "Spring Day", it is traditionally organized a climb on Kozarački kamen (called "A greeting to spring")

ROUTE Mrakovica hiking trail (806m above sea level)

DURATION: 1.5 hours LENGHT: 4km SEVERITY: Easy

INFO: National Park Kozara E-MAIL: info@npkozara.com

Being circular in shape, this trail goes through Mrakovica, around Memorial zone, all the way through a deciduous and evergreen forest. Besides the numerous springs of drinkable water, it is also rich in feedlots for roe deer which usually come to pick up some food from it in wintertime. All the way along the trail there are resting points, as well as board panels showing interesting facts about natural and cultural/historical values of Kozara NP.



ROUTE Hiking trail Gola planina

STARTING POINT: Mrakovica 806m
DURATION: 2 hours
LENGHT: 7km
SEVERITY: Medium

INFO: National Park Kozara E-MAIL: info@npkozara.com

Mrakovica – Gola planina: Mrakovica (806m) – Šupljikovac(652m) – Gumline (520m) – Kriva strana (723m) – Vinogreč (816m) – Gola planina (876m)



The route begins in Mrakovica and leads to the highest peak of the National Park Kozara, Gola planina, offering a magnificent view. The trail passes by the Gumlin, one of the most beautiful parts of the National Park Kozara. Dense forests, meadows, pastures and numerous sources of drinkable water will make the experience complete.

ROUTE Hiking trail Kozarački kamen

STARTING POINT: Mrakovica 806m
DURATION: 2 hours
LENGHT: 9km
SEVERITY: Easy

INFO: National Park Kozara E-MAIL: info@npkozara.com

Mrakovica – Kozarački kamen: Mrakovica (806m) – Gavrin kalem (750m) – Glavuša (793m) – Bešića poljana (784m) – Kozarački kamen (658m)



Through picturesque landscapes trail leads you to the Bešića poljana point, there you can find a viewpoint from which you can enjoy the view of the surroundings. The trail continues through the forest to Kozarčki kamen – a point which offers an exceptional panoramic view of the surroundings. As you enjoy the magnificent view and landscapes, you will see how nature is magnificent.

ROUTE Hiking trail Zovik – Benkovac

STARTING POINT: Zovik 412m
DURATION: 1 hours
LENGHT: 3km
SEVERITY: Easy

INFO: National Park Kozara E-MAIL: info@npkozara.com

Zovik (412m) – Zečiji kamen, waterfall (480m) – Jankovića groblje (620m) – Jankovića kamen (672m) – Benkovac (650m) – Oljačino kućište (648m)

From the main road toward Mrakovica, path in length of 400m takes you to the site of Zečji kamen ("The Rabbit stone") with beautifull waterfall. On this site there is a nice climbing rock, which is also the point from which you can enjoy the view of the mountain. The route passes by Jankovica kamen (Jankovic stone) one of the most beautiful views in the park and ends at the resort Oljačino kućište where you can take a break on the benches.

ROUTE Hiking trail Moštanica Monastery

STARTING POINT: Mrakovica 806m

DURATION: 4 hours

LENGHT: 15km

SEVERITY: Difficult

INFO: National Park Kozara

E-MAIL: info@npkozara.com

Mrakovica (806m) – Vodičko raskršće (500m) – Pašini konaci (650m) – Moštanica Monastery (190m)

Interesting sights: The route is passing by Moštanica river and Orthodox Monastery Moštanica

ROUTE Hiking trail Starenica

STARTING POINT: Mrakovica 806m
DURATION: 3 hours
LENGHT: 7.5km
SEVERITY: Easy

INFO: National Park Kozara E-MAIL: info@npkozara.com

Mrakovica (806m) – Dolinac stream – Starenica River – Rajkovići (275m)

80% of the trail passes by Dolinac stream and Starenica river including numerous wooden bridges. The trail passes through a beautiful forest and passes by a little church. It is one of the most beautiful trails in the Kozara National Park.

Marks: Trails from II – VII along the entire length is marked by vertical, green signs of National Park Kozara.

ROUTE Hiking trail "Potkozarske stope"

DURATION: 7-10 hours LENGHT: 10.2km SEVERITY: Easy

INFO: Tourist organization Kozarska Dubica

WEB: www.turizam-kd.com

Interesting sight: Trail leads to the church of St.llija, where is a source of drinking water. By the local myth the blind hajduk washed his face here and after that he returns his vision. After that event he raised this church in the 19th century. The second part of the trail that is marked by a distance of 5100m from the site of Svetinja toward a Housefarm of family Banjac, known winegrowers and producers of white wines, here you can enjoy wines and domestic manufacturers of cheese and ham.



EVENTS

"A greeting to spring", hiking (Rajkovići – Kozarački kamen – Bešića poljana – Mrakovica)

MORE INFO: info@pdklekovaca.org

A traditional mountaineering event held in March every year. It gathers around 1500 mountaineers from different countries.

"Winter youth march" – is held in January every year within an event "winter days in Kozara". A hiking route is changed every year so mountaineers can enjoy different landscapes and terrains.

MORE INFO: kes.albatros@gmail.com

*Kozara Mountain marathon

(climbing, athletic and cycling marathon)

MORE INFO: PAOK Banja Luka
E-MAIL: paokbanjaluka@yahoo.com

This marathon includes 6 hiking trails whose length is 5km, 10km, 15km, 35km, 60km and 100km. Start point is Mountain hut "Previja" (760m). When: Second weekend in September with a possibility of providing accommodation in the camp or mountain hut. **Duration:** two days.

*8th March Lisina Climb (Lisina – Kozara's highest peak), recommended throughout the whole year.

ASCENT: 920m

DURATION: 6h

LENGHT: 20km

SEVERITY: Medium

MORE INFO: PAOK Banja Luka

E-MAIL: paokbanjaluka@vahoo.com

Start: Bistrica village, Main road Banja Luka – Prijedor **Description:** Bistrica village – Pavici hamlet – Okruglica – Cvijici hamlet – Lisina peak (978m) – MH in Previja (760m) – Berici hamlet – G. Lamovita, 2.5km from the road Banja Luka – Prijedor (270m)

Autumn Orienteering championship – every year in autumn period we organize an international orienteering competition on Kozara Mountain, Banja Luka region and Slatina area. All competitiors are provided with 1:2500; 1:7500 map

MORE INFO: **PAOK Banja Luka**E-MAIL: **paokbanjaluka@yahoo.com**



National Park Sutjeska

Mountain Rescue Service Foča INFO: +387 65 467 043

ROUTE Donje Bare – Vilinjak peak

DURATION: 5h
LENGHT: 3km
SEVERITY: Easy

Donje Bare Lake (1483) – Vilinjak Peak (1677m) – Donje Bare Lake Start point of the trail is reached by a terrain vehicle; it is 20km far from Tjentiste, a NP central point. This is an easy trail, not too demanding, and therefore recommended for the youngest climbers.

ROUTE Donje Bare – Vidikovac Borić (1481m)

DURATION: 1h
LENGHT: 2km
SEVERITY: Easy

NFO: National Park Sutjeska

Donje Bare Lake (1483m) – Vidikovac Boric – Donje Bare Lake Start point of the trail is reached by a terrain vehicle; it is 20km far from Tjentiste, a NP central point. This is an easy trail, not too demanding, and therefore recommended for the youngest climbers. If arranged with National Park, it is possible to organize the transportation from/to start/end point.

*Recommended offer: guide - led hiking



Zelengora, Volujak and Maglić

THE HIGHEST BIH PEAK (2386m)

Zelengora, a mountain with vast forest and pastures, rocky mountain tops, rich flora and fauna and its nine gorgeous lakes, is rightfully called the most beautifull mountain in Republic of Srpska/BiH. On this route you will experience true nature and beauty of Zelengora lakes.

*We recommend an organized, guide-led hiking in a period from May to September

ROUTE Zelengora Lakes

DURATION: 3 days or 19h LENGHT: 34km SEVERITY: Medium

INFO: National Park Sutieska E-MAIL: info@npsutjeska.net

Donje Bare Lake (1483m) – Gornje Bare Lake (1500m – Javorak (1650m) – Sedlo (1700m) – Bregoč vrh (2014m) – Lake Orlovačko (1440m) - Lake Borilovačko (1500m) - Štirinsko lake (1677m) -Lake Kotlaničko (1514m) – Borovno Brdo (1880m) – Lake Orlovačko (1440m)

ROUTE Zelengora Peaks

DURATION: 4 hours . 8km LENGHT: SEVERITY: Medium

INFO: National Park Sutjeska E-MAIL: info@npsutjeska.net

Donje Bare (1483m) – Planinica peak (1724m) – Dobra vrh (1820m) - Uglješin Vrh (1859m) - Lake Gornje Bare (1500m) - Lake Donje Bare



ROUTE Through Volujak trails

DURATION: 6 hours LENGHT: 10km SEVERITY: Difficult

INFO: E-MAIL: National Park Sutjeska info@npsutieska.net

Volujak is on the border with Montenegro. One side is very steeep grass slope, and other is an immpresive rocky and inccessible mountain range.

Suha (Jelovača 1069m) - Vratnica (1628m) - Tiholjica (1660m) -Badanj (vrh Volujaka 2243m) - Tiholjica - Vratnica - Jelovača -Suha.

*It is recommended to take a terrain vehicle from Tjentište to start point Suha (12km). This trail is intended for highly prepared climbers. A part of the trail from Tiholjice to Badanj peak (2243m) is particulary demanding. We recommend National park Sutjeska professional guides and visit in period from May to September.

ROUTE Volujak transversal

DURATION: 10 hours LENGHT: 25km SEVERITY:

Medium - Difficult

INFO: Mountaineering association Volujak E-MAIL: pd.volujakgacko@gmail.com

Maglić – "Poštarev put" ROUTE

DURATION: LENGHT: 16km SEVERITY: Difficult

INFO: National Park Sutjeska E-MAIL info@npsutjeska.net

Tjentište (550m) - Borovno (730m) - Dragoš Sedlo (1200m) -Lokve Dernečište (1600m) – Maglić (2386m) – Lokva Dernečište - Dragoš sedlo - Borovno - Tjentište

Climbing Maglić is one of the greatest climbing challenges. This trail is highly demanding which requires good physical condition. We recommend services of an National Park Sutjeska profesional guide.

ROUTE Prijevor – Maglić – Prijevor

DURATION: 6 hours LENGHT: 4km SEVERITY: . Difficult

National Park Sutjeska E-MAIL: info@npsutjeska.net

Prijevor (1668m) - Maglić (2386m) - Prijevor

The start point is reached by a vehicle from Tjentište that is located 20km from it. It is possible to have organized tours, if so arranged with NP Sutjeska. This trail is recommended for the brave climbers eager for a special challenge with a special climbing gear. Due to probable rockfalls, number of participants per groupe is limited to 6 people. We recommend services of a professional guide and tour with mountenering club.

ROUTE Primeval Forest Perućica

DURATION: 3,5 hours LENGHT: 12km SEVERITY: Medium

INFO: National Park Sutjeska info@npsutjeska.net

Dragoš Sedlo (1250m) – Perućica (the largest primeval forest in Europe) – Suha (Sutjeska river canyon) The starting point is reached from Tientište, 10km.

*Number of participants is limited while passing through Perućica.

ROUTE Suha - Volujak 2294m

DURATION: 4 hours
LENGHT: 11km
SEVERITY: Hard

INFO: National Park Sutjeska E-MAIL: info@npsutjeska.net

Suha (650m) – Suški potok – Jelovača (1069m) – Vratnice (1628m) – Stoca (1985m) – Badnjine (2243m) – Volujak (2294m) We recommend services of a professional guide and tour with mountenering club.

ROUTE Prijevor – Lake Trnovačko

DURATION: 1,5h LENGHT: 4km SEVERITY: Easy

INFO: National Park Sutjeska E-MAIL: info@npsutjeska.net

Prijevor (1668m) – Lake Trnovačko (1513m)

The lake is situated on the territory of Montenegro, but very near to the borders of the narrow area of the Sutjeska National Park, at the foot of the southwestern slopes of Maglić, Volujak and Bioč.

ROUTE Prijevor - Suha

DURATION: 2h
LENGHT: 6km
SEVERITY: Medium

INFO: National Park Sutjeska E-MAIL: info@npsutjeska.net

Prijevor 1668m – Siljevac (1491m) – Tunjemir (1280m) – Suha This route is also for hikers in a good physical condition.

ROUTE Suha – Lake Trnovačko

DURATION: 4h
LENGHT: 14km
SEVERITY: Medium

INFO: National Park Sutjeska E-MAIL: info@npsutjeska.net

Suha – Suva jezerina (1357m) – Lake Trnovačko (1513m) Good physical condition, hiking with caution and appropriate footwear

EVENTS

Climb to Maglić on St. Vitus's Day (Vidovdan)

MORE INFO: www.focaravajuce.org

Date: Last weekend of June

It is probably the most massive and most attractive hiking activity. The activity is organised under the sponsorship and in cooperation with the Hiking Association of Republic of Srpska. Hundreds of hikers participate in this activity every year. The climb usually happens on the last weekend in June. The climb lasts for three days, Friday, Saturday and Sunday.

OK Fest Music festival fusion with outdoor activities such as organized hikings, raftings...

MORE INFO: www.okfest.net

Date: July

Goal: To revive NP Sutjeska, bring back youth from entire region to this natural fantastic environment. Beside the rich music program in which home and regional bands take part, there will be educational and entertaining zones organized.

Blueberry days

MORE INFO: www.focaravajuce.org

Date: August Blueberry days are traditional and yearly held in the first week of August. The goal of the manifestation is Foca's tourism potentials promotion, primarily NP Sutjeska and also other destinations participants where can pick blueberries, forest fruits and medical

herbs. Parallel with this manifestation, Mountain eering association Zelengora organizes activity called Zelengora lakes, which lasts 4 days. At the end of activity participants of both manifestations gather and exchange opinions.





Mountain Rescue Service Banja Luka INFO: +387 66 345 112

TRANSVERSAL Alongside Kočić Trails

ASCENT: 1680m

DURATION: 16h

LENGHT: 55km

SEVERITY: Easy – Medium

INFO: Banja Luka Tourist Board,
Mountaineering Club PAOK, Banja Luka

WEB: www.banjaluka-tourism.com
E-MAIL: paokbanjaluka@yahoo.com

Krmine (Kameni most) – Krupa na Vrbasu – Vrelo Krupe – Strike – Tešanovići – Lusići – Stričići – Grčka gradina – Šuplja stijena (Pajdos) – Šljivno – Vrelo Gomionice – Kmećani.

On this route you will be welcomed by many attractive landmarks: a natural stone bridge, cascades and mills on Krupa River, Krupa Monastery, Krupa River sources, cave named Strikina pećina, me-



dieval tombstones (stećak) necropolis, Petar Kočić ethno village, Manjača lake, Gomionica river source, Gomionica Monastery. All who succesfully complete the route are awarded with a gold plated badge. There is possibility of hiring professional guide service or organized transportation from/to start/end point.



ROUTE Banja Luka Transversal

DURATION: LENGHT: 17km SEVERITY: Easy

INFO: Banja Luka Tourist Board WEB: www.banjaluka-tourism.com

Banja Luka – Banj brdo – Šeher/Srpske Toplice – Suturlija – Šibovi

ROUTE Krupa na Vrbasu

DURATION: LENGHT: SEVERITY: Easy - Medium INFO: Banja Luka Tourist Board WEB: www.banjaluka-tourism.com

Krupa na Vrbasu – Strike – Greben – Krupa na Vrbasu

Landmarks: cascades and mills on Krupa River, Krupa Monastery, Krupa river sources, a cave named Strikina pećina and Greben ruin. *Profesional guide services and transportation from/to start/end point.

ROUTE Tisovac

DURATION: 6-7h LENGHT: 25km SEVERITY: Easy

INFO: Bania Luka Tourist Board WEB: www.banialuka-tourism.com

Thes start point is in Krupa na Vrbasu, and trail continues over the bridge in the village krmine alongside the slopes of Tisovac Mountain. Landmarks: log cabin church in Krmine

*Profesional guide services and transportation from/to start/end point.

ROUTE Slatina History Trail

DURATION: 2,5h LENGHT: 6km SEVERITY: Medium

Mountaineering Club PAOK, Banja Luka

E-MAIL: paokbanjaluka@yahoo.com

Trappists monastery Mariastern – Ravni Bukvik – Krčevina – Slatina – Malo Blaško – Rustina – Trnski most

Landmarks: Route is passing by the biggest stone globe in Bosnia and Herzegovina with 2m in diameter and 10 ton weight is situated in the vicinity od Slatina village center. In the attractive forest environment, half buried in the brook which runs dry during the summer, it is attractive destination for walkers. Its origin has not been discovered yet for which there are a lot of theories and beliefs. Also one of the interesting sites is national monument an Old wooden church brvnara made in the shape of "march" at the length of 2,5km.

ROUTE River Vrbas Canyon

DURATION: LENGHT: 15km SEVERITY: Easy

Mountaineering Club PAOK, Banja Luka

paokbanjaluka@yahoo.com

Restaurant Ada – Kameni Most (Stone Bridge) – Kovačevići – Podovi – Poliice – Rekavice

Landmarks: This route is attractive because it's passing through the river Vrbas canyon with several great panoramic views. Also in the route vicinity there is Ethno village and musem Ljubačevo. Also it is possible to visit ruin Zvečaj, medieval fortress above river Vrbas.





Tara River

Tara River Canyon ROUTE

DURATION: 3-4h 8km LENGHT: SEVERITY: Easv

Rafting center "Tri Vodenice" www.tararafting.net WEB: E-MAIL: info@tararafting.net

Departure from the camp in morning with off-road vehicles towards Meštrevac, a village on the edge of the canyon of Tara. Hiking along the edge of the canyon, overlooking the river Tara from a height of nearly 1,000 meters and Mount Durmitor, Piva Mountain, in the distance Maglić, Volujak and Bioč.



Jahorina Mountain & Surrounding Area

Mountain Rescue Service Banja Luka +387 66 333 000

Jahorina Mountain Blue Trail ROUTE

ASCENT: 633m **DURATION:** 4h LENGHT: 12.5km SEVERITY: Medium

INFO: Tourist Organization of City of East Sarajevo

WFB: www.turizam-isa.ba

It has a circular route on the relation the Jahorina Mountain Hotel – Lokvanjska vrela – Ogorjelica 1 – The Jahorina Mountain hotel. The trail has been called "blue" not only for the fact that it can be easily crossed, but also because of the numerous springs bypassed trail and highlighted in blue toponyms in the map, starting with the spring of Prača, the Stajnski, Lokvanjski and Javorov spring, to the spring of Durmitor above the strap of forest in the vicinity of the Banj Glava rock.





ROUTE Jahorina Mountain Green Trail

ASCENT: 472M DURATION: зh LENGHT: 9km SEVERITY: Easy

INFO: Tourist Organization of City of East Sarajevo

WEB: www.turizam-isa.ba

The Jahorina Mountain green trail is circular route, on the relation the Bistrica Hotel - Hladilo belvedere - Božića spring - Poljice -Bistrica Hotel.

The category name "green" is founded on a low level of tehnical severity and on the both decicious and evergreen forest encompassing it. The green trail also bypasses a very old maple forest from the northern side of the Great Javor peak (maple tree – javor, which gave the name to the mountain, later "turkeycised" into Jahorina) connecting Jahorina to Ravna planina.

ROUTE Jahorina Mountain Red Trail

DURATION: LENGHT: 16km SEVERITY: Difficult

INFO: Tourist Organization of City of East Sarajevo

WEB:

The Jahorina red trail starts Gornje Pale (850m) -Ravna planina (1250m) – Saračevo polje – Dugo polje – The Rock "Hladilo" – Prača ski track – Jahorina Hotel – Šator Hotel – Ogorjelica 1 (1196m)

ROUTE Pale – Novakova pećina (cave), Romanija

ASCENT: 830m DURATION: LENGHT: 13km

SEVERITY: Medium - Difficult

Tourist Organization of City of East Sarajevo

WEB: www.turizam-isa.ba

This trail starts from a hunting lodge on Majdani or a mountaineer's lodge in Stajna only 4-5km from Pale. A neatly marked mountain path gives way to the cave. First it takes you to Novakovo vrelo, the legend says that if you wash your face with the water from this spring you will become five years younger. The path to the cave is marked and fortified with cables.

ROUTE Careve vode – Novakova pećina (cave), Romanija

ASCENT: DURATION: 1,5h I FNGHT: 3.5km SEVERITY:

WFB:

Medium - Difficult INFO: Tourist Organization of City of East Sarajevo

www.turizam-isa.ba

Novakova pećina is situated on the steep slopes of the Romanija Mountain on 1515m, and it got its name after Starina Novak, an old national hero. Vareve vode, the most famous spring of a whole territory, is beneath Novakova pećina. The road to Carigrad, once one of the most important roads of the Ottoman Empire in Bosnia, used to pass near the spring.

ROUTE Pećina Orlovača (cave) – Novakova pećina (cave), Romanija

ASCENT: DURATION: 3,5h LENGHT: 15km

Medium - Difficult SEVERITY:

INFO: Tourist Organization of City of East Sarajevo WEB:

www.turizam-isa.ba

Orlovača cave is located on a hill Orlovača, in the village Sumbulovac –municipality of Pale. The length of the cave channels is about 2500 meters, while for tourist visits of the available channels of 560 meters. It has a rich and varied cave jewelry and the cave is an important paleontological site.



Vitorog

Multicolored and diverse flower and medicinal herb species are spread all around this area, while higher altitudes hide even some endemic species. Two type of climate can be distinguished at the top of Vitorog, continental and Mediterranean one, a phenomenon that can be experienced at a very small distances of even 10 to 15 meters. This is a place visited by tourists eager for adventure and staying in unspoiled nature.

ROUTE Climb the Vitorog Mountain (1906m)

DURATION: 8-10h I FNGHT: 24km SEVERITY: Medium

INFO: Tourist Organization of Šipovo WEB: www.sipovo-tourism.com

ROUTE Walk Through the Canyon of Sokočnica River

DURATION: 4-6h LENGHT: 7km SEVERITY: , Medium

INFO: Tourist Organization of Šipovo WEB: www.sipovo-tourism.com

Route: Sokograd – Sokolačka pećina – Pliva River mouth Mountaineers are frequent guest here; the trail is challenging but very interesting and rich in cascades, rocky areas, waterfalls and beautiful landscapes which are worth to visit.

Landmarks: Sokolac cave, located at 575m very interesting arheological site and habitat for a very rare species of bat. Beside Sokolac cave you can enjoy visiting medieval historical landmark, Sokograd fortress.



ROUTE Walk Along the River Janj Canyon

DURATION: 4–6h LENGHT: 8km SEVERITY: Medium

INFO: Tourist Organization of Šipovo WEB: www.sipovo-tourism.com

River Janj and its Canyon are a protected natural resort of the Republic of Srpska. Canyon slopes are steep, rising up directly from the riverbed and reach 150–200 meters in height. The Canyon is composed of Mesozoic limestone and remains an extraordinary attraction for tourists. Besides its stunning beauty, it also hides, carved in a rock, one of the oldest Roman monuments.

Landmarks: River Janj spring with cascades and River Island



If you try to imagine 50km ride or hiking on different terrain with diverse natural resources it would be good to try this route. With a little bit more than 600m of ascent and beautiful surrounding it will give you great pleasure for one day ride or hiking. If you are not in hurry it will be better for you to feel all beauty of nature, hospitality of local people and indulge your gurman senses.

Dimitor

Dimitor has two trails marked. One leads from Zelenkovac, over Kozija strana, while other starts at Štrbina to the top of Dimitor.

Sana

Greenways association have marked trails from Pecka village to all the springs of Sana River, which are positioned in true and pretty inaccessible wilderness.

Association 'Greenways' gather experienced nature lovers, mountaineers who can, as guides, take groups to other destinations as well, even where trails are not marked. They also have great experience in cooking in nature.

HIKING ROUTE Sana River Springs

ASCENT: 313m
LENGHT: 20km
SEVERITY: Easy
LOWEST POINT: 419m
HIGHEST POINT: 732m

TYPE OF SURFACE: asphalt and macadam INFO: Visitor center Pecka WEB: www.greenways.ba

Baraći – Springs of Sana River

Landmarks: Cave Mračaj is situated in Donja Pecka, a few hundred meters downstream from the spring of the Sana, on its right side. It is an active hydrological cave in which water is constantly present. There are certain assumptions that it is a hydro – logical phenomenon known as estavelle. Temple of Holy Prophet Elijah – for this church in Donja Pecka is related the legend of the so-called "flyover" church. According to this legend, the church was located on a nearby plateau known as Crkvina, but during the night the church was flyover to place where it stands now. This is also one of the oldest temples in this region that in recent years was fundamental restored.

The river Sana is known for its pure and cold water, coming out from the earth in three different springs, in one of them water flaws from the cave. Come and discover those magic places, during a pleasant walk through the hills and typical landscapes of rural Bosnia.



Ozren Mountain

Northern part of the Ozren Mountain is divided into two cycling – hiking routes which enable combination of shorter routes. The terrain is thoroughly marked. It is possible to have a professional guide and transportation to start point and it is highly recommended to pay a visit to appealing village homes and other historical locations.

EDUCATIONAL TRAIL

"Meet the Ozren Through Walk"

DURATION: 1 hour LENGHT: 1.8km SEVERITY: Easy

INFO: Tourist organization of Doboj
WEB: www.doboj-turizam.com

In the section of the route Goransko jezero — SRC Preslica, there is an educational trail. This trail takes us through vivid forestry land-scapes of the small canyon of Jošavka stream and contains fact-panels introducing geography, hydrography, flora, fauna, ecology, history, culture, customs and recreational and tourist attraction of Ozren mountain.

ROUTE Doboj – Gostilj (773m) – Kraljica

DURATION: 9 hour
LENGHT: 45km
SEVERITY: Easy – Medium

INFO: Tourist organization of Doboj

WEB: www.doboj-turizam.com, www.ozren.org

Doboj – Goransko jezero (lake) – Preslica – Gostilj – Velika Ostravica – Kraljica

rouте Doboj – Okolišta – Kraljica

DURATION: 8 hour
LENGHT: 35km
SEVERITY: Easy – Medium

NFO: Tourist organization of Doboj

WEB: www.doboj-turizam.com, www.ozren.org

Doboj – Striježevica – Okolišta – Rajčevo – Brezici – Kraljica

ROUTE Honey and Wine Trail

DURATION: 8-10 hours
LENGHT: 35km
SEVERITY: Easy – Medium
INFO: Ozren outdoor association
WEB: www.ozren.org

Doboj – Gornja Paklenica – Okolišta – Ostravica peak – Brezici – Doboj

This trail is designed as a one-day trip, easy recreational walk that includes visits to rural tourism households and best tasting Ozren products – honey and blackberry wine. Transport from Doboj was organized to start in the village of Gornja Paklenica where we visit tourist Marušić and try medicinal wine from blackberries, further road leads through Okolišta to the highest peak Ozren Ostravice (918m) with a beautiful view, continue towards eco-center "Pčelica" on Brezice where you can try honey from Ozren and return the same path at the start.

EVENTS

Ozren marathon – is big hiking event which take place every year in June. The trails are divided according to the length as: trail of satisfaction (5km); small marathon (20km); central marathon (50km); big marathon (100km).

MORE INFO: Tourist organization of Doboj, Ozren outdoor association WEB: www.doboj-turizam.com, www.ozren.org





"Tea day on Ozren"

- this is hiking event dedicated to collecting herbs Iva, held every year in early September, which is traditionally celebrated on Gostilje one of the most beautiful peaks on Mount Ozren. Mountaineering Club Preslica celebrated this weekend through a range of

activities: climb to Gostili, competition in mountaineering orientation. These trail passes through different locations on Ozren where you will enjoy in nature, including the very top Gostilj (773m), and the old village Konopljišta with exceptional architecture of the house more hundred years.

Javor Mountain

ROUTE Vlasenica – Pjenovac

DURATION: 5 hour I FNGHT 15km SEVERITY: Medium

Tourist Organization of Vlasenica INFO: WEB: www.vlasenica-turizam.org

The trail starts at the location "cave" (1000m), in the main road Vlasenica - Sarajevo, goes through the most beautiful section of Javor mountain and ends in Pjenovac (950m). Suitable for all ages.

ROUTE Velika Igrišta Climb (1450m)

DURATION: 3 hour LENGHT: 10km SEVERITY: Medium

INFO: Tourist Organization of Vlasenica WEB: www.vlasenica-turizam.org

The trail starts at the location called "Ružina voda" 1200m, continues up to the highest peak of Vlasenica municipality, and leads to ski center and other natural and cultural attractions of Javor Moiuntain.

ROUTE Visit to Skakavac Waterfall

DURATION: 5 hour LENGHT: 15km SEVERITY:

INFO: Tourist Organization of Vlasenica WEB: www.vlasenica-turizam.org

The route starts in Vlasenica and is marked with the mountain trails which lead to Skakavac waterfall (890m) and other antural and cultural attractions.

ROUTE Vlasenica Transversal

DURATION: 5 hour LENGHT: 15km SEVERITY: Easy

INFO: Tourist Organization of Vlasenica www.vlasenica-turizam.org

The trail starts at the location "Jezero" (550m) in Vlasenica, continues to the church, dated from the end of 19 century, in Rudište village and Vrelo waterfall, goes forward over the saddle Bačkovac which has two peaks, then leads to the Šekovići and ends up at beautiful Lovnica Monastery from XIV century.

Trebinje & Surrounding Area

MASSIF OF ORJEN, LEOTAR, BJELASNICA

ROUTE Trebinje Transversal

Star is possible from 5 starting points marked with informational boards. Transversal consist of northern and southern line. Northern line consists of four connected, numbered peaks: Gljiva (1031m), Leotar (1228m), Kovlo (914m) and Kličanj (790m). Southern line consists of three connected peaks: Strač (705m), Petrina (647m) and Golo Brdo (810m). On five peaks there are interesting stone fortifications built during the Austro-Hungarian rule (XIX century). On every peak of the Transversal there are metal boxes placed with the Transversal diary and seal of the peak.

ROUTE Climb to the "Vučji zub" Orjen Massif (1805m)

DURATION: 3.5 hour LENGHT: 8,5km SEVERITY: Medium - Difficult

INFO: Tourist Organization of Trebinje, Mountaineering Club "Vučji zub"

www.trebinjeturizam.com, www.vucjizub.org

From the walking start point Ubla (1020m) to the very top it is necessary to overcome 800m of altitude.

ROUTE Climb to the Jastrebica – Orien Massif (1865m)

DURATION: LENGHT: 6,3km SEVERITY: Medium

Tourist Organization of Trebinje, Mountaineering Club "Vučji zub" www.trebinjeturizam.com, www.vucjizub.org INFO: WEB:

From the starting point Ubla (1020m) it is necessary to overcome 850m of altitude.

rouтe Climb to Motka – Bjelasnica Massif (1395m)

DURATION: 3-4 hour LENGHT: 5km SEVERITY:

INFO: Tourist Organization of Trebinje, Mountaineering Club "Vučji zub"

www.trebinjeturizam.com, www.vucjizub.org

From the starting point of the village Žakova it is necessary to overcome 1100m of altitude.

Bijela gora - Orjen **ROUTE**

DURATION: 2-5 hour I FNGHT: 6,3km SEVERITY: Easy Walk with me INFO: www.walkwithme.com WEB:

Jastrebica Climb ROUTE

ASCENT: 64om DURATION: зh Medium SEVERITY: INFO: Walk with me WEB: www.walkwithme.com

Austro-Hungarian Roads and Fortress **ROUTE**

ASCENT: 1000m DURATION: INFO: Walk with me www.walkwithme.com







National Park Kozara

Off the main road to Mrakovica, 500 meters long path leads to "Zečiji kamen", one of the most beautiful locations in National Park Kozara. Waterfall, rock-gazebo and a free-climbing rock "Zečiji kamen" represent the special attraction.

HEIGHT: 10-60m, 21 routes

GRADES: VI – VIII+

INFO: National Park Kozara E-MAIL: info@npkozara.com

All routes are made with bolts of stainless steel 10x80 and anchorages. Within the climbing area there are benches where you can relax and enjoy the beautiful surroundings of the National Park Kozara.



Vrbas Adventure Resort

Region Vrbas Adventure Resort offers numerous climbing sites, well-prepared routes – routes of all types and difficulties. Organizer provides the transportation to the selected climbing location and return, as well as the necessary equipment: belt, rope, quickdraws, pear-shaped carabiner, magnesium bag and basic trening.

MORE INFO: Tourist Organization of City of Banja Luka

Climbing club Extreme

E-MAIL: www.banjaluka-tourism.com, www.extremebl.com

Sites: CanyonTijesno: up to 230m – There 22 equipped routes from 17-230m, grades from 5b-8c.

Stone bridge: up to 40m – The stone bridge is the best-equipped climbing area around Banja Luka and consists of 40 routes, with a height of 6–40 meters, grades from 5c to 8a.

Suturlija: 20m – All 11 routes are short sport routes with grades ranging from 5b to 7a.

EVENT

"Drill and Chill Festival" is climbing event held every year in September in river Vrbas canyon. The festival is conceived around the idea of connecting people, sharing experiences, skills and knowledge among the climbers.

MORE INFO: www.drillandchillfestival.com, www.extremebl.com



Pecka Region & Sana River

Pecka is the largest sport climbing area located in the municipality of Mrkonjić Grad on the road Mrkonjić Grad — Glamoč next to the small village of Pecka. A true and authentic rural setting! It has about a 100 routes, with the potential for at least a hundred more. The rock configuration is rather unusal, made of many pores and different intakes providing various and interesting climbing. Access to the rocks is ideal, as well as the surroundings environment. The Visitor Center Pecka is at about 2km from the climbing area that can provide the entire necessary infrastructure for pleasant stay of both climber and other visitor.

HEIGHT: 15-25m

GRADES: Mainly between 5 and 7c (up to 9a)

EVENT

Pecka Rock Climbing festival – Pecka is host to the annual international climbing festival

MORE INFO: Climbing club Extreme, www.extremebl.com, Greenways association www.greenways.ba





There are three mountain bike trails created and marked in the area of the Kozara National Park. Above-mentioned trails will provide all fans of excitement and adrenaline and hilly rides with not only enjoyment of riding a two wheeler but also enjoyment of the Kozara National Park natural beauties. The diversity of plants and animals, forest complexes, viewpoints, glades, brooks and dynamic relief will make your ride more attractive. The trails can be used by both recreational and professional mountain biking fans for the purpose of training and competitions. All trails are marked with vertical, yellow bike signs.

BIKING ROUTE Great MTB Kozara (Mrakovica – Gola planina – Lisina – Krnjin – Verići – Lamovita – Duge njive – Debeli brijeg – Kozarački kamen – Mrakovica)

ASCENT: 2867m
LENGHT: 75km
SEVERITY: Difficult XCM
LOWEST POINT: 223m
HIGHEST POINT: 956m

TYPE OF SURFACE: asphalt and macadam roads,

dirt roads, skid roads and hiking trails

INFO: National Park Kozara
WEB: www.npkozara.com

BIKING ROUTE Small MTB Kozara (Mrakovica - Gola planina - Lisina - Rastovac - Verići - Lamovita - Duge njive - Bukovački točak - Zelenac - benkovac - Mrakovica)

ASCENT: 2025m

LENGHT: 45km

SEVERITY: Difficult XCM

LOWEST POINT: 270m

HIGHEST POINT: 956m

TYPE OF SURFACE: asphalt and macadam roads,

dirt roads, skid roads and hiking trails

INFO: National Park Kozara WEB: www.npkozara.com

BIKING ROUTE Kozara Cycling Route

LENGHT: 30km SEVERITY: Easy

TYPE OF SURFACE: macadam and asphalt

DIRECTION: NP Kozara – Monastery Moštanica – Kozarska Dubica

Along the route blue cycling signs such as road signs and boards with the maps of the route have been placed. The route mostly runs through the Kozara National Park and a beautiful landscape consisting of deciduous and coniferous forests and the river Mostanica valley. Four rest areas and three springs are situated along the route connecting the Kozara National Park and the Moštanica monastery. Cyclists can refresh themselves at springs located in Mrakovica, Jojin bunar and Kojinac.

Kozara cycling route is a part of 60km long international route which connects the Kozara National Park, Mostanica, Kozarska Dubica, Jasenovac and the Lonjsko polje Nature Park in Croatia.



Sutjeska National Park

Trail I: Tjentište – Milin klade – Hrčavka – Donje Bare (lake) – Hrčavka – Dobri do – Ljubin grob – Crno Jezero (lake) – Stari katun Videž – Džafer potok – Orlovačko jezero (lake)

Direction: The trail starts at the Tjentište to the canyon Hrčavka (12km), continues next 6km to the lake Donje Bare (1450m). This bike tour includes a return to the canyon Hrčavka and further to the Dobri dol 1440 (length 13km). Trail length of Dobri Dol to Ljubin grob (1600m) is 4km. The path continues along the Black and White Lake to Stari katun 3km (1600m). The trail continues to the summer pastures avidez (1500m) and its length is 4km and the trail continues down to the stream and Džafer joins the macadam road Kalinovik – Zelengora. The last part of the course is to Orlovačko Lake (1500m) and is about 4km in length. On Orlovačko lake there is a hunting lodge and a camping place.

You can rent a bike in Tjentište Info Center.

On the location Stari katun (1600m) in the authentic ambience during summer season visitors can buy dairy products in this mountain hut (Katun)

LENGHT: SEVERITY: TYPE OF SURFACE: INFO:

Medium – Difficult macadam and hiking trails National Park Sutjeska www.npsutjeska.info







Vrbas Adventure Resort offers a challenge on the bike.

Sightseeing points: the Krupa Monastery, Krupa river spring, mills and waterfalls on the river Krupa, the fort "Greben", log cabin church "Brvnara", church Klisina, the birthplace of famous writer Petar Kočić, Manjača lake and many others. There is possibility to rent a bike and an expert guide.

вікім Route Karanovac – Rafting Center "Canyon" – Tisovac – Kameni most – Krupa na Vrbasu (waterfall)

ASCENT: 1117m

LENGHT: 38.7km

SEVERITY: Medium

LOWEST POINT: 189m of altitude

HIGHEST POINT: 761m of altitude

TYPE OF SURFACE: asphalt and macadam

INFO: Banja Luka Tourist board

WEB: www.banjaluka-tourism.com

Sightseeing points: waterfall and canyon of river Švrakava, St. Ilija church, stone bridge, the Krupa Monastery, spring of river Krupa, mills and waterfalls on the river Krupa, the fort "Greben", wooden church ("Brvnara").

BIKING ROUTE

Krupa na Vrbasu – Stričići – Dobrnja

ASCENT: 975m
LENGHT: 43.5km
SEVERITY: Medium
LOWEST POINT: 216m of altitude
HIGHEST POINT: 905m of altitude
INFO: Banja Luka Tourist board
WEB: www.banjaluka-tourism.com

вікіng Route Banja Luka — Krupa na Vrbasu — Stričići — Kola — Banja Luka Center

LENGHT:
SEVERITY:
LOWEST POINT:
HIGHEST POINT:
TYPE OF SURFACE:
INFO:

WEB:

81.23km Medium – Difficult 164m 98om

RFACE: **asphalt Banja Luka Tour**i

Banja Luka Tourist board www.banjaluka-tourism.com

вікім Route Banja Luka – Krupa na Vrbasu – Tisovac – Karanovac – Banja Luka

LENGHT: 66.50km
SEVERITY: Medium – Difficult

LOWEST POINT: 164m HIGHEST POINT: 590m TYPE OF SURFACE: asphalt

INFO: Banja Luka Tourist board
WEB: www.banjaluka-tourism.com

BIKING ROUTE

Banja Luka – Starčevica – Banja Luka

LENGHT: 24.85km

SEVERITY: Medium

LOWEST POINT: 164m

HIGHEST POINT: 700m

TYPE OF SURFACE: asphalt and macadam

INFO: Banja Luka Tourist board
WEB: www.banjaluka-tourism.com

Jahorina Mountain

Mountbiking trails in the arms of intact forest areas of East Sarajevo, and Jahorina, Romanija and Trebević Mountains. This is the experience of the highest environmental and biological diversity that each visitor value, but also as an opportunity for relaxation and active holidays.

мтв rouте Vraca – Dvorišta – Tilava

ASCENT: 1086m
LENGHT: 45.6km
SEVERITY: CES 4/10
LOWEST POINT: 559m
HIGHEST POINT: 1402m

TYPE OF SURFACE: asphalt and macadam

INFO: Tourist organization of East Sarajevo, MTB.ba
WEB: www.turizam-isa.ba, www.mtb.ba

мтв Route Vraca – Jahorina – Pale – Sarajevo

ASCENT: 1690m
LENGHT: 53km
SEVERITY: CES 1/10
LOWEST POINT: 550m
HIGHEST POINT: 1547m
TYPE OF SURFACE: asphalt

INFO: Tourist organization of East Sarajevo, MTB.ba
WEB: www.turizam-isa.ba, www.mtb.ba



Šipovo Surroundings

Select a trail which best fits you and you are ready to go. The path and markings will lead you exactly the way you are supposed to go, and the only thing that remains for you is to follow them and enjoy the scenery that passes slowly by your side. All trails are characterized by fresh and clean air, numerous places and lookouts suitable for breaks and taking pictures, or for enjoying a picnic, with great chances that it will be accompanied by birds' song, chirping of crickets, as well as the freshness in the thick shade in which you get settled. We recommend you labeled and marked trails, with distances from 8 up to 55km, and variety of ascents and levels of difficulty.

BIKING ROUTE T1 Šipovo

ASCENT: 851m LENGHT: 54.9km

SEVERITY: Medium to Difficult

LOWEST POINT: 433m HIGHEST POINT: 886m

TYPE OF SURFACE: asphalt and macadam
INFO: Šipovo Tourist board
WEB: www.sipovo-tourism.com

Direction: Šipovo – Gerzovo – Protići – Donji Baraći – Gornja Podgorja – Šipovo

The first marked route circles around nearby villages in forested hilly and mountainous areas with the total distance of 55km. Don't let this discourage you; this is only one of the trails, the longest one.

BIKING ROUTE T2

ASCENT: 953m
LENGHT: 43km
SEVERITY: Medium
LOWEST POINT: 433m
HIGHEST POINT: 930m
TYPE OF SURFACE: asphalt

INFO: Šipovo Tourist board
WEB: www.sipovo-tourism.com

Direction: Šipovo – Todorići – Mujdžići – Babin Do – Šipovo The second trail is significantly shorter. With the distance of 43km, the trail passes through pitoresque landscapes and villages of the Janj area, one of two specific geografical areas within the Šipovo municipality.

BIKING ROUTE 13

ASCENT: 354m
LENGHT: 20km
SEVERITY: Easy to Medium
LOWEST POINT: 433m
HIGHEST POINT: 687m
TYPE OF SURFACE: asphalt

INFO: Šipovo Tourist board
WEB: www.sipovo-tourism.com

Direction: Šipovo – Dragnić – Olići – Donji Mujdžići – Šipovo If you wish to combine riding by the pitoresque watercourse of the Pliva River with passing through the wavy landscapes of the Olić Lake and descending down the path along the Janj River, the ideal trail for you, in that case, is the third one. With the total distance of 20km as well as mild ascents, this trail follows the circular route that connects Šipovo, Dragnić, Olići, Donji Mujdžići, Šipovo.

BIKING ROUTE T4 Pliva River Spring

ASCENT: 200m
LENGHT: 8km
SEVERITY: Easy
LOWEST POINT: 377m
HIGHEST POINT: 502m

TYPE OF SURFACE: asphalt and macadam
INFO: Šipovo Tourist board
WEB: www.sipovo-tourism.com

You can also set off on an 8km long trail towards the sources of the Pliva River. The trail has a very mild ascent and numerous interesting localities along the way which are ideal for breaks and taking pictures.

BIKING ROUTE T5 Šipovo – Jajce

ASCENT: 50m
LENGHT: 22.6km
SEVERITY: Easy
LOWEST POINT: 377m
HIGHEST POINT: 433m

TYPE OF SURFACE: asphalt and macadam
INFO: Sipovo Tourist board
WEB: www.sipovo-tourism.com

This trail leads you downstream for approximately 23km to Jajce and, while enjoying the view on the Pliva lakes along the way, as well as rich and diverse flora and fauna, in the end you will arrive to the place where Pliva falls into the embrace of the Vrbas River.



BIKING ROUTE Pliva River Springs

ASCENT: 702m
LENGHT: 57.5km
SEVERITY: Medium
LOWEST POINT: 463m
HIGHEST POINT: 878m

TYPE OF SURFACE: asphalt and macadam INFO: Visitor center Pecka WEB: ww.greenways.ba

Visitor center Pecka – Gornja Pecka – Donja Pecka – Sana river spring

BIKING ROUTE Sana River Springs

ASCENT: 313m
LENGHT: 20km
SEVERITY: Easy
LOWEST POINT: 419m
HIGHEST POINT: 732m

TYPE OF SURFACE: asphalt and macadam INFO: Visitor center Pecka WEB: ww.greenways.ba

Baraći – Springs of Sana River

*Bikig trail to Sana river springs are the same as hiking route.





Ozren Mountain

Ozren is a premier mountain for cross-country biking. While easily accessible from all its ends, it has various trails suitable for either recreation cycling or challenging downhill rides. The mountain is awash with vast green forests and breathtaking landscapes. Its peak is Ostravica, 918m above sea level. It is possible to reach innumerable attractions of the in a single day - lakes, healing thermo-mineral springs, panoramic vistas, picnic resorts, pristine mountain creeks and other fulfilling outdoor experiences. In addition to plush nature, Ozren has numerous cultural and religious suites worth visiting. The northern part has MTB and hiking signage on the main trails. Also, main MTB trails are GPS-trackable and described. All trails are on asphalt and macadam surface. For the remainder of trails, a guide is obligatory to ensure complete safety. Doboj Biking Club offers complete both logistic support and company for your cycling trips. A number of Ozren agrotourism households offer accommodations.

MORE INFO: Ozren Outdoor www.ozren.com

RECREATIONAL TRAIL Jezero (Doboj - Pridjel -Lake Goransko – Lipac – Doboj)

LENGHT: 20.29km SEVERITY: Medium 147.7m of altitude LOWEST POINT: HIGHEST POINT: 381.8m of altitude

TOURIST ROUTE MTB (Doboj – Osojnica – Preslica – Lake Goransko – Lipac – Doboj)

ASCENT: LENGHT: 34.52km Easy to Medium SEVERITY: LOWEST POINT: 147.7m of altitude HIGHEST POINT: 399.1m of altitude

ROUTE XC Paklenica – Prenja (Doboj – Paklenica - Okolišta - Konopljišta -Prenja – Karanovac – Doboj)

ASCENT: 1103m LENGHT: 69.71km SEVERITY: Medium 147.7m of altitude LOWEST POINT: HIGHEST POINT: 638.9m of altitude

ROUTE Marathon Kraljica (Doboj – Okolišta – Rajčevo – Brezici – Kraljica – Monastery St Nikola - Petrovo - Doboi)

1498m ASCENT: LENGHT: 77.87km SEVERITY: Medium 147.7m of altitude 887.9m of altitude LOWEST POINT: HIGHEST POINT:

ROUTE MTB Marathon Ostravica (Doboi – Okolišta – Ostravica – Brezici – Jadrina – Petrovo – Doboj)

ASCENT: 1289m LENGHT: SEVERITY: LOWEST POINT: HIGHEST POINT: 918m of altitude

147.7m of altitude

ROUTE Gostili Downhill (Doboj – Okolišta – Gostilj – Tekućica – Suvo Polje – Preslica - Lake Goransko - Doboj)

ASCENT: LENGHT: 53.31km SEVERITY: Medium to Difficult LOWEST POINT: 147.7m of altitude HIGHEST POINT: 775m of altitude



Area of Javor Mountain is marked with several trails with a total length of almost 70 kilometers, passing through the picturesque rural areas of interest and in terms of tourism. These areas are rich in cultural and historical sights, such as the medieval town Veledin and locations with tombstones.

MORE INFO: Vlasenica Tourist Organization and Cycle club "KPL Vlasenica" WEB: www.vlasenica-turizam.org

ROUTE Trail Grabovica

LENGHT: 26.07km SEVERITY: Medium to Difficult LOWEST POINT: 476m of altitude HIGHEST POINT: 850m of altitude

TYPE OF SURFACE: Asphalt, macadam and hiking trail

Sightseeing points: Medieval fortress of Veledin, River Sedrica canyon, plenty of fresh water springs and sights of medieval thumbstones.





ROUTE Trail Dolovi

LENGHT: 4.52km SEVERITY: Difficult LOWEST POINT: 1160m of altitude HIGHEST POINT: 1282m of altitude TYPE OF SURFACE: Macadam

Route is passing through the most beautiful areas of the mountain Javor, area rich in ozone.

ROUTE Trail Dolovi 1

LENGHT: Medium to Difficult SEVERITY: LOWEST POINT: 1070m of altitude HIGHEST POINT: 1282m of altitude TYPE OF SURFACE: Macadam

ROUTE Trail Karavače

LENGHT: SEVERITY: Difficult LOWEST POINT: 1153m of altitude HIGHEST POINT: 1282m of altitude TYPE OF SURFACE: Macadam

Sightseeing points: The route passes the most beautiful areas of the mountain Javor, area rich in ozone. Due to the proximity of the ski center "Igrišta" possible descent down the ski slope (it is desirable to use pads for knees and elbows).

ROUTE Recreational Trail Rudišta

I FNGHT: SEVERITY: Easy to Medium LOWEST POINT: 375m of altitude 793m of altitude HIGHEST POINT: TYPE OF SURFACE: Asphalt and macadam

Sightseeing points: Waterfall Vrelo and old church with medieval thumstones nearby track.

ROUTE Recreational Trail Lijepa ravan

LENGHT: 3.40km SEVERITY: Difficult LOWEST POINT: 715m of altitude HIGHEST POINT: 825m of altitude TYPE OF SURFACE: Macadam

Suggestions: For most of the tracks it is mandatory to use mount – biking equipment. You can use the service of licensed guides from Mount biking club Vlasenica. Accommodation possible in several tourist farms with homemade cuisine and in hostel "Stara škola". All tracks are marked and well connected.



HILLY-MOUNTAINOUS ROUTE Trebinje - Grahovo – Crkvice – Orjen sedlo – Vrbanj – Zubci – Trebinje

ASCENT: 2100m I FNGHT 110km TYPE OF SURFACE: asphalt and macadam

Tourist board Trebinje, Mountaineering Club "Vučji zub" INFO: www.trebinjeturizam.com, www.vucjizub.org WEB:

HILLY-MOUNTAINOUS ROUTE

Trebinie – Mountain Leotar

ASCENT: 954m LENGHT: 25km

TYPE OF SURFACE: asphalt and macadam

Tourist board Trebinje, Mountaineering Club "Vučji zub" www.trebinjeturizam.com, www.vucjizub.org

CYCLING TOUR Around the Town of Trebinje "Austro-Hungarian Roads"

ASCENT: 700m LENGHT: 20km TYPE OF SURFACE: macadam

INFO: Tourist board Trebinje, Mountaineering Club "Vučji zub" WEB: www.trebinjeturizam.com, www.vucjizub.org

A route connects several fortresses from the Austro-Hungarien pe riod such as fortress Strač, Golo Brdo and Petrina.







For skiing and snowboarding, there is 0.8km of slopes available. 2 lifts transport the guests. The winter sports area is situated between the elevations of 675 and 795m. The trails are equipped with modern snow groomers, which create ideal conditions for skiing. There is possibilty of night skiing.

GENERAL SEASON: mid December - late March

CAPACITY: 1500 skiers

Ski center Kozara "Ljubijski rudar" INFO:

www.kozaraski.com WEB:



Since ancient times, the natural benefits and privileges of the mountain meadows in this area were made available for the purpose of rest and recreation. The first skis in BiH came with Austrohungairan occupation of these territories; they were brought by-Austrain soldiers and officers who used to ski in the Alps. Since then, the first mountaineering societies and clubs were founded, whose members, as part of their activities were engaged in skiing. One of the main golas of these societies was encouraging recreational stay in nature and excursion tourism.In addition to recreational and excursion sport, skiing becomes a competitive sport, ski clubs were established, various, competitions in winter sports were organized and first hotels and mountain lodges were built on the mountain Jahorina and later on the other mountains. The first competition in the downhill was held in 1939, and the first ski-lift in BiH was put into operation in 1953, also on Jahorina.

HEIGHT: 100m to 1890m above sea level

LENGTH OF SKI RUNS: total 20km – red 16km, blue 2km, black 2km 3 six-seater lifts, 4 ski lifts and 2 two-seater, 1 baby lift CABLE CAR:

CAPACITY: 10.500 skiers

INFO: Olympic centre Jahorina WEB: www.oc-jahorina.com

Olympic Center of Jahorina has over 20 kilometers of perfectly prepared slopes with possibility of artificial snowing.



WEB:

Ski-center "Igrišta"

www.vlasenica-turizam.com

HEIGHT ABOVE SEA LEVEL: from 1020m to 1350m

LENGTH OF SKI RUNS:

total 9km -blue 3km, red 4.9km, black 1.1km

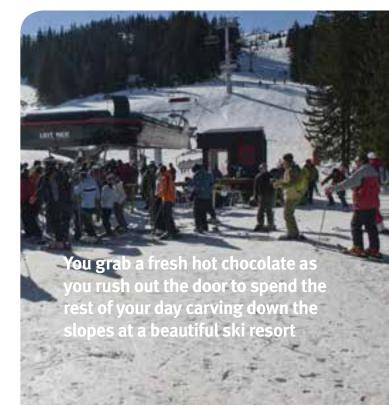
(1916m above sea level) In the late February

Jahorina annualy host the FIS Cup.

www.oc-jahorina.con

CABLE CAR: 3 drag lifts, 1 baby lift INFO:

Tourist Organizatin of Vlasenica



For photo safari lovers Republic of Srpska is an ideal place for enyoing in wonderful nature and wildlife. A visit to these places will be an amazing experience and great fun.



Sutjeska National Park The beauty of this area is found, first of all, in a great diversity of

The beauty of this area is found, first of all, in a great diversity of landscape, lush valleys, thick forests, vast mountain pastures, up to high and rocky mountain tops The National Park is home to a great diversity of flora and fauna with more then 2600 registered vascular plants, with a large percentage of endemic and rare species, rich and varied dendroflora, akvaflorom, and over 100 species of mushrooms and a real treasure of herbs and fruits of nature. Fauna of the Sutjeska is very rich and varied, ranging from a large number of invertebrates, especially of the order of butterflies (Lepidoptera), amphibians, reptiles and fish, 36 species and 18 families of mammals, and many species of birds makes this place a unique in Europe.

INFO: National Park Sutjeska
WEB: www.npsutjeska.info
BEST SEASON FOR VISIT: Between May and October

PHOTOSAFARI Feeding station "Kazani"

Distance: 10km from Tjentište

Interesting sights: Habitat for mountain goats (goat-antelope or chamoix), watching the landscape, viewpoint of the Maglić and primeval forest Perućica, taking pictures from hunting stand, possiblility of night photo-hunting (bear, wolf, fox).

PHOTOSAFARI Feeding station "Sirova Gora"

Distance: 50km from Tjentište

Interesting sights: Photosafari from the hunting stand, possibility of night photo safari (bear, wild boar, wolf, fox).

PHOTOSAFARI Feeding station "Oteša"

Distance: 45km from Tjentište

Interesting sights: Photosafari from the hunting stand, possibility of night photo safari (bear, wild boar, wolf, fox).

PHOTOSAFARI Donje Bare – Belvedere Borić

Distance: 20km from Tjentište

Interesting sights: Habitat for mountain goats (goat-antelope or chamoix), watching the landscape, viewpoint of the Maglić and primeval forest Perućica, mountain Volujak and Sutjeska river canyon.

PHOTOSAFARI Viewpoint Beškita

Distance: 10km from tjentište

Interesting sights: Mountains Maglić and Volujak, primeval forest Perućica and Vilinjak.

PHOTOSAFARI Lookout Prijevor

Distance: 20km from Tjentište

Interesting points: Viewpoint on Mt Maglić, primeval forest Perućica and Mountain Volujak.



Šipovo Surrounding Area

To meet the life of beaver, bird of prey, the great place for photosafari and particulary for birdwatching fans is the area of Šipovo. Among the wildlife diversity, the most attractive are otters, which are extremely rare in Europe and they are protected species in BiH. Otter shoul be a real challenge for the photographer, because it is very timid and dives into the water at the slightest noise. Šipovo is habitat of a rare species in our region – the beaver on the river Sokočnica. Believe, with its masterpeieces the beaver marvels every passer-by!

INFO: National organization of Šipovo
WEB: www.sipovo-tourism.com

Best season for visit

Between May and October – The tours can be organized in the specified period with an expert guide.

Necessary Equipment

Backpack, 1l of water, hiking shoes and a camera (photocamera)



ROUTE Orjen Massif and Bijela Gora

INFO:

Tourist organization of Trebinje, www.trebinjeturizam.com Nomad Safari association www.bijelagora.com Mountaineering Club "Vučji zub" Trebinje www.vucjizub.org

Dinaric feature and incredible variety of diverse landscapes: from glacial relict to breathtaking panoramas. These mountains offer endless opportunities for exploration and photography! For all photographers, passionate birdwatchers and nature lovers they organize group tours to Orjen, as well as to other mountain terrains in the area of Trebinje with licensed professional guides.



ROUTE Nomad 4x4 Safari Eastern Herzegovina (Jeep&Quad)

from 5h to 3 days DURATION: LENGHT: 80 - 300km

EOUIPMENT: 3-quads-ATV 500ccm, 1 - Nissan Pathfinder 2500ccm

INFO: Nomad Safari association

www.bijelagora.com, dusan@bijelagora.com WEB:

Safari route passes through wild, well-preserved nature on the direction of old caravan and nomadic trails. On safari can be seen the necropolis, enjoy observing wild birds or be familiar with the traditional preparation of meals and drinks (dried meat, tobacco, honey, cheese, pomegranate juice, wine and rakija, dried figs and prunes, herds of goats and sheep, ...).



This safari can be half day (40km away) for a period of 5 hours, day (100–180km) for 5–10 hours, or longer (180–300km), sleep in tents (sleeping bag, mattress) including meals.

ROUTE Offroad Adventure Morine

DURATION: from 2 – 8 hours or even few days programme

LENGHT: from 20 - 300km

EQUIPMENT: Nissan Patrol Gr 4.2 L Dizel 4x4 Jeep, Quad

Kymco MXU 500 DX LOF 4x4, Buggy 4x4, Kawasaki Cross-motorbike 250 ccm, full camp equipment.

DIRECTION: East Herzegovina Noa Morine INFO:

WEB: www.noa-morine.com,

Fb NOA Morine, gk@noa-morine.com

Noa Morine provides all types of 4x4 jeep, quad and buggy adventure, offroad safari, culture tours, gastro tours accros Herzegovina beauty.



Driving quads by itself is very attractive, full of adrenaline and ultimate adventure.

It gives participants an unforgettable adventure in direct contact with nature, history and tradition.







ROUTE Along the Kozara Hills

LENGTH: 20km DURATION:

EQUIPMENT: riding hats and helmets and gilets INFO: The Equestrian Club "Paddock" www.kk-paddock.com

The Equestrian Club "Paddock" is situated in Barlovci, not so far from Banja Luka, on a private estate of 6000 m2 in size, in a peaceful and natural ambiance.

Activities of the Equestrian Club Paddock are horse-riding school, sports trainings, recreational horse-riding, terrain horse-riding and horse boarding.



Sutjeska National Park

ROUTE Around Zelengora Mountain and Glaciar Lakes

LENGHT:

DURATION:

EQUIPMENT: riding hats and helmets and gilets

Zelengora Moutnain, Pasna poljana (1400m),

Crno I bjelo jezero (lakes), Videz and Otesa waterfall

INFO: Rafting Club TARASPORT

WEB: www.tarasportrafting.com, info@tararaftingriver.com

More Info: Start point is from the mountain meadow Pašna poljana (1400 m), the vast plateau that is located in the heart of the mountain Zelengora, ride continue along glaciar lakes (Black, and White Lake). With an experienced guide, horseriding continue along mountin valleys, from which you have a beautiful view of all the surrounding mountain peaks Bobotov kuk, Maglić and Volujak, green valleys and fragrant forests.



ROUTE Leisure Trail Čokorska polja

I FNGTH: DURATION:

EQUIPMENT: riding hats&helmets and gilets INFO: The Equestrian Club "Čokorska Polja"

WEB: www.kkcokorskapolja.com

Medium Čokorska polja ROUTE

LENGTH: DURATION:

EQUIPMENT: riding hats&helmets and gilets The Equestrian Club "Čokorska Polja" INFO: WEB: www.kkcokorskapolja.com

ROUTE Daily Riding Tour (Full riding day including meal and short breaks)

LENGTH: DURATION: 1 day

EOUIPMENT: riding hats&helmets and gilets The Equestrian Club "Čokorska Polja" www.kkcokorskapolja.com

Interesting points: Village Piskavica as an open air museum of Kozara ethno with exhibition of ethnic objects that were once used in the region. For organized visits to local residents organized theatrical presentations customs and tasting local gastronomic specialties. Gomionica Monastery with its church dedicated to the Presentation of the Virgin at the Bronzani Majdan (42 km west of Banja Luka), dates from before 1536.

Equestrian Club "Čokorska Polja" is located at about 10 km west from the center of Banja Luka. The Equestrian Club "Čokorska Polja" welcome riders of all levels from beginners through to advances and many other acitivites such as leisure raids, riding school, sport riding (dressage and show jumping), walk on the pony, carriage ride, horse boarding and team building.

Sixtracks for field horse riding in the length of 10 to 15 kilometers are at your disposal. The Equestrian Club "Čokorska Polja" owns 10 horses.





WILD WATER adventures

Two amazing rivers – Vrbas and Tara

A unique natural environment and organized offer of an active vacation enable one to experience in full river flows and rapids, beauty of diverse flora, as well as sightseeing of interesting cultural heritage. Lead by well-trained skippers, you will experience unforgettable moments going down the most beautiful parts of canyons of Vrbas and Tara rivers which appear to be top rafting destinations nowadays.





ROUTE Basic rafting

LENGTH OF DESCENT: 9km
DURATION: 120min

ROUTE Advance rafting

LENGTH OF DESCENT: 15km
DURATION: 18omin

ROUTE Strong rafting

LENGTH OF DESCENT: 21 km
DURATION: 240min

ROUTE Night rafting

LENGTH OF DESCENT: 5 km
DURATION: 90min

INFO: Banja Luka Tourist Board
WEB: www.banjaluka-tourism.com

For the all lovers of canoeing, going down the river is organized on the same route.



ROUTE Zvečaj – Karanovac

LENGTH OF DESCENT: 5km

DURATION: 60–8omin

SEVERITY: 3°



ROUTE Novoselija – Kayak Center

LENGTH OF DESCENT: 5km

DURATION: 60–8omin

SEVERITY: 2–3°

ROUTE Srpske Toplice – Kayak Center

LENGTH OF DESCENT: 3km
DURATION: 25–50min
SEVERITY: 1°

INFO: Banja Luka Tourist Board
WEB: www.banjaluka-tourism.com

ROUTE Canyon of the River Švrakava

LENGTH: 500m DURATION: 2–4h

MORE INFO: Banja Luka Tourist Board
WEB: www.banjaluka-tourism.com

ROUTE Through the Tijesno Canyon

LENGHT: 5km DURATION: 6omin

MORE INFO: Banja Luka Tourist Board
WEB: www.banjaluka-tourism.com

ROUTE Sightseeing Banja Luka from the water



LENGTH: 3km
DURATION: 30–4omin
MAX PERSON PER BOAT: 3

MORE INFO: Dajak club Banja Luka

WEB: www.dajak.org, dajak.klub@gmail.com

Sightseeing points: Enjoy Banja Luka from a particular angle and explore the river Vrbas through this unique Banjaluka boat tour. Boarding is at the Kastel fortress in the city center, and then sailing continues under the City Bridge, Green Bridge and old mills. Daily tours are available with several boats with skippers, as well as the ability to learn the skills of dajak sailing with instructors from Dayak club.

Rafting includes rafting equipment:

neoprene suits, safety vests, life jackets, neoprene shoes, helmets, paddles. Overnight in camps. Professional guide during the rafting. Organized transportation to the starting point. Meals on request, according to the wishes of participants.

Did you know: In this area World Rafting Championship was held in 2009. Championship brought together competitors from five continents, 35 countries, 56 teams. In 2015 City of Banja Luka and river Vrbas hosted







Tara River

Difficulty level of rafting on the scale for Tara River is from 3-5 level, during the annual period, which means that the rafting tours never go without a professional skipper and complete equipment. Rafting season on Tara takes over whole year. Difficulty level increases at the beginning of the year, reaches its maximum usually in March and April, when is also the largest water level and then proportionately with water level falling by the end of the summer.

WHEN IS THE MOST ATTRACTIVE PERIOD FOR TARA RAFTING? The answer to this question is ALWAYS! Maximum of adrenaline is in April, May and June, but with decreasing water level in July, August and September some of the rapids are disappearing, but new and equally attractive rapids appears which you could not see during the high water level period so that means that Tara always offers something new and we often say that you can never flow on this same river twice.

ROUTE Brštanovica – Bastasi (river Tara and Drina)



LENGHT OF DESCENT: 20km

DURATION: 4 to 5 hours (depending of water levels)

*Durnig the rafting, breaks are made for a swimming...

ROUTE Šljivansko – Bastasi (river Tara and Drina)

LENGHT OF DESCENT: 80km

DURATION: 2 or 3 days (depending of water level)

*During these two or three days an overnight stay is organized in the camps

The most interesting sights: The shortest river in Europe – "Ljutica", Bridge Djurdjevica Tara, numerous waterfalls and the most interesting one "Bajlovića siga" coming from the cave and flows through the 15meter high waterfall into the Tara river.

ROUTE Brštanovica – Foča (river Tara and Drina)

LENGHT OF DESCENT: 35km
DURATION: 1 or 2 day

*Break at Bastasi with luch

ROUTE Brštanovica – Šćepan polje (river Tara and Drina)

LENGHT OF DESCENT: 18km

DURATION: 3-4h (depending of water level)

*This is the most attractive rafting section of the Tara River with more then 25 rapids (rapids, waterfalls) 3-5 rafting difficulty level.

ROUTE Šljivansko – Šćepan polje (river Tara and Drina)

LENGHT OF DESCENT: 80km

DURATION: 2 or 3 days

MORE INFO: Tourist Organization of Foča
WEB: www.focaravajuce.org

*Rafting clubs providing equipment: neoprene suits, safety vests, life jackets, neoprene shoes, helmets, ropes. Also they provide service of filming with go pro camera.

During rafting with well equipped rafting boats and licensed and experienced skippers you can rest, go swimming and fishing or just enjoy in tasteful food of our region.

For those looking for adventure and adrenaline junkies most rafting clubs and camps can offer in addition to rafting an additional outdoor activities such as hiking, mountaineering, canyoning, horseback riding, photosafari, jeep safari and many others, because of the beautiful nature and the proximity of the National Park Sutjeska this will be an extraordinary experience.



ROUTE Through the Nevidio Canyon

LENGTH: 3.5km
DURATION: 2-4h

MORE INFO: Rafting camps « DIVLJA RIJEKA » and »TARA SPORT»
WEB: www.divljarijeka.com, www.tarasportrafting.com

ROUTE Through the River Hrčavka Canyon

LENGTH: 5km DURATION: 4h

MORE INFO: Rafting camps « DIVLJA RIJEKA » and »TARA SPORT» WEB: www.divljarijeka.com, www.tarasportrafting.com

*Rafting clubs providing equipment: neoprene suits, safety vests, life jackets, neoprene shoes, helmets, ropes. Also they provide service of filming with go pro camera.

ROUTE Brštanovica – Rafting camps "Divlja rijeka" and "Tara sport"

LENGHT: 15km
DURATION: 1h – 5h

MORE INFO: Rafting camps « DIVLJA RIJEKA » and »TARA SPORT»
WEB: www.divljarijeka.com, www.tarasportrafting.com



ROUTE Trebišnjica River Safari

LENGHT OF DESCENT: 5 km

DURATION: 1,5–2h

CAPACITY: 2 – 8 persons

ROUTE Lake Gorica

LENGHT OF DESCENT: 10km
DURATION: 3h

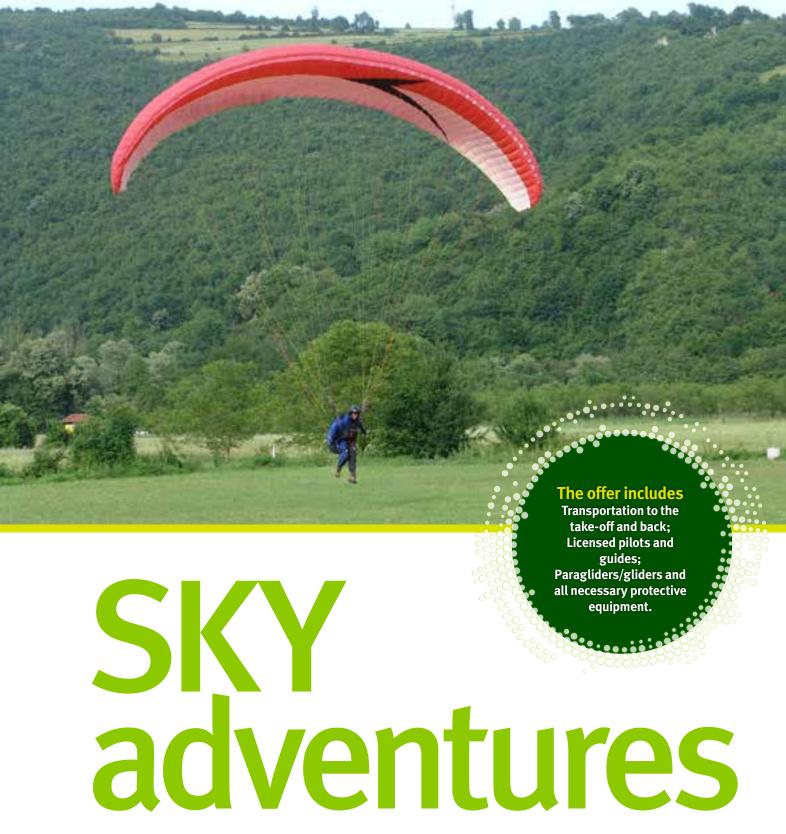
CAPACITY: 2–8 persons
MORE INFO: Adventure Trebinje

E-MAIL: petazasad@yahoo.com, Fb AdventureTrebinje Trebinje

*Guide and canoe rental optional.

Sightseeing points: This route passes under 5 bridges among which the most famous is the Arslanagica bridge. Also there are 4 rapids and descent with moderate difficulty and can be undertaken with little or no prior experience to enjoy in canoeing.





Glider

With a flying instructor you out your gear on and sit in a tandem paraglider or glider, the adrenaline starts to ruffle and the adventure starts. A beautiful panoramic view of our country with the attractive surrounding opens in front of you. Here you will feel the relaxation and complete freedom, like a bird. All you need to bring is high footwear that protects the joints (trekking shoes), clothing depends on weather conditions, sun glasses and other equipment is provided by the organizer.



SAILPLANE Panoramic flight

LOCATION: Prijedor/ Kozara TYPE: Sailplane ALTITUDE DIFFERENCE: 500 - 2000m

0,5h to 3h (possibility of short flights) **DURATION:**

INFO: Aeroclub Prijedor www.jedrilicariprijedor.com WFB:

Adrenalin Flight **ROUTE**

LOCATION: Prijedor/ Kozara TYPE: Sailplane ALTITUDE DIFFERENCE: o-6oom **DURATION:** 15min INFO: Aeroclub Prijedor WEB: www.jedrilicariprijedor.com

*Note: Aeroclub Prijedor is providing services of panoramic flights with different types of light sport airplanes.



INFO: Banja Luka Tourist board

Paragliding Club "Airdrenaline", Banja Luka WEB: www.banjaluka-tourism.com, www.airdrenaline.rs.ba

LOCATION Manjača (Grčka gradina)

TAKE-OFF ALTITUDE:

COORDINATE: 44.61.880 N/16.95.484 E

ALTITUDE DIFFERENCE: 350m

LOCATION Krmine (Krupa na Vrbasu)

TAKE-OFF ALTITUDE:

ALTITUDE DIFFERENCE: 250m

LOCATION Cemernica (Bočac)

TAKE-OFF ALTITUDE:

COORDINATE: ALTITUDE DIFFERENCE: 1100m

44.52.084 N/17.21.341 E

LOCATION Lisina (Mrkonjić Grad)

TAKE-OFF ALTITUDE: 1/100m

COORDINATE: 44.39.435 N/17.04.394 E

ALTITUDE DIFFERENCE: 730m

LOCATION Sinjakovo (Mrkonjić Grad)

TAKE-OFF ALTITUDE:

COORDINATE: 44.34.811 N /17.13.618

ALTITUDE DIFFERENCE:

SKYDIVING BANIA LUKA Tandem jump from 3000 meters

LOCATION Zalužani – Banja Luka

INFO: Skydive Banja Luka www.skydivebanjaluka.com





PARAGLIDING Paraglajding tandem, Jahorina

LOCATION North side of Jahorina

TAKE-OFFALTITUDE: 1750m COORDINATE: 43.7191/18.5814 DURATION: 12-15min ALTITUDE DIFFERENCE: 890m Aeroclub SOKO INFO: E-MAIL: mikipale@yahoo.com

Description: Paragliding activities are practiced in moderate weather conditions, with a north wind directions. The passenger in a tandem paraglider received basic instructions before the flight and requires no previous knowledge. Flights take place at an average height of 300m above the ground.

Equipment: Passengers in tandem should have adequate clothing, sunglasses and deeper footwear is desirable.





Ozren Mountain

Mount Ozren has exceptional conditions for paragliding, especially in spring and summer when the heat flows; leading to the base of the cloud, reach a height of over 2500 meters, which allows paragliding that often, lasts for several hours, with flight length of tens of kilometers.

At the Ozren Mountain on location Igrišta, there is a base of club "Paraghost", which begins to revive unique Sporting youth center adrenaline and tourism. Services offered by the Centre are: The school of paragliding, guiding and recreational paragliding, and tandem paragliding for those who have no experience in paragliding and want to experience the magic of free flight, free climbing (climbing under the supervision), and hiking, caving and other outdoor acitivites.

LOCATION Ozren/Gostili

TAKE-OFF ALTITUDE: 773m

44.39.370 N/18.110.57 E

COORDINATE: 44.39.
ALTITUDE DIFFERENCE: 550m

LOCATION Rui

TAKE-OFF ALTITUDE: 553m

COORDINATE: 44.37.401N/ 18.60.570 E
ALTITUDE DIFFERENCE: 370m

Biser glava – Očauš Mountain LOCATION

TAKE-OFF ALTITUDE:

COORDINATE: 44.30.350 N/ 17.38.240 E

ALTITUDE DIFFERENCE: 800m

INFO: Paragliding club "Paraghost" E-MAIL: paragost@gmail.com

* These are three take-off sites for different wind directions (except the east). Possible take off of more paragliders at the same time. It is possible to get to the take-off site with a terrain vehicle.

EVENT

Ozren Paragliding Air race, august

INFO: Paragliding club "Paraghost" E-MAIL: paragost@gmail.com MORE INFO: Paragliding club "Paraghost" WEB: www.dobojturizam.com



PANORAMIC TANDEM FLIGHTS, **Trebinje**



Start is facing south. It is also suitable for the beginners. 2-3 wings could take off simultaneously. Exceptional conditions give the possibility of flight in all directions. Start is located above the town of Trebinje, a 15-minute drive from downtown.

LOCATION Gliiva

TAKE-OFF ALTITUDE: 1014m n/v ALTITUDE DIFFERENCE: 750m

COORDINATE: 42.734.99N/18.373.81E INFO:

Tourist Organization of Trebinje, Adventure Trebinje WEB: www.trebinjeturizam.com

E-MAIL: petazasad@yahoo.com





Republic of Srpska with its mountainous terrain, narrow canyons, folds and beautiful karst fields provides the perfect conditions for biking. While slowly cruising with your two wheels darling the fantastic landscapes is opening in front of you. If you do not like just non-stop driving and you are a fan and occasional stops to see what more interesting and we will keep you advised where best to stop. Numerous restaurants, rest areas, shelters or traditional hotels and motels are located at each of the recommended routes so do not worry. Also you have the support and AMS RS that will ensure that your ride pass safely. We recommend that you comply with the restrictions and follow the signs! We wish you a safe ride and Wellcome!

ROAD MAP AND DESCRIPTION FOR BEST BIKING ROADS: MORE INFO:

WFB:

www.bestbikingroads.com Roadside assistance Republic of Srpska CALL CENTER 24/7 – tel: 1285 www.ams-rs.com

ROUTE 1 West to South (Croatia – Republic of Srpska/BiH)

CRO Kostajnica – Kozarska Dubica – Prijedor – Sanski most – Ključ – Čađavica – Mrkonjić grad – Jezero – Šipovo – Izvor plive – Šipovo – Janj – Barjamovci – Kupres – Šuica – Livno – Podhum – Tomislavgrad – Posušje – Široki brijeg – Mostar – Čapljina – Ljubuški

ROUTE 2 Krajina to Herzegovina (Republic of Srpska/BiH – Montenegro)

Novi Grad – Prijedor – Kozara – Banja Luka – ruta preko Manjace – Ribnik – Šipovo – Kupres – Posušje – Mostar – Ljubinje – Trebinje – CG

ROUTE 3 Southeast of Srpska (Republic of Srpska/BiH – Croatia)

CRO – Novi Grad – Prijedor – Banja Luka – Kanjon Vrbasa – Vlašić – Bugojno – Travnik – Sarajevo – Višegrad – Foča – NP Sutjeska – Bileća – Trebinje – CRO Dubrovnik

ROUTE 4 Old caravan trails (South-East of Republic of Srpska/BiH - Serbia)

HR – CG – Trebinje – Bileća – NP Sutjeska – Višegrad – Srbija





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