Discover your ADVENTURE

REPUBLIC OF SRPSKA
Welcome

Republic of Srpska is a magical land of mountains, valleys, fresh water streams and some of the last remnants of Europe's old growth forests. Tucked into the heart of the Central Dinaric Alps this tiny country is a nature lover heaven. We invite you to come and discover our untouched corner of the world – to a friendly place that feels like home. Our crystal clear rivers will give you the thrill of your life and the amazing taste of Mother Nature.
Facts
Location: Republic of Srpska
Area: 25 053 km², or 49% territory of Bosnia and Herzegovina
Population: around 1.350.000
Official languages: Serbian, Croatian and Bosnian
National parks: two
The highest peak: Maglić, 2386 m
Time zone: GMT+1 hour
Currency: Convertible Mark – 1 EUR=1.95KM

Climate
Mediterranean and alpine influences meet and create different types of climate in a relatively small area. In the south weather is warm, sunny and dry, with very mild winters. In the more continental areas summers are generally warm, occasionally hot, cool springs and autumns, and cold winters with considerable snowfall. The alpine climate rules the mountain terrains of the high Dinaric Alps above 1700 meters.
The average temperature in January is -1°C and in July is 20°C

Path sign
Most mountain and other paths in Republic of Srpska are marked with a round sign, which consist of white cicle and red lining. It has been used from 1922, when it was introduced by the mountaineer Alojz Knafelc to uniform the paths signs. The sign is called Knafelc’s sign after its creator.

Mountaineers’ Contact
Mountaineering Association of the RS
Telephone: +387 (0)52 232-863
www.planinarskisavezrs.org

Traveling in BiH
More information on: www.mfa.ba

Public transport
Trains:  http://www.zrs.rs.com
        http://www.zfbh.ba
Buses:  http://autorevoz.org
        http://www.autobusni-kolodvor.com
By air:  http://www.budva-airport.com
        http://www.sarajevo-airport.ba

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CANOEING
HORSERIDING
MOTORBIKE ROUTES
BIRD WATCHING
HYDRO SPEED

ADVENTURES
DESTINATIONS

KEY

KOZARA Mountain and National Park
SUTJESKA National Park
VRBAS Adventure Resort
TARA River
JAHORINA Mountain & Surrounding Area
ŠIPOVO Surroundings
PECKA Region & SANA River
OZREN Mountain
JAVOR Mountain
TREBINJE & Surrounding Area

REPUBLIC OF SRPSKA
Kozara
Mountain and National Park

Being situated in the north-west of Bosnia and Herzegovina in the Republic of Srpska entity, Kozara National Park covers the central part of the eponymous mountain – Kozara. Providing enjoyable adventures in hiking, hunting, fishing or simple walking through unspoiled nature, Kozara represents an unavoidable destination of all eager for rest and recreation.
Important facts about Kozara

- Proclaimed as National Park in 1967, member of EUROPARC
- Area: 3907ha
- Nickname: Green Beauty
- Mrakovica – central part of Kozara (804m), with WWII Monument
- The highest peak: Lisina (978m)

www.npkozara.com
Don’t miss
PERUČICA – Certainly the most precious gem of National Park Sutjeska is Strict Nature Reserve Peručica, one of rarely preserved rainforests of Europe surrounded by highest BiH mountain Maglić 3386m, Volujak, Snježnica and breathtaking glacier lakes. The Skakavac waterfall crashing down from a height of over 70m fulfils a human being with pleasure that this small part of primeval nature with rich multifunctional biodiversity, has been preserved for present and future generations.
Did you know that over 570 species of trees and shrubs and over 1,000 species of herbaceous plants testify to the wealth of the Peručica plant life.

Important warning!!! Passing through Peručica is allowed only if pre-announced and with a guide from National Park Sutjeska.
• Visit to the Sand Pyramids, a unique wonder of the nature, similar to those in Colorado or Djavolji in Serbia.
• Did you know that Sand pyramids served as an attractive natural background for the movie „Winnetou” that was filmed in the sixties of the last century?

Important facts about Sutjeska
Proclaimed as National Park in 1962, member of EUROPARC
Area: 17250ha
Tjentište – central part of Sutjeska, with WWII Monument
The highest peak: Maglić (2386m)
www.npsutjeska.net
Extraordinary natural environment of Zelengora and Maglic mountain peaks, primeval forest called Perucica, attractive rivers and lakes, and the overall surrounding nature, make Sutjeska National Park a significant tourist destination for the fans of hiking, alpinism, rafting, and many other activities of an active vacation. Staying here is given a special touch by beautiful, glacial-originated, mountain lakes called „mountain eyes“, whose beauty and attractiveness provide this landscape with an excellent tourist appeal. Strictly protected natural resort, one of largest preserved ancient forests in Europe, primeval forest Perucica, is situated in the narrowest part of the Park. Seventy-five meter waterfall called Skakavac occupies the very heart of the forest.
Vrbas Adventure Resort is located in the southern part of Banja Luka territory. It comprises the midstream of Vrbas River between Banja Luka and Jajce, the mountains Manjaca (peak Velika Manjaca – 1.239m), Osmaca and Tisovac and settlements Krupa na Vrbasu and Karanovac. The area stretches from north to south and takes 40 km in length and 30 km in width from east to west. In total, the area takes 800 km².

This area is rich in cultural and historical monuments, diverse plant and animal species, of which some are relics and endemic distinctive for canyon eco – systems. Due to high-quality water and rare fish species, the Vrbas Canyon has been under state protection since 1955.
Vrbas River and its confluents

Vrbas is a fast mountain river marked with several foamy and wild sections, and rapid falls. It is ranked among some of the most attractive rivers in Europe marked with severity level 3–4. It makes two canyons – Tijesno canyon (5km) and Podmilacje canyon (8km). Together with its confluents called Svrakava, Cvrckra and Ugar, this river remains one of the favorite destinations for adrenalin lovers. Length of this river used for adventurous water sports reaches 31 kilometers.

www.banjaluka-tourism.com
Tara River

Tara River is one of the most admirable rivers in Europe with 250km length from which navigable in the length of 80 kilometer with a long canyon which is, with its 1,300 meters of depth, the deepest river canyon in Europe and the second one in the world (after Colorado River canyon). After Tara river Canyon the second deepest is also in this area and that’s Drina river canyon. For all those eager for some adventure, there are rafting clubs that organize memorable rafting tours in this river and provide accommodation in camps at the very shore. Only through rafting the true anatomy of the canyon may be discovered.
Jahorina Mountain belongs to the Dinara mountain range and remains the largest winter center in the Republic of Srpska. It is located 30km southeast of Sarajevo. What it offers as a tourist attraction will satisfies those less in shape, as well as those ready take a real challenge or sports adventure. Besides Alpine skiing, Jahorina offers some other active vacation activities, such as extreme skiing, ski paragliding, motor ski sledge, snowboard, ice skating, walking, swimming pools, saunas, and different entertaining programs and sport competitions. Alongside ski paths, visitors can take a break and enjoy in the terraces of numerous restaurants and café bars. To make the picture complete, visitors are also made available many restaurants serving gourmet specialties and rich night life.
Tourist organization
www.turizam-isa.ba

Olympic centre Jahorina
www.oc-jahorina.com
Important facts
Šipovo region is a habitat for more than 182 bird species which place this region among the richest bird areas. You can spot a rare bird species as Eurasian Pygmy-owl, Ural Owl, and Eurasian Eagle-owl, Boreal Owl, Golden Eagle and many other rare bird species.

www.sipovo-tourism.com

Do not miss
Take a photo of the biggest rodent of the northern hemisphere „beaver“

SURROUNDED by BEAUTY
Šipovo

Surrounding Area

The view stretching from the Vitorog peak (1906 above sea level) represents one of the most stunning ones in the Republic of Srpska, and is an event experienced only by those who happen to be there. This mountain is famous for its flora and fauna diversity. Wild animals, such as brown bear, wolf or wild hog, or very rare bird species, such as Capercaillie, can be found here. River Janj and its Canyon are a protected natural resort of the Republic of Srpska. Canyon slopes are steep, rising up directly from the riverbed and reach 150–200 meters in height. Below the ancient Sokograd, all the way to the mouth of Pliva River, flows a rivulet called Sokočnica, making 10 kilometer long canyon and leaving behind a mysterious cave of Sokolac. This fabulous place, full of life, is a habitat for many animal species.
Pecka and Sana River spring
The area of Pecka is located on the border of the municipality of Mrkonjic Grad, Šipovo and Ribnik. In Roman times it was an important station on the „Via Solina” – The Way of Salt from Split to Sremska Mitrovica, and his name was Sarnade. Peck was named after the porous rocks „Kingdom of holes” that rise above the whole village, among climbers is known as the largest natural climbing area in the region, equipped with over 100 climbing routes. In Pecka surroundings there is the Sana River spring, a tributary of the Una, 146km long. Hiking and biking trails are well marked with a distance of 50km. The most significant natural attractions near Pecka are: Canyon and sources of the river Sana, Pliva river sources, rainforest Janj and mountains: Dimitor, Vitorog, Klekovača and Šator, all about 2000 meters above sea level.
The Visitor Center is located underneath the rock climbing base. This Center is the starting and ending point for picnics, climbing, bicycle riding, hiking in the highlands of Krajina and meeting with the guides. The main aim of this Center is to provide information to visitors about the routes, tourist attractions, local food producers, accommodation, etc. The Center owns adequate infrastructure, parking places for visitors as well as catering facilities.
Facts about Pecka
The biggest free climbing area in the region; The karst sources of the river Sana; More then 50km of climbing and mountbiking routes; Estavelle Mračaj; This area is rich with more then 365 clear water springs; Numerous arheological sites from the Roman period; Pecka Rock climbing festival that occurs every year in May
www.greenways.ba

Nearby attractions
The most significant nearby attractions are the Sana River springs (three carst springs) only 6km away with estavelle Mračaj, the Pliva River springs and Eco Zone of Zelenkovac, only about 15km away.
Ethno-museum in the Eco Zone of Zelenkovac – Podrašnica, Mrkonjić Grad It is accommodated in two wooden houses, architecturally typical for this area with artifacts and tools that used to be in use. A part of exhibits is in and about the central building of the Eco Zone. There is neither working hours nor payment of entrance fees.
www.zelenkovac.org
Northern part of Ozren Mountain is well-networked thanks to the forest trails and gravel and asphalt roads that enable simple motor vehicle access to the most significant control points. Therefore, tourists are privileged to combine routes according to their affinities. But one thing is sure; wherever you head for, or whichever route you pick, you will enjoy in beech, pine and oak groves, dominant peak viewpoints, abundance of mountain-water flows, and springs of which some are highly therapeutic.
This mountain is situated in the eastern part of the Republic of Srpska. It has been known since ancient times as an air spa, and it takes one of the leading places in Europe thanks to its ozone amount. Peak called Velika Igrista (1405m), many caves, lakes and ski center are well connected with marked walking and hiking trails. Nature lovers will enjoy century old beeches, groves of fir, sycamore and pine, as well as endemic specie of Serbian spruce. This area is also wellknown as „Mountbiking Park Javor” region with marked more then 120km of tracks. The trails are covered in a clear and straightforward way. The distances are accurately measured using GPS and the ride along trails should be a simple and pleasant experience.
Orjen Range – This mountain massif is located in the south-east, and its highest peak, being situated in the neighboring Montenegro, reaches 1894 above sea level. The highest Orjen peak at the territory of Republic of Srpska, at the same time being the highest spot of Trebinje municipality, is called Jastrebić (1865m). One of the most attractive and beautiful peaks of Orjen mountain is Vucji zub (1805), which is a favorite destination of climbers and other fans of nature.

Leotar – Heading towards north, one will reach the top of Leotar Mountain. The highest peak reaches 1200 meters above sea level and provides an incredible townscape view which stretches forward to the Adriatic Sea. Due to terrain and favorable winds, this mountain is an ideal place for paragliding, and is becoming more often visited by the fans of this sport.

Bjelasnica – Having reached the peak of the Bjelasnica mountain range, called Motka (1395m) you will be welcomed by an amazing view stretching down to Popovo polje and Trebišnjica sumo which will seem as if observed from the clouds, across the open sea, Dalmatian islands and mountain ranges. In order to experience the full enjoyment of this view, we recommend you to climb it in winter or spring, or after the rain, when the skies above Herzegovina and Montenegro are „cleared“ by bora.
Trebinje & Surrounding Area

Situated in the utmost south of the Republic of Srpska, town of Trebinje remains the place of sunlight, wine and planetree. This town of Herzegovina is surrounded by mountains Orjen, Leotar and Bjelasnica, and is a genuine challenge for climbers and nature lovers.
LAND adventures

Mountain Safety

General mountain safety should include a first kit, maps and extra warm gear. The higher altitude mountain ranges can experience drastic temperature changes. Most water sources are perfectly safe for drinking. A guide is highly recommended.
National Park Kozara

FEEL THE GREEN

The overall length of marked mountain and biking trails in Kozara reaches 300 kilometers. Due to road network, land structure and attractive terrain, Kozara can be climbed up from all directions, which will take you through the most beautiful landscapes of Kozara Mountain.

ROUTE Transversal named „Through Kozara Peaks“

ASCENT: 1570m
DURATION: 2 days or 14 hours
LENGTH: 44km
SEVERITY: Medium
INFO: Mountaineering Club PAOK, Banja Luka
E-MAIL: paokbanjaluka@yahoo.com

Start: Mostanica Monastery situated 12 kilometers from town Kozarska Dubica*

Description: Manastir Moštanica (190) – Pašini konaci (650m) – Mrakovica (806m) – Šupljikovac (652m) – Gola planina (876m) – Planinarski dom Previja (760m) – Lisina (the highest peak of Kozara mountain – 978m) – Gugunova glavica (841m) – Potkozarje (Ivanjska), on the road Banja Luka – Prijedor

The trail runs next to Gumlin, one of the most wonderful sites of Kozara NP, where one can find a rocky lookout, a cave, and a 200m long and 50m high canyon made by Bijela Voda rivulet. The whole landscape makes a special impression to visitors. Dense forest, sporadic meadows, pastures and numerous cold, drinkable water springs make an integral part of the transversal. The view from the peak of Gola Mountain stretches all the way to Republic of Croatia, towards towns of Prijedor and Banja Luka, fish pond Saničani (the largest one in BiH), and onward to nearby mountains Grmec, Klekovaca, Ozren, Vlasic, Vitorog and Velebit in neighboring Croatia (160km of air distance).

*There is a possibility of hiring professional guide service or organized transportation from/to start/end point.

ROUTE Mrakovica Green path

ASCENT: 850m
DURATION: 5 hours
LENGTH: 16.5km
SEVERITY: Medium
INFO: National Park Kozara
E-MAIL: info@npkozara.com

Mrakovica (806m) – Benkovac (700m) – Zečiji Kamen (667m) – Kotlovača (490m) – Kozarački kamen (668m) – Bešića poljana (784m) – Glavuša (793m) – Gavrin kalem (750m) – Mrakovica (806m).

The trail goes through Sports and Recreation Center Benkovac, over the Zečiji kamen where there is an adapted climbing area. The part of the trail alongside the Zečiji kamen is encompassed by Kozara single waterfall that reaches 15 meters in height. Here one can find numerous caves which are not recommended for visitors due to difficult approach. Further ahead, the trail passes through a deciduous and evergreen forest going up to Kozaracki kamen, and a picturesque landscape, continuing to Besica poljana where there is an observation point providing a full enjoyment of the environmental view.

Event: On the occasion of marking „Spring Day“, it is traditionally organized a climb on Kozarački kamen (called „A greeting to spring“)

ROUTE Mrakovica hiking trail (806m above sea level)

DURATION: 1.5 hours
LENGTH: 4km
SEVERITY: Easy
INFO: National Park Kozara
E-MAIL: info@npkozara.com

Being circular in shape, this trail goes through Mrakovica, around Memorial zone, all the way through a deciduous and evergreen forest. Besides the numerous springs of drinkable water, it is also rich in feedlots for roe deer which usually come to pick up some food from it in wintertime. All the way along the trail there are resting points, as well as board panels showing interesting facts about natural and cultural/historical values of Kozara NP.
**ROUTE**  
**Hiking trail Gola planina**  
**STARTING POINT:** Mrakovica 806m  
**DURATION:** 2 hours  
**LENGTH:** 7km  
**SEVERITY:** Medium  
**INFO:** National Park Kozara  
**E-MAIL:** info@npkozara.com

Mrakovica – Gola planina: Mrakovica (806m) – Šupljikovac (652m) – Gumline (520m) – Kriva strana (723m) – Vinogreč (816m) – Gola planina (876m)

The route begins in Mrakovica and leads to the highest peak of the National Park Kozara, Gola planina, offering a magnificent view. The trail passes by the Gumlin, one of the most beautiful parts of the National Park Kozara. Dense forests, meadows, pastures and numerous sources of drinkable water will make the experience complete.

**ROUTE**  
**Hiking trail Kozarački kamen**  
**STARTING POINT:** Mrakovica 806m  
**DURATION:** 2 hours  
**LENGTH:** 9km  
**SEVERITY:** Easy  
**INFO:** National Park Kozara  
**E-MAIL:** info@npkozara.com

Mrakovica – Kozarački kamen: Mrakovica (806m) – Gavrin kalem (750m) – Glavuša (793m) – Bešića poljana (784m) – Kozarački kamen (658m)

Through picturesque landscapes trail leads you to the Bešića poljana point, there you can find a viewpoint from which you can enjoy the view of the surroundings. The trail continues through the forest to Kozarački kamen – a point which offers an exceptional panoramic view of the surroundings. As you enjoy the magnificent view and landscapes, you will see how nature is magnificent.

**ROUTE**  
**Hiking trail Zovik – Benkovac**  
**STARTING POINT:** Zovik 412m  
**DURATION:** 1 hour  
**LENGTH:** 3km  
**SEVERITY:** Easy  
**INFO:** National Park Kozara  
**E-MAIL:** info@npkozara.com

Zovik (412m) – Zečji kamen, waterfall (480m) – Jankovića groblje (620m) – Jankovića kamen (672m) – Benkovac (650m) – Oljačino kućište (648m)

From the main road toward Mrakovica, path in length of 400m takes you to the site of Zečji kamen (“The Rabbit stone”) with beautiful waterfall. On this site there is a nice climbing rock, which is also the point from which you can enjoy the view of the mountain. The route passes by Jankovića kamen (Jankovic stone) one of the most beautiful views in the park and ends at the resort Oljačino kućište where you can take a break on the benches.

**ROUTE**  
**Hiking trail Moštanica Monastery**  
**STARTING POINT:** Mrakovica 806m  
**DURATION:** 4 hours  
**LENGTH:** 15km  
**SEVERITY:** Difficult  
**INFO:** National Park Kozara  
**E-MAIL:** info@npkozara.com

Mrakovica (806m) – Vodičko raskršće (500m) – Pašini konaci (650m) – Moštanica Monastery (190m)

Interesting sights: The route is passing by Moštanica river and Orthodox Monastery Moštanica

**ROUTE**  
**Hiking trail Starenica**  
**STARTING POINT:** Mrakovica 806m  
**DURATION:** 3 hours  
**LENGTH:** 7.5km  
**SEVERITY:** Easy  
**INFO:** National Park Kozara  
**E-MAIL:** info@npkozara.com

Mrakovica (806m) – Dolinac stream – Starenica River – Rajkovići (275m)

80% of the trail passes by Dolinac stream and Starenica river including numerous wooden bridges. The trail passes through a beautiful forest and passes by a little church. It is one of the most beautiful trails in the Kozara National Park.

Marks: Trails from II – VII along the entire length is marked by vertical, green signs of National Park Kozara.

**ROUTE**  
**Hiking trail „Potkozarske stope”**  
**DURATION:** 7–10 hours  
**LENGTH:** 10.2km  
**SEVERITY:** Easy  
**INFO:** Tourist organization Kozarska Dubica  
**WEB:** www.turizam-kd.com

Interesting sight: Trail leads to the church of St.Ilija, where is a source of drinking water. By the local myth the blind hajduk washed his face here and after that he returns his vision. After that event he raised this church in the 19th century. The second part of the trail is marked by a distance of 5300m from the site of Svetinja toward a Housefarm of family Banjac, known winegrowers and producers of white wines, here you can enjoy wines and domestic manufacturers of cheese and ham.
EVENTS

**“A greeting to spring”**, hiking (Rajkovići – Kozarački kamen – Bešića poljana – Mrakovica)
MORE INFO: info@pdklekovaca.org

A traditional mountaineering event held in March every year. It gathers around 1500 mountaineers from different countries.

**“Winter youth march”** – is held in January every year within an event “winter days in Kozara”. A hiking route is changed every year so mountaineers can enjoy different landscapes and terrains.
MORE INFO: kes.albatros@gmail.com

**Kozara Mountain marathon**
(climbing, athletic and cycling marathon)
MORE INFO: PAOK Banja Luka
E-MAIL: paokbanjaluka@yahoo.com

This marathon includes 6 hiking trails whose length is 5km, 10km, 15km, 35km, 60km and 100km. Start point is Mountain hut „Previja“ (760m). When: Second weekend in September with a possibility of providing accommodation in the camp or mountain hut.
Duration: two days.

**8th March Lisina Climb** (Lisina – Kozara’s highest peak), recommended throughout the whole year.

ASCENT: 920m
DURATION: 6h
LENGHT: 20km
SEVERITY: Medium
MORE INFO: PAOK Banja Luka
E-MAIL: paokbanjaluka@yahoo.com

Start: Bistrica village, Main road Banja Luka – Prijedor
Description: Bistrica village – Pavici hamlet – Okruglica – Cvijici hamlet – Lisina peak (1483m) – MH in Previja (760m) – Berici hamlet – G. Lamovita, 2.5km from the road Banja Luka – Prijedor (270m)

**Autumn Orienteering championship** – every year in autumn period we organize an international orienteering competition on Kozara Mountain, Banja Luka region and Slatina area. All competitors are provided with 1:2500; 1:7500 map
MORE INFO: PAOK Banja Luka
E-MAIL: paokbanjaluka@yahoo.com

**TOUCH THE SKY**
Something for more experienced and eager for greater challenge

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**National Park Sutjeska**
INFO: +387 65 467 043

**ROUTE Donje Bare – Vilinjak peak**
DURATION: 5h
LENGHT: 3km
SEVERITY: Easy

Donje Bare Lake (1483m) – Vilinjak Peak (1677m) – Donje Bare Lake
Start point of the trail is reached by a terrain vehicle; it is 20km far from Tjentiste, a NP central point. This is an easy trail, not too demanding, and therefore recommended for the youngest climbers.

**ROUTE Donje Bare – Vidikovac Borić (1481m)**
DURATION: 1h
LENGHT: 2km
SEVERITY: Easy
INFO: National Park Sutjeska

Donje Bare Lake (1483m) – Vidikovac Borić – Donje Bare Lake
Start point of the trail is reached by a terrain vehicle; it is 20km far from Tjentiste, a NP central point. This is an easy trail, not too demanding, and therefore recommended for the youngest climbers. If arranged with National Park, it is possible to organize the transportation from/to start/end point.
*Recommended offer: guide – led hiking*
Zelengora, Volujak and Maglić
THE HIGHEST BIH PEAK (2386m)

Zelengora, a mountain with vast forest and pastures, rocky moun-
tain tops, rich flora and fauna and its nine gorgeous lakes, is right-
fully called the most beautifull mountain in Republic of Srpska/BiH.

On this route you will experience true nature and beauty of Zeleng-
oras lakes.

*We recommend an organized, guide-led hiking in a period from
May to September

<table>
<thead>
<tr>
<th>ROUTE</th>
<th>Zelengora Lakes</th>
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<tr>
<td>DURATION</td>
<td>3 days or 9h</td>
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<td>E-MAIL</td>
<td><a href="mailto:info@npsutjeska.net">info@npsutjeska.net</a></td>
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Donje Bare Lake (1483m) – Gornje Bare Lake (1500m – Javorak (1650m) – Sedlo (1700m) – Bregoč vrh (2014m) – Lake Orlovačko (1440m) – Lake Borilovačko (1500m) – Štirinsko lake (1677m) – Lake Kotlaničko (1514m) – Borovno Brdo (1880m) – Lake Orlovačko (1440m)

<table>
<thead>
<tr>
<th>ROUTE</th>
<th>Zelengora Peaks</th>
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<tr>
<td>DURATION</td>
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<td>LENGTH</td>
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<td><a href="mailto:info@npsutjeska.net">info@npsutjeska.net</a></td>
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Donje Bare (1483m) – Planinica peak (1724m) – Dobra vrh (1820m) – Uglješin Vrh (1859m) – Lake Gornje Bare (1500m) – Lake Donje Bare

Volujak is on the border with Montenegro. One side is very steep
glass slope, and other is an impresive rocky and inaccessible
mountain range.

Suha (Jelovača 1069m) – Vratnica (1628m) – Tiholjica (1660m) –
Badač (vrh Volujaka 2243m) – Tiholjica – Vratnica – Jelovača –
Suha.

*It is recommended to take a terrain vehicle from Tjentište to start
point Suha (24km). This trail is intended for highly prepared climb-
ers. A part of the trail from Tiholjice to Badač peak (2243m) is par-
ticularly demanding. We recommend National park Sutjeska profes-
sional guides and visit in period from May to September.

<table>
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<tr>
<th>ROUTE</th>
<th>Volujak transversal</th>
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<td>10 hours</td>
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<td>SEVERITY</td>
<td>Medium – Difficult</td>
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<td>INFO</td>
<td>Mountaineering association Volujak</td>
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<tr>
<td>E-MAIL</td>
<td><a href="mailto:pd.volujakgacko@gmail.com">pd.volujakgacko@gmail.com</a></td>
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</table>

Tjentište (550m) – Borovno (730m) – Dragoš Sedlo (1200m) –
Lokve Demčevište (1600m) – Maglić (2386m) – Lokve Demčevište –
Dragoš sedlo – Borovno – Tjentište

Climbing Maglić is one of the greatest climbing challenges. This
trail is highly demanding which requires good physical condition.
We recommend services of an National Park Sutjeska profesional
guide.

<table>
<thead>
<tr>
<th>ROUTE</th>
<th>Maglić – „Poštarev put“</th>
</tr>
</thead>
<tbody>
<tr>
<td>DURATION</td>
<td>8 hours</td>
</tr>
<tr>
<td>LENGTH</td>
<td>16km</td>
</tr>
<tr>
<td>SEVERITY</td>
<td>Difficult</td>
</tr>
<tr>
<td>INFO</td>
<td>National Park Sutjeska</td>
</tr>
<tr>
<td>E-MAIL</td>
<td><a href="mailto:info@npsutjeska.net">info@npsutjeska.net</a></td>
</tr>
</tbody>
</table>

Tjentište (550m) – Borovno (730m) – Dragoš Sedlo (1200m) –
Lokve Demčevište (1600m) – Maglić (2386m) – Lokve Demčevište –
Dragoš sedlo – Borovno – Tjentište

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<table>
<thead>
<tr>
<th>ROUTE</th>
<th>Prijevor – Maglić – Prijevor</th>
</tr>
</thead>
<tbody>
<tr>
<td>DURATION</td>
<td>6 hours</td>
</tr>
<tr>
<td>LENGTH</td>
<td>4km</td>
</tr>
<tr>
<td>SEVERITY</td>
<td>Difficult</td>
</tr>
<tr>
<td>INFO</td>
<td>National Park Sutjeska</td>
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</tr>
</tbody>
</table>

Prijevor (1668m) – Maglić (2386m) – Prijevor
The start point is reached by a vehicle from Tjentište that is located
20km from it. It is possible to have organized tours, if so arranged
with NP Sutjeska. This trail is recommended for the brave climbers
eager for a special challenge with a special climbing gear. Due to
probable rockfalls, number of participants per groupe is limited to
6 people. We recommend services of a professional guide and tour
with mountenering club.

<table>
<thead>
<tr>
<th>ROUTE</th>
<th>Primeval Forest Peručica</th>
</tr>
</thead>
<tbody>
<tr>
<td>DURATION</td>
<td>3.5 hours</td>
</tr>
<tr>
<td>LENGTH</td>
<td>12km</td>
</tr>
<tr>
<td>SEVERITY</td>
<td>Medium</td>
</tr>
<tr>
<td>INFO</td>
<td>National Park Sutjeska</td>
</tr>
<tr>
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</tr>
</tbody>
</table>

Dragoš Sedlo (1250m) – Peručica (the largest primeval forest in Eu-
rope) – Suha (Sutjeska river canyon)
The starting point is reached from Tjentište, 10km.

*Number of participants is limited while passing through Peručica.
**ROUTE** Suha – Volujak 2294m

**DURATION:** 4 hours  
**LENGTH:** 11km  
**SEVERITY:** Hard  
**INFO:** National Park Sutjeska  
**E-MAIL:** info@npsutjeska.net

Suha (650m) – Suški potok – Jelovača (1069m) – Vratnice (1628m) – Stoca (1985m) – Badnjine (2243m) – Volujak (2294m)  
We recommend services of a professional guide and tour with mounteering club.

**ROUTE** Prijevor – Lake Trnovačko

**DURATION:** 1,5h  
**LENGTH:** 4km  
**SEVERITY:** Easy  
**INFO:** National Park Sutjeska  
**E-MAIL:** info@npsutjeska.net

Prijevor (1668m) – Lake Trnovačko (1513m)  
The lake is situated on the territory of Montenegro, but very near to the borders of the narrow area of the Sutjeska National Park, at the foot of the southwestern slopes of Maglić, Volujak and Bioč.

**ROUTE** Prijevor – Suha

**DURATION:** 2h  
**LENGTH:** 6km  
**SEVERITY:** Medium  
**INFO:** National Park Sutjeska  
**E-MAIL:** info@npsutjeska.net

Prijevor 1668m – Siljevac (1491m) – Tunjemir (1280m) – Suha  
This route is also for hikers in a good physical condition.

**ROUTE** Suha – Lake Trnovačko

**DURATION:** 4h  
**LENGTH:** 14km  
**SEVERITY:** Medium  
**INFO:** National Park Sutjeska  
**E-MAIL:** info@npsutjeska.net

Suha – Suva jezerina (1357m) – Lake Trnovačko (1513m)  
Good physical condition, hiking with caution and appropriate footwear.

**EVENTS**

**Climb to Maglić on St. Vitus’s Day (Vidovdan)**  
MORE INFO: www.focaravajuce.org

**Date:** Last weekend of June  
It is probably the most massive and most attractive hiking activity. The activity is organised under the sponsorship and in cooperation with the Hiking Association of Republic of Srpska. Hundreds of hikers participate in this activity every year. The climb usually happens on the last weekend in June. The climb lasts for three days, Friday, Saturday and Sunday.

**OK Fest**  
Music festival fusion with outdoor activities such as organized hikings, raftings...  
MORE INFO: www.okfest.net

**Date:** July  
**Goal:** To revive NP Sutjeska, bring back youth from entire region to this natural fantastic environment. Beside the rich music program in which home and regional bands take part, there will be educational and entertaining zones organized.

**Blueberry days**  
MORE INFO: www.focaravajuce.org

**Date:** August  
Blueberry days are traditional and yearly held in the first week of August. The goal of the manifestation is Foca’s tourism potentials promotion, primarily NP Sutjeska and also other destinations where participants can pick blueberries, forest fruits and medical herbs. Parallel with this manifestation, Mountaineering association Zelengora organizes activity called Zelenogora lakes, which lasts 4 days. At the end of activity participants of both manifestations gather and exchange opinions.

**Vrbas Adventure Resort**  
THROUGH HISTORY LANES

**Mountain Rescue Service Banja Luka**  
INFO: +387 66 345 112

**TRANSVERSAL**  
Alongside Kočić Trails

**ASCENT:** 1680m  
**DURATION:** 16h  
**LENGTH:** 55km  
**SEVERITY:** Easy – Medium  
**INFO:** Banja Luka Tourist Board, Mountaineering Club PAOK, Banja Luka  
**WEB:** www.banjaluka-tourism.com  
**E-MAIL:** paokbanjaluka@yahoo.com

On this route you will be welcomed by many attractive landmarks: a natural stone bridge, cascades and mills on Krupa River, Krupa Monastery, Krupa River sources, cave named Strikina pećina, me-
**Banja Luka Transversal**

**DURATION:** 3h  
**LENGTH:** 27 km  
**SEVERITY:** Easy  
**INFO:** Banja Luka Tourist Board  
**WEB:** www.banjaluka-tourism.com

Banja Luka – Banj brdo – Šeher/Srpske Toplice – Suturlija – Šibovi – Banja Luka

**Krupa na Vrbasu**

**DURATION:** 4h  
**LENGTH:** 12 km  
**SEVERITY:** Easy – Medium  
**INFO:** Banja Luka Tourist Board  
**WEB:** www.banjaluka-tourism.com

Krupa na Vrbasu – Strike – Greben – Krupa na Vrbasu  
**Landmarks:** cascades and mills on Krupa River, Krupa Monastery, Krupa river sources, a cave named Strikina pećina and Greben ruin.  
*Profesional guide services and transportation from/to start/end point.

**Tisovac**

**DURATION:** 6–7h  
**LENGTH:** 25 km  
**SEVERITY:** Easy  
**INFO:** Banja Luka Tourist Board  
**WEB:** www.banjaluka-tourism.com

The start point is in Krupa na Vrbasu, and trail continues over the bridge in the village Krmine alongside the slopes of Tisovac Mountain.  
**Landmarks:** log cabin church in Krmine  
*Profesional guide services and transportation from/to start/end point.

**Slatina History Trail**

**DURATION:** 2.5h  
**LENGTH:** 6 km  
**SEVERITY:** Medium  
**INFO:** Mountaineering Club PAOK, Banja Luka  
**E-MAIL:** paokbanjaluka@yahoo.com

**Landmarks:** Route is passing by the biggest stone globe in Bosnia and Herzegovina with 2 m in diameter and 10 ton weight is situated in the vicinity od Slatina village center. In the attractive forest environment, half buried in the brook which runs dry during the summer, it is attractive destination for walkers. Its origin has not been discovered yet for which there are a lot of theories and beliefs. Also one of the interesting sites is national monument an Old wooden church – brvnara made in the shape of „march“ at the length of 2.5 km.

**River Vrbas Canyon**

**DURATION:** 5h  
**LENGTH:** 19 km  
**SEVERITY:** Easy  
**INFO:** Mountaineering Club PAOK, Banja Luka  
**E-MAIL:** paokbanjaluka@yahoo.com

Restaurant Ada – Kameni Most (Stone Bridge) – Kovačevići – Podoči – Poljice – Rekavice  
**Landmarks:** This route is attractive because it’s passing through the river Vrbas canyon with several great panoramic views. Also in the route vicinity there is Ethno village and museum Ljubačevo. Also it is possible to visit ruin Zvečaj, medieval fortress above river Vrbas.

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**Tara River**

**DURATION:** 3–4h  
**LENGTH:** 8 km  
**SEVERITY:** Easy  
**INFO:** Rafting center „Tri Vodenice“  
**WEB:** www.tararafting.net  
**E-MAIL:** info@tararafting.net

Departure from the camp in morning with off-road vehicles towards Meštrevac, a village on the edge of the canyon of Tara. Hiking along the edge of the canyon, overlooking the river Tara from a height of nearly 1,000 meters and Mount Durmitor, Piva Mountain, in the distance Maglić, Volujak and Bioc.

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**Jahorina Mountain & Surrounding Area**

**Mountain Rescue Service Banja Luka**  
**INFO:** +387 66 333 000

**Jahorina Mountain Blue Trail**

**ASCENT:** 633 m  
**DURATION:** 4h  
**LENGTH:** 12.5 km  
**SEVERITY:** Medium  
**INFO:** Tourist Organization of City of East Sarajevo  
**WEB:** www.turizam-isa.ba

It has a circular route on the relation the Jahorina Mountain Hotel – Lokvanska vrela – Ogorjelica 1 – The Jahorina Mountain hotel. The trail has been called „blue“ not only for the fact that it can be easily crossed, but also because of the numerous springs bypassed trail and highlighted in blue toponyms in the map, starting with spring of Prača, the Stajnski, Lokvanski and javorov spring, to the spring of Durmitor above the strap of forest in the vicinity of the Banj Glava rock.
**Jahorina Mountain Green Trail**

**ASCENT:** 472 m  
**DURATION:** 3h  
**LENGTH:** 9km  
**SEVERITY:** Easy  
**INFO:** Tourist Organization of City of East Sarajevo  
**WEB:** www.turizam-isa.ba

The Jahorina Mountain green trail is circular route, on the relation the Bistrica Hotel – Hladilo belvedere – Božića spring – Poljice – Bistrica Hotel.

The category name „green“ is founded on a low level of technical severity and on the both deciduous and evergreen forest encompassing it. The green trail also bypasses a very old maple forest from the northern side of the Great Javor peak (maple tree – javor, which gave the name to the mountain, later „turkeycised“ into Jahorina) connecting Jahorina to Ravna planina.

**Jahorina Mountain Red Trail**

**ASCENT:** 16km  
**DURATION:** 5h  
**LENGTH:** 16km  
**SEVERITY:** Difficult  
**INFO:** Tourist Organization of City of East Sarajevo  
**WEB:** www.turizam-isa.ba

**Pećina Orlovača (cave) – Novakova pećina (cave), Romanija**

**ASCENT:** 480m  
**DURATION:** 3.5h  
**LENGTH:** 15km  
**SEVERITY:** Medium – Difficult  
**INFO:** Tourist Organization of City of East Sarajevo  
**WEB:** www.turizam-isa.ba

Orlovača cave is located on a hill Orlovača, in the village Sumbulovac – municipality of Pale. The length of the cave channels is about 2500 meters, while for tourist visits of the available channels of 560 meters. It has a rich and varied cave jewelry and the cave is an important paleontological site.

**Pale – Novakova pećina (cave), Romanija**

**ASCENT:** 830m  
**DURATION:** 4h  
**LENGTH:** 13km  
**SEVERITY:** Medium – Difficult  
**INFO:** Tourist Organization of City of East Sarajevo  
**WEB:** www.turizam-isa.ba

This trail starts from a hunting lodge on Majdani or a mountaineer’s lodge in Stajna only 4–5km from Pale. A neatly marked mountain path gives way to the cave. First it takes you to Novakovo vrelo, the legend says that if you wash your face with the water from this spring you will become five years younger. The path to the cave is marked and fortified with cables.

**Vitorog**

Multicolored and diverse flower and medicinal herb species are spread all around this area, while higher altitudes hide even some endemic species. Two type of climate can be distinguished at the top of Vitorog, continental and Mediterranean one, a phenomenon that can be experienced at a very small distances of even 10 to 15 meters. This is a place visited by tourists eager for adventure and staying in unspoiled nature.

**Walk Through the Canyon of Sokočnica River**

**ASCENT:** 4–6h  
**DURATION:** 7km  
**LENGTH:** 7km  
**SEVERITY:** Medium  
**INFO:** Tourist Organization of Šipovo  
**WEB:** www.sipovo-tourism.com

Route: Sokograd – Sokolačka pećina – Pliva River mouth

Mountaineers are frequent guest here; the trail is challenging but very interesting and rich in cascades, rocky areas, waterfalls and beautiful landscapes which are worth to visit.

Landmarks: Sokolac cave, located at 575m very interesting archaeological site and habitat for a very rare species of bat. Beside Sokolac cave you can enjoy visiting medieval historical landmark, Sokograd fortress.
River Janj and its Canyon are a protected natural resort of the Republic of Srpska. Canyon slopes are steep, rising up directly from the riverbed and reach 150–200 meters in height. The Canyon is composed of Mesozoic limestone and remains an extraordinary attraction for tourists. Besides its stunning beauty, it also hides, carved in a rock, one of the oldest Roman monuments. **Landmarks:** River Janj spring with cascades and River Island Pecka Region & Sana River If you try to imagine 50 km ride or hiking on different terrain with diverse natural resources it would be good to try this route. With a little bit more than 600m of ascent and beautiful surrounding it will give you great pleasure for one day ride or hiking. If you are not in hurry it will be better for you to feel all beauty of nature, hospitality of local people and indulge your gurman senses.

Dimitor

Dimitor has two trails marked. One leads from Zelenkovac, over Kozija strana, while other starts at Štrbina to the top of Dimitor.

Sana

Greenways association have marked trails from Pecka village to all Sana River Springs which are positioned in true and pretty inaccessible wilderness. Association ‘Greenways’ gather experienced nature lovers, mountaineers who can, as guides, take groups to other destinations as well, even where trails are not marked. They also have great experience in cooking in nature.

**Hiking Route**

**Walk Along the River Janj Canyon**

**Duration:** 4–6h  
**Length:** 8km  
**Severity:** Medium  
**Info:** Tourist Organization of Šipovo  
**Web:** www.sipovo-tourism.com

**Ozren Mountain**

Northern part of the Ozren Mountain is divided into two cycling – hiking routes which enable combination of shorter routes. The terrain is thoroughly marked. It is possible to have a professional guide and transportation to start point and it is highly recommended to pay a visit to appealing village homes and other historical locations.

**Educational Trail**

„Meet the Ozren Through Walk“

In the section of the route Goransko jezero – SRC Preslica, there is an educational trail. This trail takes us through vivid forestry landscapes of the small canyon of Jošavka stream and contains fact-panels introducing geography, hydrography, flora, fauna, ecology, history, culture, customs and recreational and tourist attraction of Ozren mountain.

**Route**

**Doboj – Gostilj (773m) – Kraljica**

**Duration:** 1 hour  
**Length:** 1.8km  
**Severity:** Easy  
**Info:** Tourist organization of Doboj  
**Web:** www.doboj-turizam.com

**Doboj – Goransko jezero (lake) – Preslica – Gostilj – Velika Ostravica – Kraljica**

**Route**

**Doboj – Okolišta – Kraljica**

**Duration:** 8 hour  
**Length:** 35km  
**Severity:** Easy – Medium  
**Info:** Tourist organization of Doboj  
**Web:** www.doboj-turizam.com, www.ozren.org

**Doboj – Striježevica – Okolišta – Rajčevo – Brezici – Kraljica**

**Route**

**Honey and Wine Trail**

**Duration:** 8–10 hours  
**Length:** 35km  
**Severity:** Easy – Medium  
**Info:** Ozren outdoor association  
**Web:** www.ozren.org

**Doboj – Gornja Paklenica – Okolišta – Ostravica peak – Brezici – Doboj**

This trail is designed as a one-day trip, easy recreational walk that includes visits to rural tourism households and best tasting Ozren products – honey and blackberry wine. Transport from Doboj was organized to start in the village of Gornja Paklenica where we visit tourist Marušić and try medicinal wine from blackberries, further road leads through Okolišta to the highest peak Ozren Ostravica (1918m) with a beautiful view, continue towards eco-center „Pčelica“ on Brezice where you can try honey from Ozren and return the same path at the start.

**Events**

**Ozren marathon** – is big hiking event which take place every year in June. The trails are divided according to the length as: trail of satisfaction (5km); small marathon (20km); central marathon (50km); big marathon (100km).

**More Info:** Tourist organization of Doboj, Ozren outdoor association  
**Web:** www.doboj-turizam.com, www.ozren.org

Baraći – Springs of Sana River

**Landmarks:** Cave Mračaj is situated in Donja Pecka, a few hundred meters downstream from the spring of the Sana, on its right side. It is an active hydrological cave in which water is constantly present. There are certain assumptions that it is a hydro – logical phenomenon known as estavellé. **Temple of Holy Prophet Elijah** – for this church in Donja Pecka is related the legend of the so-called „flyover“ church. According to this legend, the church was located on a nearby plateau known as Crkvina, but during the night the church was flyover to place where it stands now. This is also one of the oldest temples in this region that in recent years was fundamental restored.

The river Sana is known for its pure and cold water, coming out from the earth in three different springs, in one of them water flows from the cave. Come and discover those magic places, during a pleasant walk through the hills and typical landscapes of rural Bosnia.
“Tea day on Ozren” – this is hiking event dedicated to collecting herbs Iva, held every year in early September, which is traditionally celebrated on Gostilji one of the most beautiful peaks on Mount Ozren. Mountaineering Club Preslica celebrated this weekend through a range of activities: climb to Gostilj, competition in mountaineering orientation. These trail passes through different locations on Ozren where you will enjoy in nature, including the very top Gostilj (773m), and the old village Konopljišta with exceptional architecture of the house more hundred years.

**Javor Mountain**

**ROUTE** Vlasenica – Pjenovac

**DURATION:** 5 hour  
**LENGTH:** 15 km  
**SEVERITY:** Medium  
**INFO:** Tourist Organization of Vlasenica  
**WEB:** [vlasenica-turizam.org](http://vlasenica-turizam.org)

The trail starts at the location „cave“(1000m), in the main road Vlasenica – Sarajevo, goes through the most beautiful section of Javor mountain and ends in Pjenovac (950m). Suitable for all ages.

**ROUTE** Velika Igrišta Climb (1450m)

**DURATION:** 3 hour  
**LENGTH:** 10 km  
**SEVERITY:** Medium  
**INFO:** Tourist Organization of Vlasenica  
**WEB:** [vlasenica-turizam.org](http://vlasenica-turizam.org)

The trail starts at the location called „Ružina voda“ 1200m, continues up to the highest peak of Vlasenica municipality, and leads to ski center and other natural and cultural attractions of Javor Mountain.

**ROUTE** Visit to Skakavac Waterfall

**DURATION:** 5 hour  
**LENGTH:** 15 km  
**SEVERITY:** Medium  
**INFO:** Tourist Organization of Vlasenica  
**WEB:** [vlasenica-turizam.org](http://vlasenica-turizam.org)

The route starts in Vlasenica and is marked with the mountain trails which lead to Skakavac waterfall (890m) and other antural and cultural attractions.

**ROUTE** Vlasenica Transversal

**DURATION:** 5 hour  
**LENGTH:** 15 km  
**SEVERITY:** Easy  
**INFO:** Tourist Organization of Vlasenica  
**WEB:** [vlasenica-turizam.org](http://vlasenica-turizam.org)

The trail starts at the location „Izzero“ (550m) in Vlasenica, continues to the church, dated from the end of 19 century, in Rudšte village and Vrelo waterfall, goes forward over the saddle Baćkovac which has two peaks, then leads to the Šeković and ends up at beautiful Lovnica Monastery from XIV century.
**National Park Kozara**

Off the main road to Mrakovica, 500 meters long path leads to „Zečiji kamen“, one of the most beautiful locations in National Park Kozara. Waterfall, rock-gazebo and a free-climbing rock „Zečiji kamen“ represent the special attraction.

**HEIGHT:** 10 – 60m, 21 routes

**GRADES:** VI – Vll+ INFO: National Park Kozara

**E-MAIL:** info@npkozara.com

All routes are made with bolts of stainless steel 10x80 and anchorages. Within the climbing area there are benches where you can relax and enjoy the beautiful surroundings of the National Park Kozara.

**Vrbas Adventure Resort**

Region Vrbas Adventure Resort offers numerous climbing sites, well-prepared routes – routes of all types and difficulties. Organizer provides the transportation to the selected climbing location and return, as well as the necessary equipment: belt, rope, quickdraws, pear-shaped carabiner, magnesium bag and basic trening.

**MORE INFO:** Tourist Organization of City of Banja Luka

**E-MAIL:** www.banjaluka-tourism.com, www.extremebl.com

**EVENT**

„Drill and Chill Festival“ is climbing event held every year in September in river Vrbas canyon. The festival is conceived around the idea of connecting people, sharing experiences, skills and knowledge among the climbers.

**MORE INFO:** www.drillandchillfestival.com, www.extremebl.com

**Pecka Region & Sana River**

Pecka is the largest sport climbing area located in the municipality of Mrkonjić Grad on the road Mrkonjić Grad – Glamoč next to the small village of Pecka. A true and authentic rural setting! It has about a 100 routes, with the potential for at least a hundred more. The rock configuration is rather unusual, made of many pores and different intakes providing various and interesting climbing. Access to the rocks is ideal, as well as the surroundings environment. The Visitor Center Pecka is at about 2km from the climbing area that can provide the entire necessary infrastructure for pleasant stay of both climber and other visitor.

**HEIGHT:** 15–25m

**GRADES:** Mainly between 5 and 7c (up to 9a)

**EVENT**

Pecka Rock Climbing festival – Pecka is host to the annual international climbing festival

**MORE INFO:** Climbing club Extreme, www.extremebl.com, Greenways association www.greenways.ba
Kozara Mountain and National Park

There are three mountain bike trails created and marked in the area of the Kozara National Park. Above-mentioned trails will provide all fans of excitement and adrenaline and hilly rides with not only enjoyment of riding a two wheeler but also enjoyment of the Kozara National Park natural beauties. The diversity of plants and animals, forest complexes, viewpoints, glades, brooks and dynamic relief will make your ride more attractive. The trails can be used by both recreational and professional mountain biking fans for the purpose of training and competitions. All trails are marked with vertical, yellow bike signs.


| ASCENT     | 2,867m |
| LENGTH     | 74.5km |
| SEVERITY   | Difficult XCM |
| LOWEST POINT | 223m |
| HIGHEST POINT | 956m |
| TYPE OF SURFACE | asphalt and macadam roads, dirt roads, skid roads and hiking trails |
| INFO       | National Park Kozara |
| WEB        | www.npkozara.com |


| ASCENT     | 202.5m |
| LENGTH     | 45.3km |
| SEVERITY   | Difficult XCM |
| LOWEST POINT | 270m |
| HIGHEST POINT | 956m |
| TYPE OF SURFACE | asphalt and macadam roads, dirt roads, skid roads and hiking trails |
| INFO       | National Park Kozara |
| WEB        | www.npkozara.com |

BIKING ROUTE Kozara Cycling Route

LENGTH: 30km
SEVERITY: Easy
TYPE OF SURFACE: Macadam and asphalt
DIRECTION: NP Kozara – Monastery Moštanica – Kozarska Dubica

Along the route blue cycling signs such as road signs and boards with the maps of the route have been placed. The route mostly runs through the Kozara National Park and a beautiful landscape consisting of deciduous and coniferous forests and the river Moštanica valley. Four rest areas and three springs are situated along the route connecting the Kozara National Park and the Moštanica monastery. Cyclists can refresh themselves at springs located in Mrakovica, Jojin bunar and Kojinac.

Kozara cycling route is a part of 60km long international route which connects the Kozara National Park, Mostanica, Kozarska Dubica, Jasenovac and the Lonjsko polje Nature Park in Croatia.

Sutjeska National Park


Direction: The trail starts at the Tjentište to the canyon Hrčavka (12km), continues next 6km to the lake Donje Bare (1450m). This bike tour includes a return to the canyon Hrčavka and further to the Dobri dol 1440 (length 13km). Trail length of Dobri Dol to Ljubin grob (1600m) is 4km. The path continues along the Black and White Lake to Stari katun 3km (1600m). The trail continues to the summer pastures avidez (1500m) and its length is 4km and the trail continues down to the stream and Džafer joins the macadam road Kalinovik – Zelengora. The last part of the course is to Orlovačko Lake (1500m) and is about 4km in length. On Orlovačko lake there is a hunting lodge and a camping place.

You can rent a bike in Tjentište Info Center.

On the location Stari katun (1600m) in the authentic ambience during summer season visitors can buy dairy products in this mountain hut (Katuń)
Vrbas Adventure Resort

Vrbas Adventure Resort offers a challenge on the bike.

**Sightseeing points:** the Krupa Monastery, Krupa river spring, mills and waterfalls on the river Krupa, the fort „Greben“, log cabin church „Brvnara“, church Klisina, the birthplace of famous writer Petar Kočić, Manjača lake and many others. There is possibility to rent a bike and an expert guide.

**BIKING ROUTE** Karanovac – Rafting Center „Canyon“ – Tisovac – Kameni most – Krupa na Vrbasu (waterfall)

| ASCENT  | 1137m |
| SEVERITY: | Medium |
| LOWEST POINT: | 189m of altitude |
| HIGHEST POINT: | 76m of altitude |
| TYPE OF SURFACE: | asphalt and macadam |
| INFO: | Banja Luka Tourist board |
| WEB: | www.banjaluka-tourism.com |

**Sightseeing points:** waterfall and canyon of river Švrakava, St. Ilija church, stone bridge, the Krupa Monastery, spring of river Krupa, mills and waterfalls on the river Krupa, the fort „Greben“, wooden church („Brvnara“).

**BIKING ROUTE** Krupa na Vrbasu – Stričići – Dobrnja

| ASCENT  | 975m |
| SEVERITY: | Medium |
| LOWEST POINT: | 216m of altitude |
| HIGHEST POINT: | 905m of altitude |
| TYPE OF SURFACE: | asphalt and macadam |
| INFO: | Banja Luka Tourist board |
| WEB: | www.banjaluka-tourism.com |

**BIKING ROUTE** Banja Luka – Krupa na Vrbasu – Tisovac – Karanovac – Banja Luka

| LENGHT: | 66.5km |
| SEVERITY: | Medium – Difficult |
| LOWEST POINT: | 164m |
| HIGHEST POINT: | 590m |
| TYPE OF SURFACE: | asphalt |
| INFO: | Banja Luka Tourist board |
| WEB: | www.banjaluka-tourism.com |

**Jahorina Mountain**

Mountbiking trails in the arms of intact forest areas of East Sarajevo, and Jahorina, Romanija and Trebević Mountains. This is the experience of the highest environmental and biological diversity that each visitor value, but also as an opportunity for relaxation and active holidays.

**MTB ROUTE** Vraca – Dvorišta – Tilava

| ASCENT  | 1086m |
| SEVERITY: | CES 4/10 |
| LOWEST POINT: | 559m |
| HIGHEST POINT: | 1402m |
| TYPE OF SURFACE: | asphalt and macadam |
| INFO: | Tourist organization of East Sarajevo, MTB.ba |

**MTB ROUTE** Vraca – Jahorina – Pale – Sarajevo

| ASCENT  | 1690m |
| SEVERITY: | CES 1/10 |
| LOWEST POINT: | 590m |
| HIGHEST POINT: | 1547m |
| TYPE OF SURFACE: | asphalt |
| INFO: | Tourist organization of East Sarajevo, MTB.ba |
Šipovo Surroundings

Select a trail which best fits you and you are ready to go. The path and markings will lead you exactly the way you are supposed to go, and the only thing that remains for you is to follow them and enjoy the scenery that passes slowly by your side. All trails are characterized by fresh and clean air, numerous places and lookouts suitable for breaks and taking pictures, or for enjoying a picnic, with great chances that it will be accompanied by birds' song, chirping of crickets, as well as the freshness in the thick shade in which you get settled. We recommend you labeled and marked trails, with distances from 8 up to 55km, and variety of ascents and levels of difficulty.

BIKING ROUTE T1 Šipovo

| ASCENT: | 851m |
| LENGTH: | 5.49km |
| SEVERITY: | Medium to Difficult |
| LOWEST POINT: | 433m |
| HIGHEST POINT: | 886m |
| TYPE OF SURFACE: | asphalt and macadam |
| INFO: | Šipovo Tourist board |
| WEB: | www.sipovo-tourism.com |


The first marked route circles around nearby villages in forested hilly and mountainous areas with the total distance of 55km. Don’t let this discourage you; this is only one of the trails, the longest one.

BIKING ROUTE T2

| ASCENT: | 953m |
| LENGTH: | 4.9km |
| SEVERITY: | Medium |
| LOWEST POINT: | 930m |
| HIGHEST POINT: | 930m |
| TYPE OF SURFACE: | asphalt |
| INFO: | Šipovo Tourist board |
| WEB: | www.sipovo-tourism.com |

Direction: Šipovo – Todorći – Mujžići – Babin Do – Šipovo

The second trail is significantly shorter. With the distance of 43km, the trail passes through picturesque landscapes and villages of the Janj area, one of two specific geographical areas within the Šipovo municipality.

BIKING ROUTE T3

| ASCENT: | 354m |
| LENGTH: | 20km |
| SEVERITY: | Easy to Medium |
| LOWEST POINT: | 433m |
| HIGHEST POINT: | 687m |
| TYPE OF SURFACE: | asphalt |
| INFO: | Šipovo Tourist board |
| WEB: | www.sipovo-tourism.com |


If you wish to combine riding by the picturesque watercourse of the Pliva River with passing through the wavy landscapes of the Olići Lake and descending down the path along the Janj River, the ideal trail for you, in that case, is the third one. With the total distance of 20km as well as mild ascents, this trail follows the circular route that connects Šipovo, Dragnić, Olići, Donji Mujžići, Šipovo.

BIKING ROUTE T4 Pliva River Spring

| ASCENT: | 200m |
| LENGTH: | 8km |
| SEVERITY: | Easy |
| LOWEST POINT: | 377m |
| HIGHEST POINT: | 502m |
| TYPE OF SURFACE: | asphalt and macadam |
| INFO: | Šipovo Tourist board |
| WEB: | www.sipovo-tourism.com |

You can also set off on an 8km long trail towards the sources of the Pliva River. The trail has a very mild ascent and numerous interesting localities along the way which are ideal for breaks and taking pictures.

BIKING ROUTE T5 Šipovo – Jajce

| ASCENT: | 50m |
| LENGTH: | 2.6km |
| SEVERITY: | Easy |
| LOWEST POINT: | 22.6km |
| HIGHEST POINT: | 377m |
| TYPE OF SURFACE: | asphalt and macadam |
| INFO: | Šipovo Tourist board |
| WEB: | www.sipovo-tourism.com |

This trail leads you downstream for approximately 23km to Jajce and, while enjoying the view on the Pliva lakes along the way, as well as rich and diverse flora and fauna, in the end you will arrive to the place where Pliva falls into the embrace of the Vrbas River.

Pecka Region & Sana River

BIKING ROUTE Pliva River Springs

| ASCENT: | 702m |
| LENGTH: | 52.5km |
| SEVERITY: | Medium |
| LOWEST POINT: | 463m |
| HIGHEST POINT: | 878m |
| TYPE OF SURFACE: | asphalt and macadam |
| INFO: | Visitor center Pecka |
| WEB: | www.greenways.ba |

Visitor center Pecka – Gornja Pecka – Donja Pecka – Sana river springs

BIKING ROUTE Sana River Springs

| ASCENT: | 313m |
| LENGTH: | 20km |
| SEVERITY: | Easy |
| LOWEST POINT: | 419m |
| HIGHEST POINT: | 732m |
| TYPE OF SURFACE: | asphalt and macadam |
| INFO: | Visitor center Pecka |
| WEB: | www.greenways.ba |

Baraći – Springs of Sana River

*Biking trail to Sana river springs are the same as hiking route.*
Ozren Mountain

Ozren is a premier mountain for cross-country biking. While easily accessible from all its ends, it has various trails suitable for either recreation cycling or challenging downhill rides. The mountain is awash with vast green forests and breathtaking landscapes. Its peak is Ostravica, 918m above sea level. It is possible to reach innumerable attractions of the in a single day – lakes, healing thermo-mineral springs, panoramic vistas, picnic resorts, pristine mountain creeks and other fulfilling outdoor experiences. In addition to plush nature, Ozren has numerous cultural and religious suites worth visiting. The northern part has MTB and hiking signage on the main trails. Also, main MTB trails are GPS-trackable and described. All trails are on asphalt and macadam surface. For the remainder of trails, a guide is obligatory to ensure complete safety. Doboj Biking Club offers complete both logistic support and company for your cycling trips. A number of Ozren agrotourism households offer accommodations.

MORE INFO:
Ozren Outdoor
WEB: www.ozren.com

RECREATIONAL TRAIL Jezero (Doboj – Pridjel – Lake Goransko – Lipac – Doboj)
ASCENT: 485m
LENGHT: 29.29km
SEVERITY: Medium
LOWEST POINT: 147.7m of altitude
HIGHEST POINT: 381.8m of altitude

TOURIST ROUTE MTB (Doboj – Osojnica – Preslica – Lake Goransko – Lipac – Doboj)
ASCENT: 604m
LENGHT: 34.52km
SEVERITY: Easy to Medium
LOWEST POINT: 147.7m of altitude
HIGHEST POINT: 399.3m of altitude

ASCENT: 1103m
LENGHT: 69.75km
SEVERITY: Medium
LOWEST POINT: 147.7m of altitude
HIGHEST POINT: 638.9m of altitude

ROUTE Marathon Kraljica (Doboj – Okolišta – Rajčevo – Brezici – Kraljica – Monastery St Nikola – Petrovo – Doboj)
ASCENT: 1498m
LENGHT: 77.87km
SEVERITY: Medium
LOWEST POINT: 147.7m of altitude
HIGHEST POINT: 887.9m of altitude

ROUTE MTB Marathon Ostravica (Doboj – Okolišta – Ostravica – Brezici – Jadrina – Petrovo – Doboj)
ASCENT: 1289m
LENGHT: 76km
SEVERITY: Medium
LOWEST POINT: 147.7m of altitude
HIGHEST POINT: 928m of altitude

Javor Mountain

Area of Javor Mountain is marked with several trails with a total length of almost 70 kilometers, passing through the picturesque rural areas of interest and in terms of tourism. These areas are rich in cultural and historical sights, such as the medieval town Veledin and locations with tombstones.

MORE INFO:
Vlasenica Tourist Organization and Cycle club „KPL Vlasenica"
WEB: www.vlasenica-turizam.org

ROUTE Trail Grabovica
LENGHT: 26.07km
SEVERITY: Medium to Difficult
LOWEST POINT: 476m of altitude
HIGHEST POINT: 850m of altitude
TYPE OF SURFACE: Asphalt, macadam and hiking trail

Sightseeing points: Medieval fortress of Veledin, River Sedrica canyon, plenty of fresh water springs and sights of medieval tombstones.
ROUTE Trail Dolovi

LENGTH: 4.52km
SEVERITY: Difficult
LOWEST POINT: 1160m of altitude
HIGHEST POINT: 1282m of altitude
TYPE OF SURFACE: Macadam

Route is passing through the most beautiful areas of the mountain Javor, area rich in ozone.

ROUTE Trail Dolovi 1

LENGTH: 8.70km
SEVERITY: Medium to Difficult
LOWEST POINT: 1070m of altitude
HIGHEST POINT: 1282m of altitude
TYPE OF SURFACE: Macadam

ROUTE Trail Karavače

LENGTH: 3.97km
SEVERITY: Difficult
LOWEST POINT: 1153m of altitude
HIGHEST POINT: 1282m of altitude
TYPE OF SURFACE: Macadam

Sightseeing points: The route passes the most beautiful areas of the mountain Javor, area rich in ozone. Due to the proximity of the ski center „Igrišta“ possible descent down the ski slope (it is desirable to use pads for knees and elbows).

ROUTE Recreational Trail Rudišta

LENGTH: 29.1km
SEVERITY: Easy to Medium
LOWEST POINT: 375m of altitude
HIGHEST POINT: 793m of altitude
TYPE OF SURFACE: Asphalt and macadam

Sightseeing points: Waterfall Vrelo and old church with medieval thumstones nearby track.

ROUTE Recreational Trail Lijepa ravan

LENGTH: 3.40km
SEVERITY: Difficult
LOWEST POINT: 755m of altitude
HIGHEST POINT: 825m of altitude
TYPE OF SURFACE: Macadam

Suggestions: For most of the tracks it is mandatory to use mountain biking equipment. You can use the service of licensed guides from Mount biking club Vlasenica. Accommodation possible in several tourist farms with homemade cuisine and in hostel „Stara Škola“. All tracks are marked and well connected.

Trebinje & Surrounding Area


ASCENT: 2100m
LENGTH: 110km
TYPE OF SURFACE: asphalt and macadam
INFO: Tourist board Trebinje, Mountaineering Club „Vučji zub”

HILLY–MOUNTAINOUS ROUTE Trebinje – Mountain Leotar

ASCENT: 954m
LENGTH: 25km
TYPE OF SURFACE: asphalt and macadam
INFO: Tourist board Trebinje, Mountaineering Club „Vučji zub”

CYCLING TOUR Around the Town of Trebinje „Austro–Hungarian Roads”

ASCENT: 700m
LENGTH: 20km
TYPE OF SURFACE: macadam
INFO: Tourist board Trebinje, Mountaineering Club „Vučji zub”

A route connects several fortresses from the Austro–Hungarian period such as fortress Strač, Golo Brdo and Petrina.
Kozara Mountain
RECREATIVE SKI TRACKS
For skiing and snowboarding, there is 0.8km of slopes available. 2 lifts transport the guests. The winter sports area is situated between the elevations of 675 and 795m. The trails are equipped with modern snow groomers, which create ideal conditions for skiing. There is possibility of night skiing.

GENERAL SEASON: mid December – late March
CAPACITY: 15,000 skiers
INFO: Ski center Kozara „Ljubijski rudar”
WEB: www.kozaraski.com

Jahorina Mountain
HISTORY OF SKIING
Since ancient times, the natural benefits and privileges of the mountain meadows in this area were made available for the purpose of rest and recreation. The first skis in BiH came with Austro-Hungarian occupation of these territories; they were brought by Austrian soldiers and officers who used to ski in the Alps. Since then, the first mountaineering societies and clubs were founded, whose members, as part of their activities were engaged in skiing. One of the main goals of these societies was encouraging recreational stay in nature and excursion tourism. In addition to recreational and excursion sport, skiing becomes a competitive sport, ski clubs were established, various, competitions in winter sports were organized and first hotels and mountain lodges were built on the mountain Jahorina and later on the other mountains. The first competition in the downhill was held in 1939, and the first ski-lift in BiH was put into operation in 1953, also on Jahorina.

HEIGHT ABOVE SEA LEVEL: from 1020m to 1350m
LENGTH OF SKI RUNS: total 9km – blue 3km, red 4.9km, black 1.1km
CABLE CAR: 3 drag lifts, 1 baby lift
INFO: Tourist Organization of Vlasenica
WEB: www.vlasenica-turizam.com

Olympic Center of Jahorina has over 20 kilometers of perfectly prepared slopes with possibility of artificial snowing.
For photo safari lovers Republic of Srpska is an ideal place for enjoying in wonderful nature and wildlife. A visit to these places will be an amazing experience and great fun.

Sutjeska National Park

The beauty of this area is found, first of all, in a great diversity of landscape, lush valleys, thick forests, vast mountain pastures, up to high and rocky mountain tops. The National Park is home to a great diversity of flora and fauna with more than 2600 registered vascular plants, with a large percentage of endemic and rare species, rich and varied dendroflora, akvaflorom, and over 100 species of mushrooms and a real treasure of herbs and fruits of nature. Fauna of the Sutjeska is very rich and varied, ranging from a large number of invertebrates, especially of the order of butterflies (Lepidoptera), amphibians, reptiles and fish, 36 species and 18 families of mammals, and many species of birds makes this place a unique in Europe.

INFO:
National Park Sutjeska
www.npsutjeska.info
BEST SEASON FOR VISIT: Between May and October

PHOTOSAFARI
Feeding station „Kazani”
Distance: 60km from Tjentiste
Interesting sights: Habitat for mountain goats (goat-antelope or chamoix), watching the landscape, viewpoint of the Maglić and primeval forest Perućica, taking pictures from hunting stand, possibility of night photo-hunting (bear, wolf, fox).

PHOTOSAFARI
Feeding station „Sirova Gora”
Distance: 65km from Tjentiste
Interesting sights: Photosafari from the hunting stand, possibility of night photo safari (bear, wild boar, wolf, fox).

PHOTOSAFARI
Feeding station „Oteša”
Distance: 45km from Tjentiste
Interesting sights: Photosafari from the hunting stand, possibility of night photo safari (bear, wild boar, wolf, fox).

PHOTOSAFARI
Donje Bare – Belvedere Borić
Distance: 20km from Tjentiste
Interesting sights: Habitat for mountain goats (goat-antelope or chamoix), watching the landscape, viewpoint of the Maglić and primeval forest Perućica, mountain Volujak and Sutjeska river canyon.

PHOTOSAFARI
Viewpoint Beškita
Distance: 60km from Tjentiste
Interesting sights: Mountains Maglić and Volujak, primeval forest Perućica and Vilinjak.

PHOTOSAFARI
Lookout Prijevor
Distance: 20km from Tjentiste
Interesting points: Viewpoint on Mt Maglić, primeval forest Perućica and Mountain Volujak.

Šipovo Surrounding Area

To meet the life of beaver, bird of prey, the great place for photosafari and particularly for birdwatching fans is the area of Šipovo. Among the wildlife diversity, the most attractive are otters, which are extremely rare in Europe and they are protected species in BiH. Otter should be a real challenge for the photographer, because it is very timid and dives into the water at the slightest noise. Šipovo is habitat of a rare species in our region – the beaver on the river Sokočnica. Believe, with its masterpieces the beaver marvels every passer-by!

INFO:
National organization of Šipovo
www.sipovo-tourism.com
Best season for visit
Between May and October – The tours can be organized in the specified period with an expert guide.

Necessary Equipment
Backpack, 1l of water, hiking shoes and a camera (photocamera)

Trebinje & Surrounding Area

ROUTE
Orjen Massif and Bijela Gora

INFO:
Tourist organization of Trebinje, www.trebinjeturizam.com
Nomad Safari association www.bijelagora.com
Mountaineering Club „Vučji zub” Trebinje www.vucjizub.org

Dinaric feature and incredible variety of diverse landscapes: from glacial relic to breathtaking panoramas. These mountains offer endless opportunities for exploration and photography! For all photographers, passionate birdwatchers and nature lovers they organize group tours to Orjen, as well as to other mountain terrains in the area of Trebinje with licensed professional guides.
Safari route passes through wild, well-preserved nature on the direction of old caravan and nomadic trails. On safari can be seen the necropolis, enjoy observing wild birds or be familiar with the traditional preparation of meals and drinks (dried meat, tobacco, honey, cheese, pomegranate juice, wine and rakija, dried figs and prunes, herds of goats and sheep, ...).

This safari can be half day (40km away) for a period of 5 hours, day (100–180km) for 5–10 hours, or longer (180–300km), sleep in tents (sleeping bag, mattress) including meals.
1 Kozara Mountain and National Park

ROUTE: Along the Kozara Hills
LENGTH: 20 km
DURATION: 3 h
EQUIPMENT: riding hats and helmets and gilets
INFO: The Equestrian Club “Paddock”
WEB: www.kk-paddock.com

The Equestrian Club “Paddock” is situated in Barlovci, not so far from Banja Luka, on a private estate of 6000 m² in size, in a peaceful and natural ambiance.

Activities of the Equestrian Club Paddock are horse-riding school, sports trainings, recreational horse-riding, terrain horse-riding and horse boarding.

2 Sutjeska National Park

ROUTE: Around Zelengora Mountain and Glaciar Lakes
LENGTH: 4.5 – 5 km
DURATION: 4 h
EQUIPMENT: riding hats and helmets and gilets
DIRECTION: Zelengora Mountain, Pasna poljana (1400m), Crno Ibjelo jezero (lakes), Vifers and Otesa waterfall
INFO: Rafting Club TARASPORT
WEB: www.tarasportrafting.com, info@tararaftingriver.com

More Info: Start point is from the mountain meadow Pašna poljana (1400 m), the vast plateau that is located in the heart of the mountain Zelengora, ride continue along glaciar lakes (Black, and White Lake). With an experienced guide, horseriding continue along mountin valleys, from which you have a beautiful view of all the surrounding mountain peaks Bobotov kuk, Maglić and Volujak, green valleys and fragrant forests.

3 Vrbas Adventure Resort

ROUTE: Leisure Trail Čokorska polja
LENGTH: 10 km
DURATION: 2 h
EQUIPMENT: riding hats and helmets and gilets
INFO: The Equestrian Club “Čokorska Polja”
WEB: www.kkcokorskapolja.com

ROUTE: Medium Čokorska polja
LENGTH: 20 km
DURATION: 4 h
EQUIPMENT: riding hats and helmets and gilets
INFO: The Equestrian Club “Čokorska Polja”
WEB: www.kkcokorskapolja.com

ROUTE: Daily Riding Tour (Full riding day including meal and short breaks)
LENGTH: 45 – 50 km
DURATION: 1 day
EQUIPMENT: riding hats and helmets and gilets
INFO: The Equestrian Club “Čokorska Polja”
WEB: www.kkcokorskapolja.com

Interesting points: Village Piskavica as an open air museum of Kozara ethno with exhibition of ethnic objects that were once used in the region. For organized visits to local residents organized theatrical presentations customs and tasting local gastronomic specialties. Gomionica Monastery with its church dedicated to the Presentation of the Virgin at the Bronzani Majdan (42 km west of Banja Luka), dates from before 1536.

Equestrian Club “Čokorska Polja” is located at about 10 km west from the center of Banja Luka. The Equestrian Club “Čokorska Polja” welcome riders of all levels from beginners through to advances and many other activities such as leisure rides, riding school, sport riding (dressage and show jumping), walk on the pony, carriage ride, horse boarding and team building.

Six tracks for field horse riding in the length of 10 to 15 kilometers are at your disposal. The Equestrian Club “Čokorska Polja” owns 10 horses.
WILD WATER 

Two amazing rivers – Vrbas and Tara

A unique natural environment and organized offer of an active vacation enable one to experience in full river flows and rapids, beauty of diverse flora, as well as sightseeing of interesting cultural heritage. Lead by well-trained skippers, you will experience unforgettable moments going down the most beautiful parts of canyons of Vrbas and Tara rivers which appear to be top rafting destinations nowadays.
Vrbas Adventure Resort

ROUTE Basic rafting
LENGTH OF DESCENT: 9km
DURATION: 1120min

ROUTE Advance rafting
LENGTH OF DESCENT: 15km
DURATION: 1180min

ROUTE Strong rafting
LENGTH OF DESCENT: 21km
DURATION: 2440min

ROUTE Night rafting
LENGTH OF DESCENT: 5km
DURATION: 60–80min
INFO: Banja Luka Tourist Board
WEB: www.banjaluka-tourism.com

For the all lovers of canoeing, going down the river is organized on the same route.

ROUTE Zvečaj – Karanovac
LENGTH OF DESCENT: 5km
DURATION: 60–80min
SEVERITY: 3˚

ROUTE Novoselija – Kayak Center
LENGTH OF DESCENT: 5km
DURATION: 60–80min
SEVERITY: 2–3˚

ROUTE Srpske Toplice – Kayak Center
LENGTH OF DESCENT: 3km
DURATION: 25–50min
SEVERITY: 2˚
INFO: Banja Luka Tourist Board
WEB: www.banjaluka-tourism.com

Sightseeing Banja Luka from the water
LENGTH: 3km
DURATION: 30–40min
MAX PERSON PER BOAT: 3
MORE INFO: Dajak club Banja Luka
WEB: www.dajak.org, dajak.klub@gmail.com

Sightseeing points: Enjoy Banja Luka from a particular angle and explore the river Vrbas through this unique Banjaluka boat tour. Boarding is at the Kastel fortress in the city center, and then sailing continues under the City Bridge, Green Bridge and old mills. Daily tours are available with several boats with skippers, as well as the ability to learn the skills of dajak sailing with instructors from Dayak club.

Rafting includes rafting equipment: neoprene suits, safety vests, life jackets, neoprene shoes, helmets, paddles. Overnight in camps. Professional guide during the rafting. Organized transportation to the starting point. Meals on request, according to the wishes of participants.

Did you know: In this area World Rafting Championship was held in 2009. Championship brought together competitors from five continents, 35 countries, 56 teams. In 2015 City of Banja Luka and river Vrbas hosted European Rafting Championship and Wildwater Canoeing Senior European Championships.
Tara River

Difficulty level of rafting on the scale for Tara River is from 3-5 level, during the annual period, which means that the rafting tours never go without a professional skipper and complete equipment. Rafting season on Tara takes over whole year. Difficulty level increases at the beginning of the year, reaches its maximum usually in March and April, when is also the largest water level and then proportionately with water level falling by the end of the summer.

WHEN IS THE MOST ATTRACTION PERIOD FOR TARA RAFTING? The answer to this question is ALWAYS! Maximum of adrenaline is in April, May and June, but with decreasing water level in July, August and September some of the rapids are disappearing, but new and equally attractive rapids appears which you could not see during the high water level period so that means that Tara always offers something new and we often say that you can never flow on this same river twice.

ROUTE Brštanovica – Bastasi (river Tara and Drina)
LENGTH OF DESCENT: 20km
DURATION: 4 to 5 hours (depending of water levels)
*During the rafting, breaks are made for swimming...

ROUTE Šljivansko – Bastasi (river Tara and Drina)
LENGTH OF DESCENT: 80km
DURATION: 2 or 3 days (depending of water level)
*During these two or three days an overnight stay is organized in the camps

The most interesting sights: The shortest river in Europe – „Ljutica“, Bridge Djurdjevica Tara, numerous waterfalls and the most interesting one „Bajlovića siqa“ coming from the cave and flows through the 15 meter high waterfall into the Tara river.

ROUTE Brštanovica – Foča (river Tara and Drina)
LENGTH OF DESCENT: 35km
DURATION: 1 or 2 day
*Break at Bastasi with lunch

ROUTE Brštanovica – Šćepan polje (river Tara and Drina)
LENGTH OF DESCENT: 18km
DURATION: 3-4h (depending of water level)
*This is the most attractive rafting section of the Tara River with more then 25 rapids (rapids, waterfalls) 3-5 rafting difficulty level.

ROUTE Šljivansko – Šćepan polje (river Tara and Drina)
LENGTH OF DESCENT: 80km
DURATION: 2 or 3 days
MORE INFO: Tourist Organization of Foča
WEB: www.focaravajuce.org

*Rafting clubs providing equipment: neoprene suits, safety vests, life jackets, neoprene shoes, helmets, ropes. Also they provide service of filming with go pro camera.

During rafting with well equipped rafting boats and licensed and experienced skippers you can rest, go swimming and fishing or just enjoy in tasteful food of our region. For those looking for adventure and adrenaline junkies most rafting clubs and camps can offer in addition to rafting an additional outdoor activities such as hiking, mountaineering, canyoning, horseback riding, photosafari, jeep safari and many others, because of the beautiful nature and the proximity of the National Park Sutjeska this will be an extraordinary experience.
ROUTE Through the Nevidio Canyon
LENGTH: 3.5 km
DURATION: 2–4h
MORE INFO: Rafting camps «DIVLJA RIJEKA» and »TARA SPORT»

ROUTE Through the River Hrčavka Canyon
LENGTH: 5 km
DURATION: 4h
MORE INFO: Rafting camps «DIVLJA RIJEKA» and »TARA SPORT»

ROUTE Brštanovica – Rafting camps “DIVLJA RIJEKA” and “TARA SPORT”
LENGTH: 15 km
DURATION: 1h – 5h
MORE INFO: Rafting camps «DIVLJA RIJEKA» and »TARA SPORT»

*Rafting clubs providing equipment: neoprene suits, safety vests, life jackets, neoprene shoes, helmets, ropes. Also they provide service of filming with go pro camera.

ROUTE Trebišnjica River Safari
LENGTH OF DESCENT: 5 km
DURATION: 1.5–2h
CAPACITY: 2 – 8 persons

ROUTE Lake Gorica
LENGTH OF DESCENT: 10 km
DURATION: 3h
CAPACITY: 2–8 persons
MORE INFO: Adventure Trebinje
E-MAIL: petazasad@yahoo.com, Fb AdventureTrebinje Trebinje

*Guide and canoe rental optional.

Sightseeing points: This route passes under 5 bridges among which the most famous is the Arslanagica bridge. Also there are 4 rapids and descent with moderate difficulty and can be undertaken with little or no prior experience to enjoy in canoeing.

Surrounded by Beauty
SKY adventures

Glider

With a flying instructor you get your gear on and sit in a tandem paraglider or glider, the adrenaline starts to ruffle and the adventure starts. A beautiful panoramic view of our country with the attractive surrounding opens in front of you. Here you will feel the relaxation and complete freedom, like a bird. All you need to bring is high footwear that protects the joints (trekking shoes), clothing depends on weather conditions, sun glasses and other equipment is provided by the organizer.
**Kozara Mountain and National Park**

**SAILPLANE Panoramic flight**
- **LOCATION:** Prijedor/Kozara
- **TYPE:** Sailplane
- **ALTITUDE DIFFERENCE:** 500 – 2000m
- **DURATION:** 0.5h to 1h (possibility of short flights)
- **INFO:** Aeroclub Prijedor
- **WEB:** www.jedrilicariprijedor.com

**ROUTE Adrenalin Flight**
- **LOCATION:** Prijedor/Kozara
- **TYPE:** Sailplane
- **ALTITUDE DIFFERENCE:** 0–600m
- **DURATION:** 15min
- **INFO:** Aeroclub Prijedor
- **WEB:** www.jedrilicariprijedor.com

*Note: Aeroclub Prijedor is providing services of panoramic flights with different types of light sport airplanes.*

**Vrbas Adventure Resort**
- **INFO:** Banja Luka Tourist board
- **WEB:** www.banjaluke-tourism.com, www.airdrenaline.rs.ba

**LOCATION**
- **Manjača (Grčka gradina)**
  - **TAKE-OFF ALTITUDE:** 999m
  - **COORDINATE:** 44.61.880 N/16.95.484 E
  - **ALTITUDE DIFFERENCE:** 350m
- **Krmine (Krupa na Vrbasu)**
  - **TAKE-OFF ALTITUDE:** 450m
  - **COORDINATE:** 44.62.647 N/17.16.027 E
  - **ALTITUDE DIFFERENCE:** 250m
- **Čemernica (Bočac)**
  - **TAKE-OFF ALTITUDE:** 1339m
  - **COORDINATE:** 44.52.084 N/17.21.341 E
  - **ALTITUDE DIFFERENCE:** 1100m
- **Lisina (Mrkonjić Grad)**
  - **TAKE-OFF ALTITUDE:** 1400m
  - **COORDINATE:** 44.39.435 N/17.04.394 E
  - **ALTITUDE DIFFERENCE:** 730m
- **Sinjakovo (Mrkonjić Grad)**
  - **TAKE-OFF ALTITUDE:** 1100m
  - **COORDINATE:** 44.34.811 N/17.13.618 E
  - **ALTITUDE DIFFERENCE:** 605m

**SKYDIVING BANJA LUKA**
**Tandem jump from 3000 meters**
- **LOCATION:** Zalužani – Banja Luka
- **INFO:** Skydive Banja Luka
- **WEB:** www.skydivebanjaluka.com

**Jahorina Mountain & Surrounding Area**

**PARAGLIDING Paragliding tandem, Jahorina**
- **LOCATION:** North side of Jahorina
- **TAKE-OFF ALTITUDE:** 1750m
- **COORDINATE:** 43.7791/18.3814
- **DURATION:** 12–15min
- **ALTITUDE DIFFERENCE:** 890m
- **INFO:** Aeroclub SOKO
- **E-MAIL:** mikipale@yahoo.com

**Description:** Paragliding activities are practiced in moderate weather conditions, with a north wind directions. The passenger in a tandem paraglider received basic instructions before the flight and requires no previous knowledge. Flights take place at an average height of 300m above the ground.

**Equipment:** Passengers in tandem should have adequate clothing, sunglasses and deeper footwear is desirable.
Mount Ozren has exceptional conditions for paragliding, especially in spring and summer when the heat flows; leading to the base of the cloud, reach a height of over 2500 meters, which allows paragliding that often, lasts for several hours, with flight length of tens of kilometers.

At the Ozren Mountain on location Igrišta, there is a base of club „Paraghost“, which begins to revive unique Sporting youth center adrenaline and tourism. Services offered by the Centre are: The school of paragliding, guiding and recreational paragliding, and tandem paragliding for those who have no experience in paragliding and want to experience the magic of free flight, free climbing (climbing under the supervision), and hiking, caving and other outdoor activities.

LOCATION  Ozren/Gostilj
TAKE-OFF ALTITUDE: 773m
COORDINATE: 44.39.370 N/18.110.57 E
ALTITUDE DIFFERENCE: 550m

LOCATION  Ruj
TAKE-OFF ALTITUDE: 553m
COORDINATE: 44.37.401N/18.60.570 E
ALTITUDE DIFFERENCE: 370m

LOCATION  Biser glava – Očauš Mountain
TAKE-OFF ALTITUDE: 1192m
COORDINATE: 44.30.350 N/17.38.240 E
ALTITUDE DIFFERENCE: 800m
INFO: Paragliding club „Paraghost“
E-MAIL: paragost@gmail.com

* These are three take-off sites for different wind directions (except the east). Possible take off of more paragliders at the same time. It is possible to get to the take-off site with a terrain vehicle.

EVENT
Ozren Paragliding Air race, august
INFO: Paragliding club „Paraghost“
E-MAIL: paragost@gmail.com
MORE INFO: Paragliding club „Paraghost“
WEB: www.dobojturizam.com

Trebinje & Surrounding Area

PANORAMIC TANDEM FLIGHTS, Trebinje

Start is facing south. It is also suitable for the beginners. 2–3 wings could take off simultaneously. Exceptional conditions give the possibility of flight in all directions. Start is located above the town of Trebinje, a 15-minute drive from downtown.

LOCATION  Gljiva
TAKE-OFF ALTITUDE: 1014m n/v
ALTITUDE DIFFERENCE: 750m
COORDINATE: 42.734.99N/18.373.81E
INFO: Tourist Organization of Trebinje, Adventure Trebinje
WEB: www.trebinjeturizam.com
E-MAIL: petazasad@yahoo.com
Republic of Srpska with its mountainous terrain, narrow canyons, folds and beautiful karst fields provides the perfect conditions for biking. While slowly cruising with your two wheels darling the fantastic landscapes is opening in front of you. If you do not like just non-stop driving and you are a fan and occasional stops to see what more interesting and we will keep you advised where best to stop. Numerous restaurants, rest areas, shelters or traditional hotels and motels are located at each of the recommended routes so do not worry. Also you have the support and AMS RS that will ensure that your ride pass safely. We recommend that you comply with the restrictions and follow the signs! We wish you a safe ride and WelCome!

ROUTE 1 West to South  
(Croatia – Republic of Srpska/BiH)

ROUTE 2 Krajina to Herzegovina  
(Republic of Srpska/BiH – Montenegro)

ROUTE 3 Southeast of Srpska  
(Republic of Srpska/BiH – Croatia)

ROUTE 4 Old caravan trails (South–East of Republic of Srpska/BiH – Serbia)
Renew yourself at these charming farms. Tucked away in an unspoilt corner of our country, that offers fresh air, harmony, stunning countryside, the country lodges and mounting huts are perfect for truly relaxing getaway! Delicious traditional and organic cuisine can be provided. The accommodation capacity is ideal for team groups like: hikers, bikers and other recreational enthusiast.
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