Discover your
ADVENTURE
REPUBLIC OF SRPSKA
**Facts**
Location: Republic of Srpska
Area: 25,053 km², or 49% territory of Bosnia and Herzegovina
Population: around 1.400,000
Official languages: Serbian, Croatian and Bosnian
National parks: two
The highest peak: Maglić, 2386 m above sea level
Time zone: GMT+1 hour
Currency: Convertible Mark – 1 EUR = 1.95KM

**Climate**
Mediterranean and alpine influences meet and create different types of climate in a relatively small area. In the south weather is warm, sunny and dry, with very mild winters. In the more continental areas summers are generally warm, occasionally hot, cool springs and autumns, and cold winters with considerable snowfall. The alpine climate rules the mountain terrains of the high Dinaric Alps above 1700 meters.
The average temperature in January is -1°C and in July is 20°C

**Path sign**
Most mountain and other paths in the Republic of Srpska are marked with a round sign, which consist of white circle and red lining. It has been used from 1922, when it was introduced by the mountaineer Alojz Knafelc to uniform the paths signs. The sign is called Knafelc’s sign after its creator.

**Traveling in BiH**
More information on: www.mfa.ba
Public transport
Trains: [http://www.zrs-rs.com](http://www.zrs-rs.com) [http://www.zfbh.ba](http://www.zfbh.ba)

* Notice
Discount on ISIC card 🍃
Republic of Srpska is a magical land of mountains, valleys, fresh water streams and some of the last remnants of Europe’s old growth forests. Tucked into the heart of the Central Dinaric Alps this tiny country is a nature lover heaven. We invite you to come and discover our untouched corner of the world – to a friendly place that feels like home. Our crystal clear rivers will give you the thrill of your life and the amazing taste of Mother Nature.
Important facts about Kozara:

- Proclaimed as National Park in 1967, member of EUROPARC
- **Area:** 3520ha
- **Nickname:** ‘Green Beauty’
- Mrakovica – central part of Kozara (804m), with WWII Memorial
- **The highest peak:** Lisina (978m above sea level)
Kozara

Mountain and National Park

Being situated in the north-west of Bosnia and Herzegovina in the Republic of Srpska entity, Kozara National Park covers the central part of the eponymous mountain – Kozara. Providing enjoyable adventures in hiking, hunting, fishing or simple walking through unspoiled nature, Kozara represents an unavoidable destination of all eager for rest and recreation.
Important facts about Sutjeska:
Proclaimed as National Park in 1962, member of EUROPARC

**Area:** 17250ha

Tjentište – central part of Sutjeska, with WWII Memorial

**The highest peak:** Maglić
(2386m above sea level)
Sutjeska National Park

Extraordinary natural environment of Zelengora and Maglić mountain peaks, primeval forest called Perućica, attractive rivers and lakes, and the overall surrounding nature, make Sutjeska National Park a significant tourist destination for the fans of hiking, alpinism, rafting, and many other activities of an active vacation. Staying here is given a special touch by beautiful, glacial-originated, mountain lakes called “mountain eyes”, whose beauty and attractiveness provide this landscape with an excellent tourist appeal. Strictly protected natural resort, one of largest preserved ancient forests in Europe, primeval forest Perućica, is situated in the narrowest part of the Park. Seventy-five meter waterfall called Skakavac occupies the very heart of the forest.

Don’t miss Visit to the Sand Pyramids, a unique wonder of the nature, similar to those in Colorado or Djavolja Varoš in Serbia.

Did you know that Sand pyramids served as an attractive natural background for the movie “Winnetou” that was filmed in the sixties of the last century?
Don’t miss “Vrbas Adventure Resort” offers numerous adventurous activities: rafting, canyoning, mount biking, hiking, paragliding, diving, hydrospeed, canoe, climbing, as well as visit to the remains of medieval fortified cities.

Did you know Vrbas Adventure Resort known for the infrastructure that allows you to night-lit river rafting on the track, which makes it unique in Europe?

Vrbas River and its confluents
Vrbas is a fast mountain river marked with several foamy and wild sections, and rapid falls. It is ranked among some of the most attractive rivers in Europe marked with severity level 3-4. It makes two canyons – Tijesno canyon (5 km) and Podmilačje canyon (8km). Together with its confluents called Švrakava, Crvrcka and Ugar, this river remains one of the favorite destinations for adrenalin lovers. Length of this river used for adventurous water sports reaches 31 kilometers.
Vrbas Adventure Resort

Vrbas Adventure Resort is located in the southern part of Banja Luka territory. It comprises the midstream of Vrbas River between Banja Luka and Jajce, the mountains Manjača (peak Velika Manjača – 1,239m), Osmača and Tisovac and settlements Krupa na Vrbasu and Karanovac. The area stretches from north to south and takes 40 km in length and 30 km in width from east to west. In total, the area takes 800 km².

This area is rich in cultural and historical monuments, diverse plant and animal species, of which some are relics and endemic distinctive for canyon eco – systems. Due to high-quality water and rare fish species, the Vrbas Canyon has been under state protection since 1955.
Tara River is one of the most admirable rivers in Europe with 80 kilometer long canyon which is, with its 1,300 meters of depth, the deepest river canyon in Europe and the second one in the world (after Colorado River canyon). For all those eager for some adventure, there are rafting clubs that organize memorable rafting tours in this river and provide accommodation in camps at the very shore. Only through rafting the true anatomy of the canyon may be discovered, and all of its handwriting.
Jahorina Mountain belongs to the Dinara mountain range and remains the largest winter center in the Republic of Srpska. It is located 30 km southeast of Sarajevo. What it offers as a tourist attraction will satisfies those less in shape, as well as those ready take a real challenge or sports adventure. Besides Alpine skiing, Jahorina offers some other active vacation activities, such as extreme skiing, ski paragliding, motor ski sledge, snowboard, ice skating, walking, swimming pools, saunas, and different entertaining programs and sport competitions. Alongside ski paths, visitors can take a break and enjoy in the terraces of numerous restaurants and café bars. To make the picture complete, visitors are also made available many restaurants serving gourmet specialties and rich night life.
Šipovo

Surroundings

The view stretching from the Vitorog peak (1906 above sea level) represents one of the most stunning ones in the Republic of Srpska, and is an event experienced only by those who happen to be there. This mountain is famous for its flora and fauna diversity. Wild animals, such as brown bear, wolf or wild hog, or very rare bird species, such as Capercaillie, can be found here. River Janj and its Canyon are a protected natural resort of the Republic of Srpska. Canyon slopes are steep, rising up directly from the riverbed and reach 150-200 meters in height. Below the ancient Sokograd, all the way to the mouth of Pliva River, flows a rivulet called Sokočnica, making 10 kilometer long canyon and leaving behind a mysterious cave of Sokolac. This fabulous place, full of life, is a habitat for many animal species.
In Lisina mountain there is a state protected Mycological reservation containing 576 mushroom species. The reservation has an educational mushroom trail, one of the distinctiveness of this tourist offer, and at the end of September (last weekend) there is a traditional manifestation called “Days of mushrooms” that gathers mushroom lovers, and those keen on nature and good company.

**Important facts about Lisina:**

- **The highest peak:** Bandira 1467m above sea level
- **1300 species of mushrooms**
- **1000 plant species**
- **107 species of birds**
- **360 water springs**
Lisina Mountain & Surrounding Area

Situated 70 km from Banja Luka, near to Mrkonjić Grad, Lisina Mountain represents a smaller mountain range that is, due to its geological structure, rich in water, and flora and fauna diversity. It is the home of very rare species of mountain and black woodpecker. One of its residents is a very rare forest turtle. Lisina mountain is marked with mushroom growing paths, network of routes for mushroom exploration, as well as several mountain trails.
Northern part of Ozren Mountain is well-networked thanks to the forest trails and gravel and asphalt roads that enable simple motor vehicle access to the most significant control points. Therefore, tourists are privileged to combine routes according to their affinities. But one thing is sure; wherever you head for, or whichever route you pick, you will enjoy in beech, pine and oak groves, dominant peak viewpoints, abundance of mountain water flows, and springs of which some are highly therapeutic.
This mountain is situated in the eastern part of the Republic of Srpska. It has been known since ancient times as an air spa, and it takes one of the leading places in Europe thanks to its ozone amount. Peak called Velika Igrišta (1405m), many caves, lakes and ski center are well connected with marked walking and hiking trails. Nature lovers will enjoy century old beeches, groves of fir, sycamore and pine, as well as endemic specie of Serbian spruce.
Orjen Range
This mountain massif is located in the south-east, and its highest peak, being situated in the neighboring Montenegro, reaches 1894 above sea level. The highest Orjen peak at the territory of Republic of Srpska, at the same time being the highest spot of Trebinje municipality, is called Jastrebica (1865m). One of the most attractive and beautiful peaks of Orjen mountain is Vučji zub (1805), which is a favorite destination of climbers and other fans of nature.

Leotar
Heading towards north, one will reach the top of Leotar Mountain. The highest peak reaches 1200 meters above sea level and provides an incredible townscapes view which stretches forward to the Adriatic Sea. Due to terrain and favorable winds, this mountain is an ideal place for paragliding, and is becoming more often visited by the fans of this sport.

Bjelasnica
Having reached the peak of the Bjelasnica mountain range, called Motka (1395m) you will be welcomed by an amazing view stretching down to Popovo polje and Trebinjska suma which will seem as if observed from the clouds, across the open sea, Dalmatian islands and mountain ranges. In order to experience the full enjoyment of this view, we recommend you to climb it in winter or spring, or after the rain, when the skies above Herzegovina and Montenegro are “cleared” by bora.
Situated in the utmost south of the Republic of Srpska, town of Trebinje remains the place of sunlight, wine and planetree. This town of Herzegovina is surrounded by mountains Orjen, Leotar and Bjelasnica, and is a genuine challenge for climbers and nature lovers.
Land adventures

Mountain safety

General mountain safety should include a first kit, maps and extra warm gear. The higher altitude mountain ranges can experience drastic temperature changes. Most water sources are perfectly safe for drinking. A guide is highly recommended.
Kozara
FEEL THE GREEN

The overall length of marked mountain and biking trails in Kozara reaches 300 kilometers. Due to road network, land structure and attractive terrain, Kozara can be climbed up from all directions, which will take you through the most beautiful landscapes of Kozara Mountain.

TRANSVERSAL NAMED
Through Kozara Peaks

Start: Moštanica Monastery situated 12 kilometers form town Kozarska Dubica*

The trail runs next to Gumlin, one of the most wonderful sites of Kozara NP, where one can find a rocky lookout, a cave, and a 200m long and 50 m high canyon made by Bijela Voda rivulet. The whole landscape makes a special impression to visitors. Dense forest, sporadic meadows, pastures and numerous cold, drinkable water springs make an integral part of the transversal. The view from the peak of Gola Mountain stretches all the way to Republic of Croatia, towards towns of Prijedor and Banja Luka, fish pond Sanicani (the largest one in BiH), and onward to nearby mountains Grmeč, Klekovača, Ozren, Vlalić, Vitorog and Velebit in neighboring Croatia (160 km of air distance).

*Hiking route can be done in a reversed direction as well, from Potk ozarje (Ivanjska) to Moštanica Monastery.

This transversal is equipped with 7 seals placed at control points, transversal diary, and Kozara map with marked itinerary. All who successfully complete the route are awarded with a gold-plated badge.

Bike riders are recommended to take the same route, with a note that Mrakovica-Gola Mountain part of the route should go over Razboj.

*There is a possibility of hiring professional guide service or organized transportation from/to start/end point.

ROUTE Mrakovica Green path

ASCENT: 850m INFO: Mountaineering Club PAOK, Banja Luka
DURATION: 5 hours E-MAIL: paokbanjaluka@yahoo.com
LENGTH: 16.5km SEVERITY: Medium

The trail goes through Sports and Recreation Center Benkovac, over the Zečiji kamen where there is an adapted climbing area. The part of the trail alongside the Zečiji kamen is encompassed by Kozara single waterfall that reaches 15 meters in height. Here one can find numerous caves which are not recommended for visitors due to difficult approach. Further ahead, the trail passes through a deciduous and evergreen forest going up to Kozarački kamen, and a picturesque landscape, continuing to Bešića poljana where there is an observation point providing a full enjoyment of the environmental view.

Interesting: On the occasion of marking “Spring Day”, it is traditionally organized a climb on Kozaracki kamen (called “A greeting to spring”)

ROUTE Mrakovica hiking trail

(866M ABOVE SEA LEVEL)

DURATION: 1.5 hours INFO: NP Kozara
LENGTH: 16.5km E-MAIL: info@npkozara.com
SEVERITY: Easy

Being circular in shape, this trail goes through Mrakovica, around Memorial zone, all the way through a deciduous and evergreen forest. Besides the numerous springs of drinkable water, it is also rich in feedlots for roe deer which usually come to pick up some food from it in wintertime. All the way along the trail there are resting points, as well as board panels showing interesting facts about natural and cultural/historical values of Kozara NP.

EVENTS

*Kozara Mountain marathon (climbing, athletic and cycling marathon)

INFO:
Mountaineering Club PAOK
Banja Luka
E-MAIL:
paokbanjaluka@yahoo.com

This marathon includes 6 hiking trails whose length is 5km, 10km, 15km, 35km, 60km and 100km. Start point is Mountain hut “Previša” (760m). When: Second weekend in September with a possibility of providing accommodation in the camp or mountain hut. Duration: two days.
EVENTS
8th March Lisina Climb (Lisina – Kozara’s highest peak), recommended throughout the whole year.

Start: Bistrica village, Main road Banja Luka-Prijedor

ASCENT: 920m
DURATION: 6 hours
LENGTH: 20km
SEVERITY: Medium
INFO: Mountaineering Club PAOK, Banja Luka
E-MAIL: paokbanjaluka@yahoo.com

NP Sutjeska

ROUTE Donje Bare – Vidikovac Borić (1481m)

DURATION: 1 hour
LENGTH: 2 km
SEVERITY: Easy
INFO: NP Sutjeska
E-MAIL: sutjeska@teol.net

Donje Bare Lake (1483m) – Vidikovac Borić – Donje Bare Lake
Start point of the trail is reached by a terrain vehicle; it is 20km far from Tjentište, a NP central point. This is an easy trail, not too demanding, and therefore recommended for the youngest climbers.

*If arranged with NP, it is possible to organize the transportation from/to start/end point.

*Recommended offer: guide – led hiking
Zelengora, Volujak and Maglić

(THE HIGHEST BIH PEAK – 2386m)

Zelengora, a mountain with vast forests and pastures, rocky mountain tops, rich flora and fauna and its nine gorgeous lakes, is rightfully called the most beautiful mountain in BiH. On this route you will experience true nature and beauty of Zelengora lakes.

*We recommend an organized, guide-led hiking in a period from May to September.

ROUTE Zelengora Lakes

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Donje Bare Lake (1,483m) – Gornje Bare Lake (1500m) – Ugliješin vrh (1859m) – Javorak (1650m) – Sedlo (1700m) – Bregoč vrh (2014m) – Lake Orlovačko (1440m) – Lake Borilovačko (1500m) – Štirinsko Lake (1677m) – Lake Kotlaničko (1514m) – Borovno Brdo (1880m) – Lake Orlovačko (1440m).

ROUTE Zelengora Peaks

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Donje Bare (1,483m) – Planinica vrh (1,724m) – Dobra vrh (1,820m) – Ugliješin Vrh (1,859m) – Gornje Bare Lake (1,500m) – Donje Bare Lake

ROUTE Through Volujak trails

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Volujak is on the border with Montenegro. One side is very steep grass slope, and other is an impressive rocky and inaccessible mountain range. Suha (Jelovača 1069m) – Vratnica (1628) – Tiholjica (1660) – Badanj (Volujak peak 2243 m) – Tiholjica – Vratnica – Jelovača – Suha.

*It is recommended to take a terrain vehicle from Tjentište to start point Suha (12 km). This trail is intended for highly prepared climbers. A part of the trail from Tiholjice to Badanj vrh (2243) is particularly demanding. We recommend tours with NP Sutjeska professional guides in a period from May to September.
ROUTE Maglić – Poštarev put

<table>
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<td>Difficult</td>
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Tjentište 550m – Borovno 730m – Dragoš Sedlo 1200m – Lokva Dernečište 1600m – Maglić 2386m – Lokva Dernečište – D.Sedlo – Borovno – Tjentište.

Climbing Maglić is one of the greatest climbing challenges. This trail is highly demanding which requires good physical fitness. We recommend services of an NP Sutjeska professional guide.

ROUTE Prijedor – Maglić – Prijedor

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<tr>
<td>SEVERITY</td>
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Prijedor (1.668m) – Maglić (2386m) – Prijedor

The start point is reached by a vehicle from Tjentište that is located 20km from it. It is possible to have organized tours, if so arranged with NP Sutjeska. This trail is recommended for the brave climbers eager for a special challenge with a special climbing gear. Due to probable rockfalls, number of participants per group is limited to 6 people. We recommend services of a professional guide.

ROUTE Primeval Forest Peručica

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<tr>
<td>SEVERITY</td>
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</table>

Dragoš Sedlo (1250m) – Peručica (the largest primeval forest in Europe) – Suha (Sutjeska Canyon)

The starting point is reached from Tjentište, 10 km.

*number of participants is limited while passing through Peručica. 

**Vrbas Adventure Resort**

THROUGH HISTORY LANES

**TRANSVERSAL Alongside Kočić Trails**

<table>
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<th>ASCENT</th>
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<td>DURATION</td>
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<tr>
<td>SEVERITY</td>
<td>Easy – Medium</td>
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On this route you will be welcomed by many attractive landmarks: a natural stone bridge, cascades and mills on Krupa River, Krupa Monastery, Krupa River sources, cave named Strikina pećina, medieval tombstones (stecak) necropolis, Petar Kočić ethno village, Manjača Lake, Gomionica River source, Gomionica Monastery.

All who successfully complete the route are awarded with a gold-plated badge.

There is a possibility of hiring professional guide service or organized transportation from/to start/end point.
**ROUTE Through Medieval Fortifications**

- **Duration:** 6-7h
- **Length:** 25km
- **Severity:** Easy – Medium


**Landmarks:** Zvečaj ruin, a log cabin church, cascades and mills of Krupa River, Krupa Monastery, Greben ruin.

*Professional guide services and transportation from/to start/end point.

**ROUTE Krupa na Vrbasu**

- **Duration:** 4h
- **Length:** 12km
- **Severity:** Easy – Medium


**Landmarks:** cascades and mills on Krupa River, Krupa Monastery, Krupa River sources, a cave named Strikina pecina and Greben ruin.

*Professional guide services and transportation from/to start/end point.

**ROUTE Tisovac**

- **Duration:** 6-7h
- **Length:** 25km
- **Severity:** Easy

The start point is in Krupa na Vrbasu, and the trail continues over the bridge in the village Krmine alongside the slopes of Tisovac Mountain.

**Landmarks:** log cabin church in Krmine.

*Professional guide services and transportation from/to start/end point.

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**Jahorina Mountain & Surrounding Area**

**ROUTE Jahorina Mountain Blue Trail**

- **Ascent:** 633m
- **Duration:** 4h
- **Length:** 12.5km
- **Severity:** Easy – Medium

It has a circular route on the relation the Jahorina Mountain Hotel – Lokvanjska vrela – Ogorjelica 1 – the Jahorina Mountain Hotel. The trail has been called ‘blue’ not only for the fact that it can be easily crossed, but also because of the numerous springs bypassed by the trail and highlighted in blue toponyms in the map, starting with the spring of Prača, the Stajnski, Lokvanjski and Javorov spring, to the spring of Durmitor above the strap of forest in the close vicinity of the Banj Glava rock. The trail begins at the Jahorina Mountain Hotel leading via technical route to the Prače spring, perambulating the Lokvanjski spring and the Javorov spring due the Milošev dol, with the possibility to shortcut across the Stajnsko spring, and it sidesteps the beautiful tall forest of maples, which gave the name Javorina to the mountain (the name itself was later ‘turkeycised’ into Jahorina). The Milošev dol provides a breathtaking panoramic view on the Prača valley and the Ravna planina mountain. The trail continues to the Durmitor spring, bypassing the Sator peak, and leads to the eastern side of the Ogorjelica peak enclosing the circle to the Jahorina Mountain Hotel with a ski track descending to Skočine from the peak.

**ROUTE Jahorina Mountain Green Trail**

- **Ascent:** 472m
- **Duration:** 3h
- **Length:** 9km
- **Severity:** Easy

The Jahorina Mountain green trail on the relation the Bistrica Hotel – the vidikovac Hladilo belvedere – the Božića spring – Poljice – the Bistrica Hotel also has a circular route. The category name green is founded on a low level of technical severity and on the both deciduous and evergreen forest encompassing it. On three points this track intersects the trim trail which has been prepared several years ago and it is most definitely the trail that most visitors of the Olympic centre will pay visit to, precisely due to the fact that the green trail pulls through the urban part of the mountain and intersects the asphalt road on the Poljice and the motorway to Vrhprača close to the Hladilo rock, enabling all interested users to easily gain access from a pension or hotel on Jahorina. The green trail also bypasses a very old maple forest from the northern side of the Veliki Javor peak connecting Jahorina to Ravna planina, where certain trees of sycamore maple can grow up to two metres in diameter, inspiring each passer by with its size.

**ROUTE Ravna planina Red Trail**

- **Ascent:** 472m
- **Duration:** 5h
- **Length:** 16km
- **Severity:** Difficult

On the relation Gornje Pale – Ogorjelica 1. This trail starts in Gornje Pale, height above sea level 850 metres, leads over Ravna planina near to Bijele stijene, 1 250 metres Mean Sea Level (MSL), and over Saracevo polje and Dugo polje to the Hladilo rock, from where it leads to the Praca ski track, ascending up the track to the Jahorina Hotel. From Jahorina it goes through cottages and leads to the Sator Hotel and up the Poljice and Ogorjelica 1 paths ends on the Ogorjelica peak, 1 196 MSL.

**INFO:** Banja Luka Tourist board  
**WEB:** banjaluka-tourism.com

**INFO:** Tourist Organization of City of East Sarajevo  
**WEB:** turizam-isa.ba
ROUTE Pale – Novakova pećina, the Romanija Mountain

A tourist destination starts from a hunting lodge on Majdani or a mountain-ear's lodge in Stajna only 4-5 kilometres far from Pale. A neatly marked mountain path gives way to the cave. First it takes you to Novakovo vrelo, a great riverbed. Rumour has it that if you wash your face with the water from this riverbed you will become five years younger. Hiking through a thick pinophyta forest gets you to Novakova njiva, a good place to kamp or rest. The path to the cave is marked and fortified with cables, because it is rather steep and difficult.

ROUTE Careve vode – Novakova pećina, Romanija

Novakova pećina is situated on the steep slopes of the Romanija mountain on 1 515 MSL, and it got its name after Starina Novak, an old national hero. Careve vode, the most famous spring of a whole territory, is beneath Novakova pećina. The road to Carigrad, once one of the most important roads of the Ottoman Empire in Bosnia, used to pass near the spring.

ROUTE Climb the Vitorog Mountain (1906m)

| DURATION: | 8-10h | INFO: Tourist Organization of Šipovo |
| LENGTH: | 24km | WEB: sipovo-tourism.com |
| ASCENT: | 830m | SEVERITY: Medium |
| DURATION: | 4h | INFO: Tourist Organization of City of East Sarajevo turizam-isa.ba |
| LENGTH: | 13km | WEB: |
| SEVERITY: | Difficult |

ROUTE Walk through the Canyon of Sokočnica River

Route: Sokograd – Sokolačka pećina – Pliva River mouth
Mountaineers are frequent guests here; the trail is challenging but very interesting and rich in cascades, rocky areas, waterfalls and beautiful landscapes which are worth experiencing. Sokolac cave, located at 575 meters above sea level, is interesting in many ways, and according to the remains of pottery and tools found there was used to be someone’s home throughout time. Nowadays, it is a habitat for a very rare species of bat and represents a unique world example thanks to the algae growing on cave ornaments. This adventure ends up by visiting a medieval historical landmark, Sokograd fortress.

ROUTE Walk along the Canyon of Janj River

River Janj and its Canyon are a protected natural resort of the Republic of Srpska. Canyon slopes are steep, rising up directly from the riverbed and reach 150-200 meters in height. The Canyon is composed of Mesozoic limestone and remains an extraordinary attraction for tourists. Besides its stunning beauty, it also hides, carved in a rock, one of the oldest Roman monuments.

ROUTE Lisina & Surrounding Area

LISINA – MUSHROOM PATH

Three trails lead from town and one from Podrašnica. They partly overlap with the mushroom trails, but they all lead to the mountain lodge, near which mountaineers have built and covered viewpoint.

Dimitor

Dimitor has two trails marked. One leads from Zelenkovac, over Kozija strana, while other starts at Štrbina to the top of Dimitor. There are plans for building mountain lodge on Dimitor, which is more demanding and attractive to hikers, than Lisina.

Sana

Mountaineers have marked trails from Pecka village to all the springs of Sana River, which are positioned in true and pretty inaccessible wilderness. Association ‘Vidik’ gathers experienced mountaineers who can, as guides, take groups to other destinations as well, even where trails are not marked. They also have great experience in cooking in nature. A large number of local and gravel roads, many sources of drinking water and the beautiful landscape are a real challenge for the Mount Biking ride.

Šipovo Surroundings

A THOUSAND SPRINGS PARADISE

Vitorog

Multicolored and diverse flower and medicinal herb species are spread all around this area, while higher altitudes hide even some endemic species. Two type of climate can be distinguished at the top of Vitorog, continental and Mediterranean one, a phenomenon that can be experienced at a very small distances of even 10 to 15 meters. This is a place visited by tourists eager for adventure and staying in unspoiled nature.
### Ozren Mountain

Northern part of the Ozren Mountain is divided into two cycling – hiking routes which enable combination of shorter cycling and hiking leg of routes. The terrain is thoroughly marked. It is possible to have a professional guide and transportation to start point and back organized, and it is highly recommended to pay a visit to appealing village homes and other historical locations. In the section of the route Goransko Jezero – SRC Preslica, there is an educational trail called “Meet Ozren through walk” which is 1800 meters long and put in the category of easy trails. This trail takes us through vivid forestry landscapes of the small canyon of Jošavka River and contains fact-panels introducing geography, hydrography, flora, fauna, ecology, history, culture, customs and recreational and tourist attractions of Ozren mountain.

#### EVENT
**Ozren marathon (25,50,100km) jun2012**

**ROUTE Vlasenica transversal**

- **Duration:** 5h
- **Length:** 15km
- **Severity:** Easy
- **Info:** Tourist Organization of Vlasenica

The trail starts at the location “Jezero” (550m) in Vlasenica, continues to the church, dated 1892, in Rudlšte village, and Vrelo waterfall, goes forward over the saddle Bačkovac which has two peaks: the higher one (972m) and the lower one (904m), afterwards into Sekovici, and ends up at Lovnica Monastery from XIV century.

**ROUTE Vlasenica – Pjenovac**

- **Duration:** 5h
- **Length:** 15km
- **Severity:** Medium
- **Info:** Tourist Organization of Vlasenica

The trail starts at the location called “Ružina voda” (1200m), continues up to the highest peak of Vlasenica municipality, and leads to ski centers and other natural and cultural attractions of Javor Mountain.

**ROUTE Vlasenica – Bjelansica**

- **Duration:** 3.5h
- **Length:** 8.5km of the climb
- **Severity:** Combination of Light and heavy
- **Info:** Tourist Organization of Trebinje, Mountaineering Club “Vučji zub”

From the walking start point Ubla (1020 m) to the very top it is necessary to overcome 800 meters of altitude.

**ROUTE Vlasenica – Bjelansica Massif (1395 m)**

- **Duration:** 4h
- **Length:** 6.3km of the climb
- **Severity:** Medium
- **Info:** Tourist Organization of Trebinje, Mountaineering Club “Vučji zub”

The highest peak of the Trebinje Municipality, from the starting point Ubla (1020m) it is necessary to overcome 850 meters of altitude.

**ROUTE Visit to Skakavac waterfall**

- **Duration:** 3-4h
- **Length:** 5km of the climb
- **Severity:** Difficult
- **Info:** Tourist Organization of Trebinje, Mountaineering Club “Vučji zub”

From the starting point of the village Žakova it is necessary to overcome 1100 meters of altitude.

**ROUTE Vlasenica – Bjelansica Massif of Orjen, Leotar, Bjelansica**

- **Duration:** 8h
- **Length:** 35km
- **Severity:** Medium
- **Info:** Tourist Organization of Trebinje, Mountaineering Club “Vučji zub”

From the walking start point Ubla (1020 m) to the very top it is necessary to overcome 800 meters of altitude.

**ROUTE Velika Igrišta Climb (1405m)**

- **Duration:** 3h
- **Length:** 10km
- **Severity:** Medium
- **Info:** Tourist Organization of Vlasenica

The trail starts at the location called “Ružina voda” (1200m), continues up to the highest peak of Vlasenica municipality, and leads to ski centers and other natural and cultural attractions of Javor Mountain.

**ROUTE Visit to Skakavac waterfall**

- **Duration:** 3h
- **Length:** 15km
- **Severity:** Medium
- **Info:** Tourist Organization of Vlasenica

The route starts in Vlasenica and is marked with mountain trails which lead to Skakavac waterfall (890m) and other natural and cultural attractions.
National Park Kozara

Off the main road to Mrakovica, 500 meters long path leads to “Zečiji kamen”, one of the most beautiful locations in NP Kozara. Waterfall, rock-gazebo and a free-climbing rock “Zečiji kamen” represent the special attraction.

Height: 50 meters, 6 directions

Vrbas Adventure Resort

Region Vrbas Adventure Resort offers numerous climbing sites, well-prepared routes — directions of all types and difficulties. Organizer provides the transportation to the selected climbing location and return, as well as the necessary equipment: belt, rope, quickdraws, pear-shaped carabiner, magnesium bag, and basic training.

INFO:
Banja Luka Tourist board
banjaluka-tourism.com

Canyon Tijesno: height — 100m; Stone bridge: height — 40m and Suturlja: height — 20m.
Vrbas Adventure Resort
offers a challenge on the 2 bike. Sightseeing points: the Krupa Monastery, spring of river Krupa, mills and waterfalls on the river Krupa, the fort "Greben", log cabin church ("Brvnara"), church "Klisina", the birth place of Petar Kočić, Manjača lake. There is a possibility to rent a bike and an expert guide.

BIKING ROUTE
Karanovac – (Rafting center) – Tisovac – Kameni most – Krupa na Vrbasu (waterfalls)

BIKING ROUTE
Krupa na Vrbasu – Stričići – Dobrnja

Ozren Mountain

INFO:
Tourist Organization of Doboj
WEB:
ozren.org

RECREATIONAL TRAIL
Jezero

INFO:
Tourist Organization of Doboj
WEB:
ozren.org

TOURIST ROUTE
MTB

ROUTE XC Paklenica – Prenja

Trebinje & Surrounding Area

HILLY-MOUNTAINOUS ROUTE
Trebinje – Grahovo – Crkvice – Orjen sedlo – Vrbanj – Zubci – Trebinje

INFO:
Tourist Organization of Trebinje, Mountaineering Club "Vučji zub"
WEB:
trebinjeturizam.com
vucjizub.org

HILLY-MOUNTAINOUS ROUTE
Trebinje – mountain Leotar

INFO:
Tourist Organization of Trebinje, Mountaineering Club "Vučji zub"
WEB:
trebinjeturizam.com
vucjizub.org

CYCLING TOUR
around the town of Trebinje
Austro-Hungarian roads

INFO:
Tourist Organization of Trebinje, Mountaineering Club "Vučji zub"
WEB:
trebinjeturizam.com
vucjizub.org

a tour of the Austro-Hungarian forts Strać, Golo brdo, Petrina
Since ancient times, the natural benefits and privileges of the mountain meadows in this area were made available for the purpose of rest and recreation. The first skis in BiH came with the Austro-Hungarian occupation of these territories; they were brought by Austrian soldiers and officers who used to ski in the Alps. Since then, the first mountaineering societies and clubs were founded, whose members, as part of their activities, were engaged in skiing. One of the main goals of these societies was encouraging recreational stay in nature and excursion tourism. In addition to recreational and excursion sport, skiing becomes a competitive sport, ski clubs were established, various competitions in winter sports were organized and first hotels and mountain lodges were built on the mountain Jahorina, and later on other mountains. Competitions in racing and alpine disciplines were organized on Jahorina. The first competition in the downhill was held in 1939, and the first ski-lift in BiH was put into operation in 1953, also on Jahorina, the total length of 1050 meters.

Height above sea level from 1100 m to 1890 m.
Length of ski runs: total 20km – red 16km, blue 2km, black 2km
Cable car: 2 six-seater chairlifts, 3 two-seater chairlifts, 3 drag lifts, 1 baby lift
Capacity: 10,500 skiers

Important facts about Jahorina
1984, XIV Winter Olympic Games
The highest peak: Ogorjelica
(1916 m above sea level)
In late February Jahorina will host the FIS Cup

Height above sea level from 1020 m to 1350 m.
Length of ski runs: total 7km – blue 1km, red 4.9km, black 1.1km
Cable car: 3 drag lifts, 1 baby lift

You grab a fresh hot chocolate as you rush out the door to spend the rest of your day carving down the slopes at a beautiful ski resort.
For photo safari lovers Republic of Srpska is an ideal place for enyoing in wonderful nature and wildlife. A visit to these places will be an amazing experience and great fun.

Šipovo Surroundings

Tourist organization of Šipovo municipality
sipovo-tourism.com

To meet the life of beaver, otters, birds of prey, the great place for photosafari fans is the area Šipovo. Among the diverse wildlife, the most attractive are otters, which are extremely rare in Europe and are protected species in BiH. Otter should be a real challenge for the photographer, because it is very timid and dives into the water at the slightest noise. Fishermen claim that it is incredibly fast, they say that the otter is able to swim twice around the fish, until it is stunned and becomes an easy prey. Šipovo is one of the few areas in Europe in which they lynxes live. Hunters warned photographers that lynx may lurk in the deep grass, but also in the dense treetops. Šipovo is habitat of a rare species in our region – the beaver, on the river Sokočnica. Believe, with its masterpieces the beaver marvels every passer-by!

BEST SEASON FOR VISIT
Between May and October – when the tours are organized in the specified period with an expert guide.

NECESSARY EQUIPMENT
Backpack, 1l of water, a raincoat, hiking shoes and a camera (photocamera).

Trebinje & Surrounding Area

Route Orjen Massif

Tourist Organization of Trebinje
Mountaineering Club “Vučji zub” Trebinje
trebinjeturizam.com, vucjizub.org

Dinaric orogen feature an incredible variety of diverse landscapes: from glacial relict to breathtaking panoramas. These breathtaking mountains offer endless opportunities for exploration and photography! For all photographers and nature lovers the Mountaineering Club “Vučji zub” (Wolf tooth) organizes group tours to Orjen, as well as to other mountain terrains in the area of Trebinje.
Wild water adventures

Two amazing rivers Vrbas and Tara

A unique natural environment and organized offer of an active vacation enable one to experience in full river flows and rapids, beauty of diverse flora, as well as sightseeing of interesting cultural heritage. Lead by well-trained skippers, you will experience unforgettable moments going down the most beautiful parts of canyons of Vrbas and Tara rivers which appear to be top rafting destinations nowadays.

Rafting includes

Rafting equipment: neoprene suits, safety vests, life jackets, neoprene shoes, helmets, paddles.

Overnight in camps. Professional guide during the rafting. Organized transportation to the starting point.

Lunch on request, according to the wishes of participants.

Did you know

In this area World Rafting Championship was held in 2009. Championship brought together competitors from five continents, 35 countries, 56 teams.
**Vrbas Adventure Resort**

**Rafting**

**ROUTE Zvečaj – Karanovac**
- Length of descent: 5 km
- Duration: 40-80 min

**ROUTE Ada-Karanovac**
- Length of descent: 11 km
- Duration: 50-90 min

**ROUTE Bijeli buk-Karanovac**
- Length of descent: 21 km
- Duration: 3-4 h

**INFO:** Banja Luka Tourist board  
**WEB:** banjaluka-tourism.com

For all the lovers of canoeing, going down the river is organized on the same routes as rafting.

**Tara River**

**Rafting**

**ROUTE Brštanovica – Bastasi**
- Length of descent: 20 km
- Duration: 4 to 5 hours (depending on water levels)  
  * During the rafting breaks are made for a tour of “sige”, swimming, etc.

**ROUTE Šljivansko – Bastasi**
- Length of descent: 90 km, Duration: 3 days  
  * During these three days an overnight stay is organized in the camp “Radovan Luka” and in the camp on Brštanovica

**ROUTE Brštanovica – Foča**
- Length of descent: 35 km, Duration: 1 day  
  * Break at Bastasi (with lunch)

**ROUTE Brštanovica – Šćepan polje**
- Length of descent: 18 km
- Duration: 2 to 3 hours (depending on water levels)  
  * During the rafting breaks are made for a tour of “sige”, swimming, etc.

**ROUTE Šljivansko – Šćepan polje**
- Length of descent: 80 km, Duration: 3 days

**INFO:** Tourist Organization of Foča  
**WEB:** focaravajuce.org

* During these three days an overnight stay is organized in the camp “Radovan Luka” and in the camp on Brštanovica

**INFO:** Banja Luka Tourist board  
**WEB:** banjaluka-tourism.com

**WILD WATER ADVENTURES**

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**Vrbas Adventure Resort**

**Canyon of the river Cvrcka**
- Length: 17 km
- Duration: 6-10 h

**Canyon of the river Švrakava**
- Length: 500 m
- Duration: 2-4 h

**INFO:** Banja Luka Tourist board  
**WEB:** banjaluka-tourism.com

**Canyon of the river Sušica - Canyon Nevidio**
- Length: 3.5 km
- Duration: 1 days

* Equipment: neoprene suits, safety vests, life jackets, neoprene shoes, helmets, ropes.

**INFO:** Tourist Organization of Foča  
**WEB:** focaravajuce.org

* During these three days an overnight stay is organized in the camp “Radovan Luka” and in the camp on Brštanovica
Sky adventure

With a flying instructor you put your gear on and sit in a tandem paraglider, the adrenaline starts to ruffle and the adventure starts. A beautiful panoramic view of our country with the attractive surrounding opens in front of you. Here you will feel the relaxation and complete freedom, like a bird. All you need to bring is high footwear that protects the joints (tracking shoes), clothing depends on weather conditions, sun glasses and other equipment is provided by the organizer.

The offer includes: Transportation to the take-off and back; Licensed pilots and guides; Paraglider and all necessary protective equipment.
Vrbas Adventure Resort

INFO: Banja Luka Tourist board
Paragliding Club „Airrenaline“, Banja Luka
WEB: banjaluka-tourism.com, airdrenaline.rs.ba

LOCATION Manjača
(Grčka gradina)
Take-off altitude: 999m
Coordinate: 44.61.880 N/16.95.484 E
Altitude difference: 350m

LOCATION Krmine
(Krupa na Vrbasu)
Take-off altitude: 450m
Coordinate: 44.62.647 N/17.16.027 E
Altitude difference:250 m

LOCATION Čemernica
(Boćac)
Take-off altitude: 1339m
Coordinate: 44.52.084 N/17.21.341 E
Altitude difference:1100m

LOCATION Lisina
(Mrkonjić Grad)
Take-off altitude: 1400m
Coordinate: 44.39.435 N/17.04.394 E
Altitude difference:730 m

LOCATION SinjakoVo
(Mrkonjić Grad)
Take-off altitude: 1100m
Coordinate: 44.34.811 N /17.13.618
Altitude difference:605m

Ozren Mountain
Mount Ozren has exceptional conditions for paragliding, especially in spring and summer when the heat flows, leading to the base of the cloud, reach a height of over 2500 meters, which allows paragliding that often, lasts for several hours, with flight length of tens of kilometers.

INFO: Tourist Organization of Doboj
WEB: ozren.org

LOCATION Ozren/Gostilj
Take-off altitude: 773 m
Coordinates: 44°39’37” (44.6605) S / N
18°11’57” (18.1992) I / E
Altitude difference: 550 m

LOCATION Ruj
Take-off altitude: 553 m
Coordinates: 44°37’40” (44.6278) S / N
18°6’57” (18.1161) I / E
Altitude difference: 370 m
*There are three take-off sites for different wind directions (except the east). Possible take off of more paragliders at the same time. It is possible to get to the take-off site with a terrain vehicle.

LOCATION Biser glava – Očauš Mountain
Take-off altitude: 1192 m
Coordinates: 44°30’35” (44.5099) S / N
17°38’24” (17.6402) I / E
Altitude difference:800m
*Possible take off of more wings at the same time. It is possible to get to the take-off site with a terrain vehicle.

EVENT
Ozren Paragliding Air race
August 2012

INFO: Paragliding club “ParaGhost”
E-MAIL: paragost@gmail.com

Trebinje & Surrounding Area

LOCATION Gljiva
Start is facing the south. It is also suitable for beginners. 2-3 wings could take off simultaneously. Exceptional conditions give the possibility of flight in all directions. Start is located above the town of Trebinje, a 15-minute drive from downtown.
Take-off altitude: 950 m
Altitude difference: 720m
Coordinate: 42.734.99N/18.373.81E

INFO: Tourist Organization of Trebinje
WEB: trebinjeturizam.com
Kozara
BUNGALOWS “NP KOZARA”
Information and booking:
T +387 52 240 220
E info@npkozara.com, www.npkozara.com

MOUNTAIN HUT “PREVIJA”
Information and booking:
T +387 65 587 350
E paokbanjaluka@yahoo.com, signjatic@yahoo.com

Sutjeska
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NP “SUJTESKA”
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Vrbas Adventure Resort
CAMP KRUPA NA VRBASU, BANJA LUKA
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T +387 51 212 600; +387 65 882 085
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Tara and Drina
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RAFTING KAMP “KALISTA-R”, BASTASI
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E tarakalista@gmail.com, www.raftingtara-kal.com
Renew yourself at these charming farms. Tucked away in an unspoilt corner of our country, that offers fresh air, harmony, stunning countryside, the country lodges are perfect for a truly relaxing getaway! Delicious traditional and organic cuisine can be provided. The accommodation capacity is ideal for team groups like: hikers, bikers and other recreational enthusiast.